

Circular 3413

Released 28 August 2015

SURF LIFE SAVING
NEW SOUTH WALES



2015 Surf Boat Sweep School Program

Attention: Branch Directors of Surf Sports, Club Presidents, Club Secretaries, Club Competition Officers, Team Managers, Coaches and Competitors

Actioned by: Sweeps and surf boat rowers wishing to be part of the 2015 Surf Boat Sweep School Program.

Date: 28 August 2015

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Summary	SLSNSW is calling for nominations from new and novice sweeps as well as surf boat athletes who wish to learn the skill of surf boat sweeping from a number of most experienced sweeps.
Strategic Goals	To invest in sporting pathways to ensure sustained participation.
Key Strategies	7.2 Provide clear educational and developmental pathways for members. 8.1 Increase participation in our sport and recreational activities at a grass roots level through structured and appropriately tiered programs. 8.2 Bolster developmental pathways and opportunities for our athletes, coaches, officials and administrators through the stages of their sporting life. 8.6 Strengthen development and high performance opportunities in surf sports events and activities.
Action	Please complete the online nomination form which will close one week out from your chosen venue.

Program information:

SLSNSW is calling for nominations from surf boat sweeps, surf boat rowers and other members who wish to attend the 2015 SLSNSW Surf Boat Sweep School Program. These Surf Boat Sweep Schools are part of the SLSNSW Development Pathway and are run by some of NSW most experienced sweeps and are designed to improve the skill level of all sweeps and surf boat rowers regardless of their current level of experience.

The objective of these schools is to increase the skill level of surf boat competition at carnivals and increase the participation of Surf Boat competitors throughout NSW.

The 2015 SLSNSW Surf Boat Sweep School Program will have theory and practical components including various presentations on relevant surf boat topics with an open forum theme encouraging discussions and questions. Some of the topics that the Surf Boat Sweep Schools will cover will include;

- Introduction to Surf Boats
- Basic Sweeping Techniques
- Waves and the Ocean
- Safety in Surfboats
- Racing in a Surfboat
- Skills to Prepare for and win a race
- Rowing Technique Training and many more!

Surf Life Saving New South Wales

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SLSNSW will be hosting four, one day Sweeps Schools at the following dates and venues:

Venue: HUNTER – Caves Beach

Date: Sunday 27 September 2015

Time: 830am-2pm approx.

Nominations close: Sunday 20 September

Venue: MID NORTH COAST - Tacking Point SLSC

Date: Saturday 10 October 2015

Time: 830am-2pm approx.

Nominations close: Sunday 4 October

Venue: ILLAWARRA - Bulli SLSC

Date: Saturday 24 October 2015

Time: 830am-2pm approx.

Nominations close: Sunday 18 October

Venue: SYDNEY – South Maroubra SLSC

Date: Sunday 8 November 2015

Time: 830am – 2pm approx.

Nominations close: Sunday 1 November

Nomination process:

- Complete the online nomination survey:
 - **Hunter:** <https://www.surveymonkey.com/r/2015SLSNSWSweepSchoolNomination-HUN>
 - **Mid North Coast:** <https://www.surveymonkey.com/r/2015SLSNSWSweepSchoolNominations-MNC>
 - **Illawarra:** <https://www.surveymonkey.com/r/2015SLSNSWSweepSchoolNomination-ILL>
 - **Sydney:** <https://www.surveymonkey.com/r/2015SLSNSWSweepSchoolNomination-SYD>
- All nominees must be current financial members, proficient with their relevant awards, and be endorsed by their club to attend. All attendees must be 16 years of age or older. This information will be crosschecked on surfguard.
- Please familiarise yourself with section 5.1, in particular clause (f) and (g) of the Surf Sports Manual. The wearing of helmets in surf conditions is fully supported and recommended by SLSNSW. This can be found on the SLSA Members Portal at Library>Sport>Manuals & Technical Rules>SLSA>Surf Sports Manual>SSM Section 5.
- The cost for each participant to attend the Sweep School will be \$20. More information will be given to each participant following the close of nominations on the logistics and payment details.
- While it is not compulsory to hold a boat coach accreditation and boat sweep accreditation to sweep *outside* of competition, you must have these accreditations in order to sweep *in* competition. There will be accredited coaches and accredited sweeps at all sweep schools to ensure the trainings are carried out safely and correctly.
- If you wish to complete your boat coach accreditation, please allow **at least one month** prior to the sweep school to complete this. You may use the sweep school as the practical assessment if you wish. For more information about the new coaching framework and how you can complete a coaching accreditation, please visit the coaching page of the SLSNSW website at www.surflifesaving.com.au/coaching
- Following the sweep school, and provided you have competed and received your coaching accreditation, you can complete the Boat Sweep Accreditation Checklist. You cannot sweep in competition without these awards.

Please note: A minimum of 10 participants must register for the school to go ahead. SLSNSW will advise participants prior to the course if this quota is not reached. Tea, coffee will be provided, however accommodation will be the responsibility of the individual.

For more information please contact Mikaela Mew mmew@surflifesaving.com.au or 02 9471 8000