



Circular

Title: Australian Interstate Surf Life Saving Championships (Ocean/Beach) - Entry Circular
Document ID: Circular 32/18-19
Department: Sport
Audience: State/Territory Surf Sport Managers, Directors, Club Secretaries, Branches, State/Territory CEO's Sport Standing Committee
Summary: This Circular contains the relevant details for entering the Australian Interstate Surf Life Saving Championships, Thursday 24th January 2019.

SUMMARY

This Circular should be used as reference information by all State/Territory centres and Championship Officials appointed to the event.

Only the bottom three (3) ranked States/Territories (from the 2018 overall results) are permitted to draft non-state of origin interstate competitors to their teams. NSW Country is ineligible to compete in the draft.

As in previous years, SLSA will host a function for all State teams, whose full attendance is required. This function will take place prior to competition on Wednesday 23rd January 2019. This function is to encourage all competitors and teams to get together prior to competition and network with each other. The Alan Whelpton AO Shield for the overall SLSA Interstate Championships pointscore in 2018 will also be presented at the function.

Prior to the function, an overview of the Australian Interstate Championships rules and format for the competition will be provided. Please see below for details and times.

All medal & trophy presentations for the 2019 Australian Interstate Championships will occur at the conclusion of racing on Thursday the 24th January 2019, once the point score is checked and confirmed.

Gear and equipment insurance is the responsibility of the individual competitor or State team management. Surf Life Saving Australia will not accept responsibility for loss, damage or theft of equipment.

Key Information contained in this circular includes.

- Team size and composition
- Event list
- Drafting process
- Point scoring
- Power play
- Key entry timelines and process

EVENT COMMUNICATION

The 2019 Interstate Championships will be using the 'Team App' smart phone application to send out updates and notifications to Team Managers and competitors. Please see the instructions below to understand what 'Team App' is and how to use it. It may also be helpful to visit the website for further clarification at <https://www.teamapp.com/faqs>.



HOW DO I USE TEAM APP?

Download 'Team App' from the App Store or Google Play. Once you have downloaded the app and created a user login, search for '**2019 Interstate Championships**' in the search bar at the top of the screen and click on the event to join. From here you will be able to access news feeds, event timings and where to find all the latest and up to date information on the event. By joining the event and turning on your mobile app notifications, you will receive an immediate text and email update as they are posted, ensuring you never miss any important information!

'Team App' is applicable for all Apple iPhones, iPads and iPods, plus most Android mobile devices.

****Please note it is imperative that Team Managers, and preferably also competitors once teams are selected, sign up for this application to receive important race information. Whilst Facebook and other channels will post periodic updates, the 'Team App' will be the main point of communication between the events team, Team Managers and competitors. This will be replacing the SMS text messaging service used previously at Surf life Saving Australia events.****

FURTHER INFORMATION

Should further information be required please contact the events team at:

events@slsa.asn.au

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KEY INFORMATION

This Circular provides information and instructions relating to the conduct of the 2019 Surf Life Saving Australia (SLSA) Australian Interstate Championships, together with details of the conditions governing each event in the program.

1. TEAM TRAVEL, EQUIPMENT & DRESS

- States will be responsible for the selection of their representative teams and making arrangements for travel and accommodation.
- States are also responsible for making the appropriate arrangements regarding equipment, outfitting and so on for their teams.
- A shirt, shorts, headwear, costume and competition cap are the recommended uniform for each team.
- SLSA will provide an athlete 'Hi-Vis' lycra singlet for each athlete. It is compulsory that these singlets be worn in each event.
- At no cost to teams, SLSA is hosting an 'Interstates' function for the enjoyment and participation of all teams **before the Championships, on Wednesday 23rd January 2019**. Please note that attendance at this function is expected by all teams and it will be held at the Newport SLSC.

