



2016 SLSNSW Pool Rescue Clinics Nominations

Attention: Branch Directors of Surf Sports, Branch Officers, Athletes & Coaches

Actioned by: Athletes and Coaches wishing to nominate for the 2016 SLSNSW Pool Rescue Clinics

Date: 21 April 2016

Contact: Tim Piper, Surf Sports Development Officer
Phone: 02 9471 8000
Email: tpiper@surflifesaving.com.au

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| Summary | Athletes and Coaches wishing to nominate for the 2016 SLSNSW Pool Rescue Clinics |
| Strategic Goals | To offer diverse sport and recreational pathways to people of all abilities |
| Key Strategies | <p>8.1 Increase participation in our sport and recreational activities at a grass roots level through structured and appropriately tiered programs.</p> <p>8.2 Bolster developmental pathways and opportunities for our athletes, coaches, officials and administrators through the stages of their sporting life.</p> <p>8.6 Strengthen development and high performance opportunities in surf sport events and activities</p> |
| Action | <p>Complete the online nomination form by the following due dates:</p> <p><u>Far North Coast - 8 May 2016</u></p> <p><u>Sydney - 26 June 2016</u></p> |

To support the growth of pool rescue competition, SLSNSW will be conducting Pool Rescue Clinics in two locations and will provide athletes and development coaches with the opportunity to be coached by some of the best Pool Rescue coaches in NSW. These clinics will be tailored towards all skill levels and aims at improving athlete's fundamental skills in order for them to achieve their personal best in pool rescue competition. The clinics on offer will be separated into squad groups (guide only):

Beginner: Little to no pool rescue experience (U12 to Masters)

Intermediate: Consistent level of pool rescue training experience (U14 to Masters)

Emerging Elite: Competed in pool rescue competition and consistently making finals (U14 to Opens)

High Performance: Competing at the highest level of pool rescue competition, medaling in events and aspires to be in the 2016 State Team (U14 to Opens)

Clinic Dates and Venues:

| Venue | Date | Clinics | Time | Spots available |
|--|-----------------|------------------|------------|-----------------|
| Far North Coast - <u>Southern Cross University Pool, Lismore</u> | Saturday 14 May | Beginner | 1 – 4 pm | 16 |
| | | Intermediate | 1 – 4 pm | 16 |
| | | High Performance | 1 – 4 pm | 16 |
| Sydney - <u>St Ignatius College (Riverview), Lane Cove</u> | Saturday 2 July | Beginner | 830-1130am | 30 |
| | | Intermediate | 12-3pm | 30 |
| | Sunday 3 July | Emerging Elite | 830-1130am | 30 |
| | | High Performance | 12-330pm | 30 |

Note: The above details are a guide only and may change depending on the number of nominations received.

How to Nominate:

- **Far North Coast** - Athletes and coaches are required to complete the [Online Nomination Form](#) by 11pm Sunday 8 May.
- **Sydney** - Athletes and coaches are required to complete the [Online Nomination Form](#) by 11pm Sunday 26 June.

Cost:

There will be a levy of \$25 per athlete to assist with covering pool hire and light refreshments. The payment process will be communicated following the close of nominations.

Selection Process:

- The Beginner, Intermediate and Emerging Elite sessions will be filled on a first in first served basis, while the High Performance Clinics will be considered by the SLSNSW Selection Panel based on athletes' recent results. Athletes who are unsuccessful for the High Performance Clinic are free to participate in the other categories should available positions still remain.
- All nominations must be endorsed by your club and all nominees must be current financial members and proficient with their relevant awards. Any nomination that fails to meet these requirements will not be accepted.

For further information, contact Tim Piper at SLSNSW on (02) 9471 8000 or tpiper@surflifesaving.com.au

Surf Life Saving New South Wales

3 Narabang Way Belrose | PO Box 307 Belrose NSW 2085 Australia
T +61 2 9471 8000 F +61 2 9471 8001 E experts@surflifesaving.com.au
Fundraising Authority No. CFN11033 ABN: 93 827 748 379
www.surflifesaving.com.au