

Circular

Title: 2015 Kellogg's Nutri-Grain Ironman Trials - Final Carnival Circular
Document ID: 18/15-16
Department: Sport
Audience: Officials, Competition, Presidents and Secretaries
Summary: This circular outlines further information for the event. Trials will be held at Alexandra Headland, QLD on 12-13 September 2015.

Information

This event will determine three (3) male and three (3) female competitor places for the 2015/2016 Kellogg's Nutri-Grain Ironman Series (as defined in the Entry Circular).

The points from all three round finals (Saturday and Sunday) are tallied to determine the final qualifiers.

If a count back is required to determine the athletes that will qualify for the 2015/16 KNG series the following procedures will apply:

- 1) All the results from the three rounds will be compared between the athletes involved in the count back. The highest placing points achieved in any of the individual rounds shall be, in the first instance, the determining factor. The second highest placing points achieved by the athletes shall then be compared and so on.
- 2) If athletes cannot be separated after comparing all placing points in all three rounds then the athletes achieving the dead heat will be accepted into the series up to third place. If the dead heat occurs to determine the fourth place getter then the athletes achieving the dead heat will be separated by their position in the third round. If those athletes are in a dead heat in the third round final, the results of second round final will be used and so on until a fourth qualifier is determined.

Please note that all information in the Final Carnival Circular supersedes the entry circular.

Please read the entry circular on the [website](#) for further information on qualification and race format.

FURTHER INFORMATION

Should further information be required please contact the events team at:

events@slsa.asn.au

Surf Life Saving Australia

Locked Bag 1010

ROSEBERY NSW 2018

Phone: (02) 9215 8000

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Event Information - Key Timings

Saturday 12 th September		
Time	Activity	Venue
6:15am	Safety and Emergency Committee Meeting	Alexandra Headland Beach
6:30am	Craft compound (Trailers only) opens	Mari St, Alex Headland (info below)
6:30am	Competition Committee Meeting	Alexandra Headland Beach
6:30am	Officials Breakfast	Alexandra Headland SLSC
7:00am	Athletes briefing on beach	Alexandra Headland Beach
7:30am	Officials briefing on beach	Alexandra Headland Beach
7:40am	Marshalling open	Alexandra Headland Beach
8:00am	Competition Commences – Round 1	Alexandra Headland Beach
10:15am	Safety and Emergency Committee Meeting	Alexandra Headland Beach
10:30am	Competition Committee Meeting	Alexandra Headland Beach
Approx 10:45am	Competition Continues – Round 2	Alexandra Headland Beach
Approx 2:45pm	Competition Concludes	Alexandra Headland Beach
3:00-4:30pm	Officials Debrief at Alexandra Headland SLSC	Alexandra Headland SLSC
Sunday 13 th September		
Time	Activity	Venue
6:30am	Officials Breakfast	Alexandra Headland SLSC
7:15am	Safety and Emergency Committee Meeting	Alexandra Headland Beach
7:30am	Competition Committee Meeting	Alexandra Headland Beach
8:00am	Athlete briefing on beach	Alexandra Headland Beach
8:30am	Officials Briefing on beach	Alexandra Headland Beach
8:40am	Marshalling open	Alexandra Headland Beach
9:00am	Competition Commences – Round 3	Alexandra Headland SLSC
Approx 12:30pm	Competition Concludes	Alexandra Headland SLSC
	Collate Results – announcement	Alexandra Headland SLSC
12:30pm-2:30pm	Officials Debrief at Alex Surf Club	Alexandra Headland SLSC
1:00pm	Kellogg's Briefing for qualified athletes	Alexandra Headland SLSC
4:00pm	Craft compound closes	Alexandra Headland SLSC