2. TEAM COMPOSITION / SIZE

- The 2019 SLSA Australian Interstate Championships will hold Open and Youth divisions of competition.
- The overall Interstate champions will be the team with highest cumulative points for the Open and Youth divisions combined.
- Each Open and Youth State team will consist of a maximum of 6 male and 6 female competitive members (a total of 12 competitors in each division).
- Competitors must compete for the whole of the Championships in either the Open or Youth Competition. They are **not permitted to compete in both** the Open and Youth divisions.
- All competitors must have their appropriate division (Open (O) or Youth (Y)) and competitor number (e.g. 1- 12) clearly marked on their arms in black waterproof marker.
- Team managers are to nominate their team, category and configuration, on the appropriate forms, to Surf Life Saving Australia by Thursday the 3rd January 2019.

Note 1: To be eligible for an Open State or Country team a member must be a minimum age of 15 years on or before midnight 30 September 2018 (i.e. Under 17 age group) and hold a proficient SLSA Bronze Medallion / Cert II in Public Safety.

Note 2: To be eligible for a Youth State team a member must be a minimum age of 15 years (i.e. Under 17 age group and hold a proficient SLSA Bronze Medallion / Cert II in Public Safety) and be a maximum age of 18 years on or before midnight 30 September 2018.

Note 3: Each Youth State team will consist of a maximum of 6 male and 6 female competitive members from the U17 and U19 age categories (a total of 12 team members). A minimum of 2 U17 males and 2 U17 females must be in each Youth State team.

Note 4: Under 15 competitors are ineligible to participate at the 2019 SLSA Australian Interstate Championships.



3. EVENTS TO BE CONDUCTED

The following are the events and the order in which they will be conducted, with Youth teams followed by Opens in each event:

Open/Youth Ocean	Open/Youth Beach	Details
Youth Ironwoman		2 competitors per state/territory
Open Ironwoman		2 competitors per state/territory
Youth Ironman		2 competitors per state/territory
Open Ironman		2 competitors per state/territory
Youth Surf Race Female		2 competitors per state/territory
Open Surf Race Female		2 competitors per state/territory
Youth Surf Race Male		2 competitors per state/territory
Open Surf Race Male		2 competitors per state/territory
Youth Board Race Female		2 competitors per state/territory
Open Board Race Female		2 competitors per state/territory
Youth Board Race Male		2 competitors per state/territory
Open Board Race Male		2 competitors per state/territory
Youth Surf Ski Race Female		2 competitors per state/territory
Open Surf Ski Race Female		2 competitors per state/territory
Youth Surf Ski Race Male		2 competitors per state/territory
Open Surf Ski Race Male		2 competitors per state/territory
	Youth Beach Sprint Female	1 competitor per state/territory
	Open Beach Sprint Female	1 competitor per state/territory
	Youth Beach Sprint Male	1 competitor per state/territory
	Open Beach Sprint Male	1 competitor per state/territory
Youth Mixed Surf Teams Race		1 team per state/territory (4 competitors, 2 male & 2 female)
Open Mixed Surf Teams Race		as above
Youth Mixed Surf Ski Relay		1 team per state/territory (2 competitors, 1 male & 1 female)
Open Mixed Surf Ski Relay		as above
Youth Mixed Board Relay		as above
Open Mixed Board Relay		as above
	Youth Beach Relay Female	1 team per state/territory (4 competitors)
	Open Beach Relay Female	1 team per state/territory (4 competitors)
	Youth Beach Relay Male	1 team per state/territory (4 competitors)
	Open Beach Relay Male	1 team per state/territory (4 competitors)
Youth Rescue Tube Race Female		1 Team per state/territory (4 competitors)
Open Rescue Tube Race Female		1 Team per state/territory (4 competitors)
Youth Rescue Tube Race Male		1 Team per state/territory (4 competitors)
Open Rescue Tube Race Male		1 Team per state/territory (4 competitors)
	Youth Beach Flags Female	1 competitor per state/territory
	Youth Beach Flags Male	1 competitor per state/territory
	Open Beach Flags Female	1 competitor per state/territory
	Open Beach Flags Male	1 competitor per state/territory
Youth Board Rescue Female		1 team per state/territory (2 competitors)
Open Board Rescue Female		1 team per state/territory (2 competitors)
Youth Board Rescue Male		1 team per state/territory (2 competitors)
Open Board Rescue Male		1 team per state/territory (2 competitors)
Youth Taplin Relay Female		1 team per state/territory (4 competitors)
Open Taplin Relay Female		as above
Youth Taplin Relay Male		as above
Open Taplin Relay Male		as above



