

2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club
Timetable - Wednesday 6 March 2019 (as at 3 March 2019)

	40-49 years Male/Female	50-59 years Male/Female	60 years plus	BEACH ARENA
	30 – 39 Male	30- 39 Female	Male/Female	9.15am report 9.30am Start
	9.30am Report. 10am Start	9.30am Report. 10am Start	9.30am Report. 10am Start	70+ Male / Female Beach Run (1km)
	30-34 Male Ski	30-34 Female Ski	70+ Male Ski	65-69 Male / Female Beach Run (1km)
	35-39 Male Ski	35-39 Female Ski	70+ Female Ski	60-64 Male / Female Beach Run (1km)
	40-44 Male Ski	50-54 Male Ski	65-69 Male Ski	55-59 Male / Female Beach Run (2km)
	40-44 Female Ski	50-54 Female Ski	65-69 Female Ski	50-54 Male/ Female Beach Run (2km)
	45-49 Male Ski	55-59 Male Ski	60-64 Male Ski	45-49 Male / Female Beach Run (2km)
	45-49 Female Ski	55-59 Female Ski	60-64 Female Ski	40-44 Male / Female Beach Run (2km)
				35-39 Male / Female Beach Run (2km)
	30-34 Male Board	30-34 Female Board	70+ Male Board	30-34 Male / Female Beach Run (2km)
	35-39 Male Board	35-39 Female Board	70+ Female Board	
	40-44 Male Board	50-54 Male Board	65-69 Male Board	70+ Male / Female Beach Sprints
	40-44 Female Board	50-54 Female Board	65-69 Female Board	65-69 Male / Female Beach Sprints
	45-49 Male Board	55-59 Male Board	60-64 Male Board	60-64 Male / Female Beach Sprints
	45-49 Female Board	55-59 Female Board	60-64 Female Board	55-59 Male / Female Beach Sprints
				50-54 Male/ Female Beach Sprints
	30-34 Male Surf Race	30-34 Female Surf Race	70+ Male Surf Race	45-49 Male / Female Beach Sprints
	35-39 Male Surf Race	35-39 Female Surf Race	70+ Female Surf Race	40-44 Male / Female Beach Sprints
	40-44 Male Surf Race	50-54 Male Surf Race	65-59 Male Surf Race	35-39 Male / Female Beach Sprints
	40-44 Female Surf Race	50-54 Female Surf Race	65-59 Female Surf Race	30-34 Male / Female Beach Sprints
	45-49 Male Surf Race	55-59 Male Surf Race	60-64 Male Surf Race	
	45-49 Female Surf Race	55-59 Female Surf Race	60-64 Female Surf Race	230 Female Relay
				230 Male Relay
	30-34 Ironman	30-34 Ironwoman	70+ Ironman	200 Female Relay
	35-39 Ironman	35-39 Ironwoman	70+ Ironwoman	200 Male Relay

	40-44 Ironman	50-54 Ironman	65-69 Ironman	170 Female Relay
	40-44 Ironwoman	50-54 Ironwoman	65-69 Ironwoman	170 Male Relay
	45-49 Ironman	55-59 Ironman	60-64 Ironman	140 Female Relay
	45-49 Ironwoman	55-59 Ironwoman	60-64 Ironwoman	140 Male Relay

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	40-49 years Male/Female	50-59 years Male/Female	60 years plus	BEACH ARENA
	30 – 39 Male	30- 39 Female	Male/Female	
	30-34 Male Tube Race	30-34 Female Tube Race	70 + Male Tube Race	65-69 Male / Female Beach Flags
	35-39 Male Tube Race	35-39 Female Tube Race	70 + Female Tube Race	60-64 Male / Female Beach Flags
	40-44 Male Tube Race	50-54 Male Tube Race	65-69 Male Tube Race	55-59 Male / Female Beach Flags
	40-44 Female Tube Race	50-54 Female Tube Race	65-69 Female Tube Race	50-54 Male/ Female Beach Flags
	45-49 Male Tube Race	55-59 Male Tube Race	60-64 Male Tube Race	45-49 Male / Female Beach Flags
	45-49 Female Tube Race	55-59 Female Tube Race	60-64 Female Tube Race	40-44 Male / Female Beach Flags
				35-39 Male / Female Beach Flags
				30-34 Male / Female Beach Flags

2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club

Timetable – Thursday 7 March 2019 (as at 3 March 2019)

	130 Years Male/Female	150 Years Male/Female	170 Years Area 4	BEACH ARENA
	110 Male	110 Female	Male / Female	
	7.30am Report. 8am Start	7.30am Report. 8am Start	7.30am Report. 8am Start	
	110 Male Taplin Relay	110 Female Taplin Relay		<i>AREA HELD OVER FOR EVENTS NOT CONCLUDED ON WEDNESDAY</i>
	130 Male Taplin Relay	150 Male Taplin Relay	170 + Male Taplin Relay	
	130 Female Taplin Relay	150 Female Taplin Relay	170 + Female Taplin Relay	
	110 Male Board Relay	110 Female Board Relay		
	130 Male Board Relay	150 Male Board Relay	170 + Male Board Relay	
	130 Female Board Relay	150 Female Board Relay	170 + Female Board Relay	
	110 Male Surf Teams	110 Female Surf Teams		
	130 Male Surf Teams	150 Male Surf Teams	170 + Male Surf Teams	
	130 Female Surf Teams	150 Female Surf Teams	170 + Female Surf Teams	
	110 Male Ski Relay	110 Female Ski Relay		
	130 Male Ski Relay	150 Male Ski Relay	170 + Male Ski Relay	
	130 Female Ski Relay	150 Female Ski Relay	170 + Female Ski Relay	
	30-34 Male Board Rescue	50-54 Male Board Rescue	45-49 Male Double Ski	
	35-39 Male Board Rescue	50-54 Female Board Rescue	45-49 Female Double Ski	
	35-39 Female Board Rescue	55-59 Male Board Rescue	40-44 Male Double Ski	
	40-44 Male Board Rescue	55-59 Female Board Rescue	40-44 Female Double Ski	
	40-44 Female Board Rescue	60-64 Male Board Rescue	35-39 Male Double Ski	
	45-49 Male Board Rescue	60-64 Female Board Rescue	35-39 Female Double Ski	
	45-49 Female Board Rescue	65-69 Male Board Rescue	30-34 Male Double Ski	

		65-69 Female Board Rescue	30-34 Female Double Ski	
		70+ Male Board Rescue	60-64 Male Double Ski	
		70+ Female Board Rescue	60-64 Female Double Ski	
			65-69 Male Double Ski	
			65-69 Female Double Ski	
			70+ Male Double Ski	
			70+ Female Double Ski	
			55-59 Male Double Ski	
			55-59 Female Double Ski	
			50-54 Male Double Ski	
			50-54 Female Double Ski	

2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club
Timetable – Friday 8 March 2019 (as at 30/11/18)

Boats

Masters Boats (H - F) *Start 10am

180 MALE

120F/140F/160F/200F

200M

180F/220F

140M/240M/260M

160M

220M

SOME DIVISIONS HAVE BEEN COMBINED DUE TO LACK OF NUMBERS. EACH DIVISION WILL HAVE 3 ROUNDS.

160M, 180M, 200M WILL HAVE 3 ROUNDS AND THEN BE CUT TO A FINAL OF 6 BOATS.