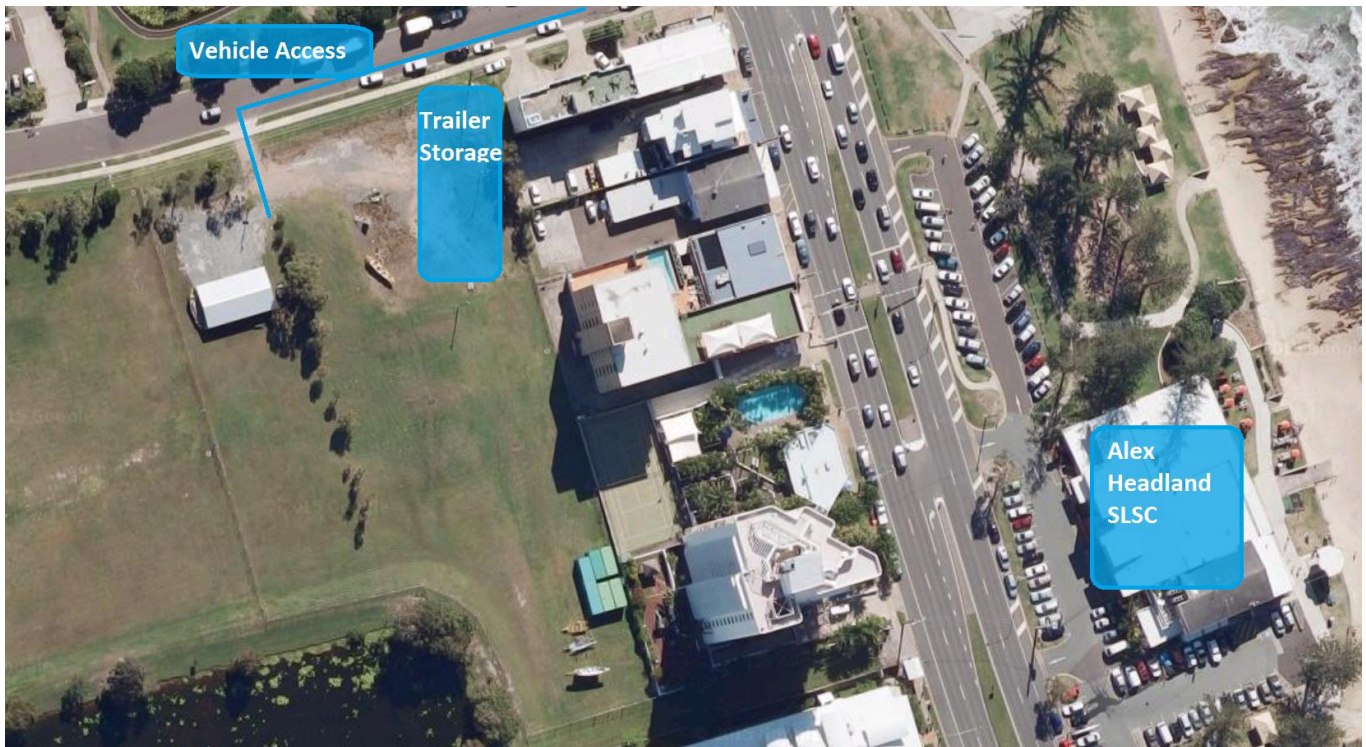
** NB – all times are estimates only, and subject to change. Athletes and Coaches should listen for updates throughout the day.*

Local Road Closures – Sunday 13th September

On Sunday 13th there will be road closures around the Sunshine Coast due to the Ironman 70.3 Triathlon. The southbound side of the main road of which the surf club is located, Alexandra Headland Parade will be closed from 5:30am-3:30pm. Please be aware of these closures on Sunday will affect parking and its availability around the Surf Club. If you are planning on bringing a club trailer please email bdean@slsa.asn.au to confirm details and access. There will be a crossing point at the Surf Club to allow competitors and spectators to access the beach.

Gear Storage

The gear compound will be open from 5:00am on Saturday morning on Alexandra Headland's vacant block of land on Mari St. There will be security on site from 6pm – 6am on Saturday evening and the compound will also be locked up. The craft compound will close at 4:00pm on Sunday afternoon southbound lanes have opened. In order to access the gear compound you must travel down Pacific Tce and head north back toward Mari St of which the vehicle access note below is located.



Athlete Registration and Numbering

All athletes will be required to register on Saturday morning at the 7:00am briefing at the Athlete Rego Tent. It is compulsory for all athletes to register as final draws will be created once registrations have closed. Once you have registered you will be supplied with textas to apply individual numbers.