4. TEAM MANAGEMENT

For event management purposes, SLSA will recognise four (4) team management officials for each Open and Youth Division team. The positions to be recognised are:

- Manager (1)
- Coach (1)
- Medical (1)
- Chaperone (1)

Note: The team management composition must include both male and female appointees. It is highly recommended that states appoint an equal number of males and females.

It is compulsory for the captain of each team, and an additional competitor of the team management's choosing, to be available for the opening ceremony on Thursday 24th January 2019 from 7.15am. The meeting point will be announced on the beach on the morning of the competition.

5. TEAM SELECTION

- Only athletes eligible to compete for Australia can be selected as part of these Championships.
- States/Territories are responsible for the selection of their teams.
- States/Territories are permitted to select "State of Bronze Medallion Origin" athletes based on where the member first gained their Bronze Medallion Award OR select for the State/Territory on the basis of where the member's current club is (if the member wishes to be selected). Each state will be required to confirm which eligibility status each athlete is selected under on the team registration form. SLSA will complete an audit of each team to ensure all teams comply with these rules.
- All team selections and individual event allocations will need to be received by SLSA no later than close of business (AEDT) Thursday, 3rd January 2019. An electronic form will be provided to assist this process.

Note 1: "Current club and State" - this means the club and State in which the member currently has his/her competitive rights.

Note 2: It is the member's choice whether they wish to be considered for selection by their "State of Bronze Medallion Origin" or their "Current State of Membership".

6. DRAFTING

SLSA will facilitate an athlete draft for the bottom three (3) ranked States/Territories (from the overall (Open and Youth) 2018 SLSA Interstate Championships results to ensure:

- a) Each affiliated State/Territory has a full team roster (where possible).
- b) That non-selected (from primary nomination) athletic talent is spread across teams requiring draft athletes.
- c) That over time State/Territory teams can become less reliant on drafting to fill teams.

Draft Process:

- Athletes may elect to nominate to the draft should their primary nomination for a State Team be unsuccessful. All those who are not selected in their State squad must contact their State Sport Manager to confirm their place in the draft. It is strongly recommended that eligible NSW athletes enter the draft in case teams need emergency replacements close to the competition date.
- Each State/Territory centre will be required to select its team by **Thursday, 3rd January 2019**.
- Each State/Territory centre shall forward all athlete nominations for the draft to SLSA by **Friday, 4th January 2018** (both Open and Youth).



- Each State/Territory centre shall confirm any draft requirements to SLSA by **Friday, 4th January 2018**.
- Any drafted athletes shall be the financial responsibility of the drafting State/Territory.
- SLSA will release a list of draft athletes to each Manager of the State/Territory team eligible to pick from the draft by **Monday, 7th January 2019**.
- There will be a draft teleconference facilitated by the SLSA Chair of Selectors (or their nominee) and State team head coach and manager on **Wednesday, 9th January 2019** to complete the draft picks.
- NSW Country Team are ineligible to participate in the draft irrespective of their finishing position the previous year
- The lowest ranked state team from 2018, followed by, 6th, 5th and 4th until the first rotation is complete.
- The rotation shall continue until all teams have completed their roster or have exhausted their allowable number of draftees.
- SLSA will issue a release of all team lists **Friday, 11th January 2019**.
- No team changes are permitted unless an injury occurs prior to the start of the first race and a medical certificate **MUST** be provided, or evidence of an exceptional circumstance is provided.
- There shall be no penalties for drafting.
- Only the bottom three (3) ranked States/Territories shall be permitted drafts for each team.
- For 2019, each State/Territory may draft as follows:
 - **New South Wales** – No drafted athletes permitted
 - **Queensland** – No drafted athletes permitted
 - **Western Australia** - No drafted athletes permitted
 - **NSW Country** – No drafted athletes permitted
 - **Victoria** – 1 draft athlete per open and youth team
 - **South Australia** – 2 draft athletes per open and youth team
 - **Tasmania** - 3 draft athletes per open and youth team

