



NSW Surf Life Saving Championships proudly supported by **Your local club**

## WATER SAFETY ROSTER

**As at 18 February 2019**

	<b>MORNING</b> Sign On: 6.45am – 7.15am Shift: 8.00am – 12.15pm		<b>AFTERNOON</b> Sign On: 11.00am – 11.30am Shift: 12.15pm – Finish	
<b>Friday 1 March</b>	Elouera (5) North Curl Curl (4) Clovelly (3) Caves Beach (3) Bulli (3) Fingal Beach (2) Lennox Head (1) Sawtell (1) Corrimal (1) Port Macquarie (1) Hat Head (1)	South Maroubra (6) Umina (6) Macmasters (3) North Wollongong (2) Shelly Beach (2) Bondi (1) Toowoona Bay (1) Kiama Downs (1)	Cronulla (4) Bronte (5) Freshwater (6) North Avoca (4) Newport (3) Stockton (1) Towradgi (1) Helensburgh Stanwell Park (1) Catherine Hill Bay (1)	Coogee (4) North Bondi (6) Wanda (4) North Cronulla (5) Killcare (1) North Entrance (1)
	<b>MORNING</b> Sign On: 6.45am – 7.15 am Shift: 8.00am – 12.15 pm		<b>AFTERNOON</b> Sign On: 11.00 – 11.30am Shift: 12.15 – Finish	
<b>Saturday 2 March</b>	Manly (4) Queenscliff (5) Wamberal (5) Warilla Barrack Point (4) Cudgen Headland (3) Copacabana (2) Ocean Beach (2)	Elouera (3) Cooks Hill (6) Redhead (4) Collaroy (4)	Wanda (4) Avoca (6) Mona Vale (5) Maroubra (5) Dee Why (3)	Coogee (3) North Cronulla (4) Cronulla (5) Terrigal (5) North Curl Curl (3) North Steyne (1)
	<b>MORNING</b> Sign On Time: 8.00am – 8.30am Shift: 9.00am – Finish			
<b>March Sunday 3</b>	Manly (5) Coogee (4) North Bondi (4) Terrigal (4)		South Maroubra (3) Elouera (2) Wanda (3) Bronte (3)	

*The numbers in brackets, next to each club, indicate the minimum number of Water Safety Personnel that are required by that Club, for that shift.*



**IMPORTANT INFORMATION:**

Sign-on will be at Swansea Belmont SLSC on the ground level of the club (car park side – map below). Personnel will then be allocated to a water area after sign on.



- Clubs with less than 10 competitors have not been tasked with water safety however it would be appreciated if these clubs of which there are 35 clubs could provide some water safety on the Friday, either shift or Saturday morning.
- Water safety is not restricted to those clubs on this roster. Volunteers will be taken in each area.
- Clubs can provide more water safety.
- All water safety is to be proficient financial members of a surf club.
- 2 rescue IRBs and a roving RWC will be assigned to each water safety area.
- Only 3 water safety personnel will be assigned to the U14's, prior to review of conditions.
- At the end of each sign on period the water safety briefing will be given and the in-shore rescue teams selected.
- Water safety personnel will be issued an orange rash vest.
- Water safety personnel are requested to bring their own:
  - Orange high visibility caps;
  - Rescue tubes (with Club Name clearly identified);
  - Sun screen;
  - Water bottles;



- Wetsuits (if required);
- Fins (if required);
- Rescue or racing board (a pool of rescue boards will be made available, however water safety personnel are welcome to BYO).
- Any changes or swapping of shifts will be the responsibility of the clubs. If a club swaps a shift with another club and that club does not meet the requirements/show up then it will be the originally rostered club that will be held to account.

Water Safety personnel will only be provided with morning and afternoon tea – **Lunch is the responsibility of the individual.**

**Darren Galea - Water Safety Coordinator**

**URGENT: A Water Safety Area Coordinator is required for U12/U11 area – please contact SLSNSW ASAP if you can fulfil this role**

### **WATER SAFETY BRIEFING OUTLINE**

- Many thanks for your attendance – it is greatly appreciated.
- Briefing on conditions and environment.
- Must wear cap and rash vest.
- No entering the water without tube or a board, no free swimming.
- No coaching or directing competitors.
- No pace swimming, stay with back markers only.
- Please follow the instructions of water safety coordinator.
- Do not swim to or behind cans.
- Be careful of tube and tube rope near jet skis.
- Keep fluids up and plenty of sunscreen.
- No catching waves on board.
- No boards on end of can sets.
- Any child who is assisted out of the water must be taken to the finish line and the statician to have name marked off.