



## **SURF LIFE SAVING AUSTRALIA – NATIONAL MEMBER AWARD SYLLABUS**

# **FIRST AID**

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### **AWARD SUMMARY**

The aim of this course is to provide participants with the skills and knowledge to manage emergency first aid situations until professional medical support is available.

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### **UNIT/S OF COMPETENCY**

- HLTAID003 Provide first aid

In addition, the award may also be aligned to the following optional units of competency:

- HLTAID001 Provide cardiopulmonary resuscitation
- HLTAID002 Provide basic emergency life support

### **PRE-REQUISITES**

Candidates must be at least 14 years of age on the date of final assessment

### **RPL AND CREDIT TRANSFER**

Candidates who believe they already possess some or all of the skills and knowledge of this award, or who have received one or more of the related units of competency, may wish to apply for Recognition of Prior Learning (RPL) or Credit Transfer. These candidates should consult their Training Officer or State Centre for more information.

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### **WHO CAN TRAIN?**

- Training Officer First Aid, OR
- Facilitator First Aid

### **NATIONAL LEARNING RESOURCES**

- First Aid PowerPoint (v4.5)

### **LEARNING OUTCOMES**

- understand the priorities in an emergency situation
  - undertake a primary assessment of an injured person
  - have a knowledge of and deal with respiratory conditions
  - have a knowledge of and deal with cardiac conditions
  - deliver the techniques of resuscitation
  - deal with bleeding and shock
  - have a knowledge of and deal with medical emergencies
  - manage musculoskeletal injuries
  - manage head, neck and spinal injuries
  - manage chest, abdominal and pelvic injuries
  - deal with poisoning and envenomation situations
  - have a knowledge of and deal with environmental emergencies
  - document treatment given
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### **WHO CAN ASSESS?**

- Assessor First Aid, OR
- Facilitator Senior First Aid

### **ASSESSMENT**

Assessment is through demonstration, presentation and application of all elements of competency in the workplace. Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.

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### **PROFICIENCY REQUIREMENTS**

For this award to remain current candidates must complete a resuscitation proficiency annually and an Apply (Senior) First Aid refresher course or full course every 3 years.