7. TEAM SHEETS

- Team managers are required to complete the team summary, team management and event configuration in the attached electronic template (excel spreadsheet) and send to SLSA (events@slsa.asn.au) no later than close of business (AEDT), **Thursday, 3 January 2018**.
- Team sheets **MUST** be completed in the OUTLINED format. This includes format, font, size and capitalization as outlined. If you do not complete in the requested format your allocations will not be accepted and you will be asked to re complete in the correct manner.

Note 1: Changes after this date (other than draft athletes being added) will only be permitted subject to injury or other unforeseen circumstances. No changes to any team sheet shall be permitted once the first event has commenced although teams may substitute within the team as required. Evidence **MUST** be provided in the form of a medical certificate or relevant documentation.

Note 2: In the event of an athlete withdrawing from a team. Team Management must

- a) Gain approval from the Competition Committee to replace the withdrawn team member (contact SLSA who will send to Competition Committee Chair)
- b) Ensure the new team member complies with the rules set out above under Team Selection
- c) If the withdrawn athlete is a drafted athlete, they **MUST** be replaced by an athlete on the draft list only. Athletes not on the draft list will not be accepted.

8. EVENT CONDITIONS

- The general competitive conditions, as detailed in the current edition of the [SLSA Surf Sports Manual](#) (Sport > Surf Sports Manual) and any subsequent Bulletins, shall apply to the



conduct of all events except where amended by these Championship rules.

- The primary amendments are:
 - Water Courses:
All individual and team water events will be conducted around the buoy courses set for the individual legs of the Ironman/Ironwoman events.
 - Water Event Starts:
Unless otherwise advised, all water events, with the exception of the Rescue Tube Rescue and Board Rescue races, shall be started on the beach approximately 15 metres from the water's edge (run start). Craft will be placed in front of the start line and as close as practicable to the water's edge. Handlers are not required for the start of events.
 - Water Event Finishes:
Unless otherwise advised, all water events, with the exception of the Rescue Tube Rescue and Board Rescue races, shall finish as per the Ironman/woman races (run finish). Craft and paddles may be abandoned after rounding the last turning buoy of the swim course. Handlers are to remove craft and paddles from the course.

Note 1: The Rescue Tube Rescue and Board Rescue races shall start and finish as per the SSM rules for these events-

Note 2: All Beach events shall be the standard courses and distances.

Note 3: The rules for the conduct of the Mixed Board Relay and Mixed Ski Relay events (note that both events shall commence with a dry start unless otherwise advised) are contained in Appendix 1.

9. COMPETITION EQUIPMENT & SPECIFICATIONS

- Each team shall be responsible for the provision of their own equipment including boards, skis, paddles, rescue tubes and fins.
- All equipment used in competition is to comply with SLSA specifications.
- Random scrutineering of equipment may occur during the 2019 SLSA Interstate Championships.

10. PROTESTS

- All protests shall be lodged with the appropriate carnival official in accordance with the procedures set down in the current edition of the [SLSA Surf Sports Manual](#) (Sport > Surf Sports Manual) and shall identify the specific sections/clauses in the Surf Sports Manual and or event rules upon which the protest is based. Protest Forms will be available from the administration centre.
- Each State team is allowed to make no more than four (4) unsuccessful appeals (2 Open and 2 Youth). Once all four unsuccessful appeals have been used a state can no longer lodge an appeal on a decision.
- An appeals fee of \$115 (Inc. GST) must accompany all appeals when submitted to the Appeals Committee for adjudication

11. ARENAS

- The competition arena for the 2019 SLSA Australian Interstate Championships shall be compacted to maximise spectator viewing and shall consist of one water arena, one beach track and one beach flag pit.
- A site map of the competition venue will be provided by SLSA.