SLSA requests that if you do not plan on competing on Sunday for any reason you please let one of the SLSA staff/officials know on Saturday afternoon.

Lycras

All athletes will be required to wear a lycra which will be given to you at the athlete briefing. In a change to previous years all athletes will be permitted to keep their respective lycras across the two days. Lycras will also be required for all warm up and warm down activities.

Results

All results will be posted in the recording tent. Once final results have been collated and announced. Only those male and female athletes who gain qualification to the series will be required to attend a briefing with Kellogg's.

Order of Ironman

Below will be the order of racing for rounds one, two and three. Buoy colours for the individual legs will be confirmed at the athlete briefings.

Round One: Swim/Ski/Board

Approx 15 min Traditional Ironman course

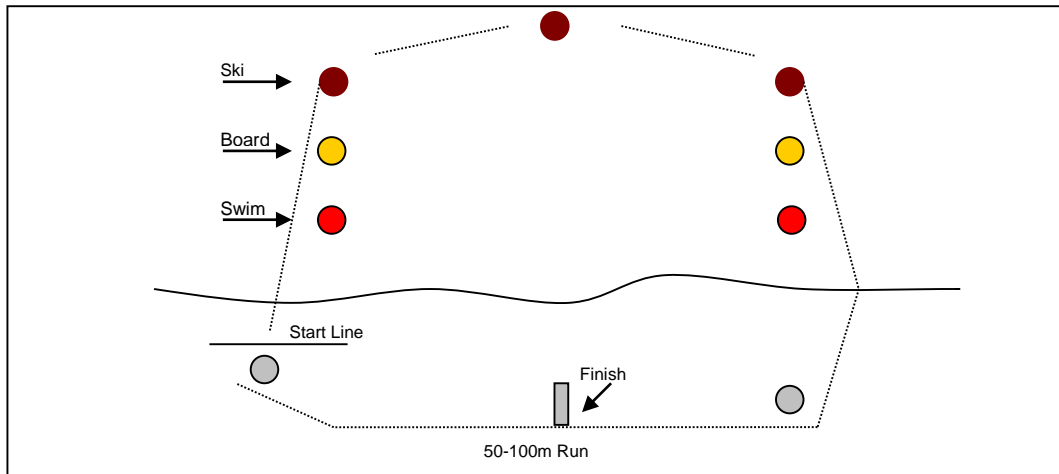
Round Two: Board/Swim/Ski

Approx 25 - 30 min M shaped course

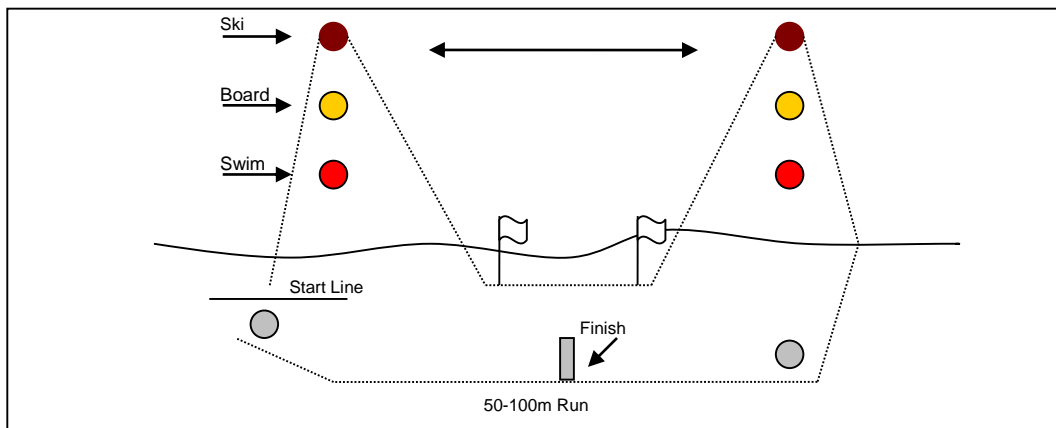
Round Three: Ski/Board/Swim

Approx 15 min Traditional Ironman course

Traditional Ironman Course



M-Shaped Ironman Course



** NB Course maps above are approximate for demonstration purposes only*