12. TIMETABLE

- Events shall be conducted in the order listed on the event schedule, however can be subject to change due to conditions or unforeseen circumstances. Team Management will be notified of any changes as soon as possible.
- It may be necessary to run Ocean and Beach events at the same time, if required.
- The Open and Youth components of the Australian Interstate Championships shall be conducted concurrently, with Youth competitors competing first in each event, followed by the Open age competitors.
- The first race will commence at 8:00am with a brief opening ceremony prior to that.

Note: The SLSA Interstate Championships Competition Committee reserves the right to add or delete any events on the day of competition if safety, weather conditions, programming or for any other warranted conditions/reasons.

13. DRAWS AND BALLOTS

- Prior to the Championships SLSA will undertake one draw of team positions for the first event conducted in each of the water/craft and beach arenas for competition. Subsequent draws will be of the 'rolling draw' format where all States/Territories will move sideways and up one beach position (i.e. position 7 to 6 to 5 and so on then back to one) in each event conducted in the area. The same draw shall be used for both the Open and Youth component of the Championship.
- Copies of the first draws will be available at the Team Manager's briefing.
- After the first run through of the beach flags event in each division, separate draws are to be undertaken in each age division for lane positions for all subsequent run throughs.
- One draw for the order of the legs for the Ironman, Ironwoman and Taplin Relay events will be undertaken at the Team Manager's briefing.
- Team managers will be required to submit their final entry list for their team prior to the conclusion of the Team Manager's briefing.
- The referee will undertake any other ballots required on the beach on the day of the competition.

14. COMPETITION BRIEFINGS

- A briefing for team managers and key officials will be conducted by the Event Referee the day prior to competition on Wednesday 23rd January 2019 at 4:00pm at the Newport SLSC.
- An additional briefing will also occur on the morning of competition, Thursday 24th January 2019 (approximately 6:45am). The location of the briefings shall be in the main competition area or as announced at the team event on Thursday evening.
- The officials to be in attendance include the Event Referee, Deputy Referee, Sectional Referees, Safety and Emergency Services Coordinator, and key Officials/SLSA personnel.
- States/Territories should have a minimum of one and maximum of three personnel attend the briefing.

15. POINTSCORE

- All events conducted shall be worth equal points except when teams select their Power Play. The State/Territory with the highest aggregate points earned in the Open and Youth divisions combined, will be the Australian Interstate Champions, 2019.
- All competing teams are eligible to earn placing points and trophies.
- Points shall be allocated on an 7, 6, 5, 4, 3, 2, 1, basis for the positions 1st – 7th for each Open and Youth event contested. Nil points will be earned in the case of a Did not Start (DNS), disqualification or Did not Finish (DNF) result.
- Drafted competitors are eligible to earn 100% of their placing points in both individual and team events for their adopted State/Territory point score.



- Open and Youth Teams are also permitted one nominated Power Play that earns double points for their team (refer to the next Section for details.)
- Dead heats in events shall be declared as such with teams sharing the placing points for the placing attained, e.g. equal 3rd receives 5 points each with 5th placing receiving 3 points.
- In team events (Surf Ski Relay, Surf Board Relay, Beach Relay, Surf Teams Race) points shall be allocated as specified above. In individual events the results of 1st competitor and 2nd competitor from each team are added to determine finishing position, effectively making all events 'team' events. To determine winners in each event the State/Territory with the highest aggregate points in an event shall be the winner i.e. they will receive 7 points towards their point score etc. If the total aggregate points result in a dead heat between States/Territory then the State/Territory that has both team members finish in front of the other team competitors (i.e. as per the surf teams races) will be declared the winner e.g. if team one finishes 1st and 7th and team two finishes 2nd and 6th, both receive 22 points. Then team two would be awarded the higher placing because their second competitor finished in front of team one's second competitor.

Note 1: To determine the aggregate points the first State/Territory competitor to cross the line in an event will receive 14 points, the second competitor 13 points down to 1 point. The points are then aggregated, and the 7 to 1 points allocated to the pointscore.

Note 2: If a State/Territory only has one competitor in an event, or if a competitor is disqualified or does not complete the event, the State/Territory may still earn placing points based on the satisfactory completion of the race by one competitor e.g. 10+0=10 points. The aggregated placing points are then used to determine the 7 to 1 points allocated to the team's pointscore.

16. POWER PLAY

- A power play is a nominated event that both an Open team and a Youth team can claim.
- Each Open and Youth team can nominate **one** individual or team event to have a power play attached to it.
- Any points accumulated during the power play will be **doubled** for that team in the actual point score (i.e. 14 points for 1st, 2 points for 7th)
- The power play process is as follows:
 - Team managers will be required to submit a power play form to the referee by no later than 7.30am on Thursday 24th January 2019.
 - A team is not able to change their allocated power play during the competition.
 - Commentators will announce when a power play is being used in the preamble of that race and profile the competitors involved.

17. TROPHIES AND PRESENTATIONS

- All presentations will occur at the conclusion of competition on Friday afternoon.
- Teams will be competing for the Ocean/Beach Events trophy (a cumulative point score for all events for both Open and Youth Divisions).
- In addition, teams placing 1st, 2nd, and 3rd in the (above mentioned) combined Open and Youth point score shall receive Australian Interstate Championship medallions for all team members.
- Recognition by way of a team trophy will also be given to the team(s) who scores the highest points in each of the Open and Youth divisions.

The Alan B Whelpton AO Perpetual Shield (for the overall point score of Ocean, Pool, Surf Boat and IRB Interstate Championships for the previous season) shall be awarded at the Interstate Championship Function prior to competition on Wednesday 23rd January 2019.



The point score for this Shield shall be determined by the overall placing result recorded by States/Territories in each of the Interstate Championships. In this regard States/Territories shall be allocated points on a 7, 6, 5, 4, 3, 2, 1, basis for their relative 1st – 7th placing in each Interstate Championship (Ocean, Boat, Pool, IRB). The State/Territory with the highest aggregate of points shall be declared winner of the Shield.)

Note: The NSW Country team's result will be removed from the Ocean Interstate Pointscore and the result converted to a 7 to 1 pointscore for the purposes of calculating the Ocean result towards the Overall Alan B Whelpton B Interstate Shield result.

In the event of tied points, a count back of best overall results in the four championships (Ocean, Boat, Pool, IRB) will determine the winning State/Territory (that is, number of 1st overall placings. If still equal, number of 2nd placings and so on until a winner is declared). If this method cannot separate States/Territories, joint winners will be declared.

18. SPONSORSHIP

- In the event of States/Territories/individuals having conflicting sponsorship with the event sponsor, the SLSA Sponsorship Policy 5.08 must be adhered to.
- Teams - when entering the marshalling arena and competing, you must not have any sponsor identification on your competition gear. SLSA will provide lycras for the event, which will be handed out at the Team Manager Briefing the day prior.
- At the conclusion of events, placegetters may be offered items of apparel identified with the event sponsor. It may be possible that TV interviews will be undertaken with prominent competitors, and in such cases, they may be asked to wear one of the official sponsor T-shirts and/or caps. Further, competitors may be required to carry the event sponsor's logos on craft, boats and equipment. Where physically possible, no existing signage will be covered. Those craft with rival sponsors to the event sponsor will not be required to display the event sponsor's signage and/or to cover the rival sponsor's signage.

19. SLSA CODE OF BEHAVIOUR

- SLSA expects that all members involved in competition will co-operate to ensure a positive public image and to participate in a spirit of goodwill and sportsmanship.
- The SLSA Code of Conduct, Competing Unfairly and Abuse/Inappropriate clauses etc. are contained in the current edition of the [SLSA Surf Sports Manual](#) (Sport > Surf Sports Manual) and any subsequent Bulletins.
- Any incidents or behaviour likely to cause embarrassment or damage to the reputation and/or image of lifesaving competition will be managed as prescribed in the current edition of SLSA's Rules, Surf Sports Manual and any subsequent Bulletins.

20. MEDIA STATEMENTS

- States/Territories shall be permitted to promote the event and or their State/Territory team within their own state (subject to SLSA approval). However, no competitor, Team Manager, official or spokesperson for a State/Territory, shall make media statements that could bring the Interstate Championships, its sponsor, or officials, into controversy. Such statements shall be deemed to be a breach of SLSA discipline and may be dealt with accordingly.
- Complaints regarding the organisation of the championship, or any other matters, should be directed through the appropriate SLSA channels, and will be dealt with by the responsible section, or officers. Such official complaints will be acknowledged.

21. THEFT

- Any person/s found stealing signage or any equipment owned by Surf Life Saving Australia, the hosting authority, states or another individual may be immediately reported to police



and that person/s be brought before a SLSA Disciplinary Committee.

- Please note that automatic disqualification of the team from the Championship may occur if any member is found guilty of theft.

22. SLSA ANTI-DOPING POLICY

- Surf Life Saving Australia supports the Australian Government, the Australian Sports Commission, the Australian Olympic Committee, and the Australian Sports Anti-Doping Authority (ASADA) in their efforts to eradicate the use of drugs in sport. SLSA has published an anti-doping policy, which will be adhered to for this event.
- Please be aware that random drug testing could take place during the 2019 Australian Interstate Championships.
- It is highly recommended each State/Territory team member (including management and staff) complete the ASADA online e-learning program (Level 1) to ensure all personnel are aware of contemporary issues pertaining to anti-doping. The link to access this e-learning program is: <http://elearning.asada.gov.au/>. Further to this, it is highly recommended that each team, under the direction of the management, undergo at least one anti-doping education and awareness activities as a group.
- It is recommended each State/Territory team member (including management and staff) utilise the ASADA [Check Your Substances](#) reference site, or phone 13000 ASADA (1300 027 232).



Appendix 1

Event 5: Mixed Board Relay Race

Event 6: Mixed Surf Ski Relay Race

General Conditions

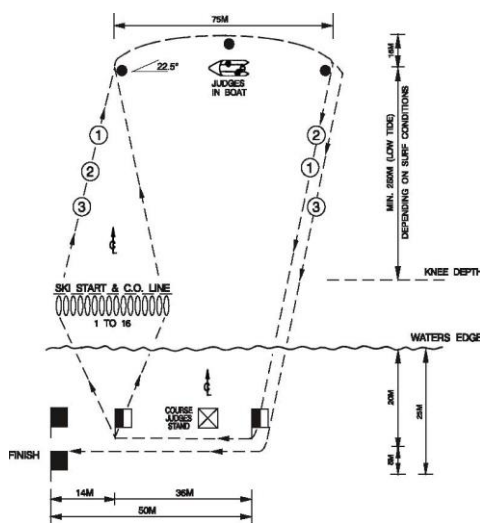
- (a) The Mixed Surf Board and Surf Ski Relay events shall be conducted under the general rules of the Surf Board and Surf Ski events as per the [SLSA Surf Sports Manual](#) (Sport > Surf Sports Manual). The events comprise two competitors (one male and one female). States/Territories may decide the order that their team members compete in.
- (b) Team members may use the same craft. No member of a team shall be permitted to complete more than one leg of a race.
- (c) A competitor not competing in a leg of the race can become a craft handler. Alternatively, another team member may be a handler.
- (d) Control of craft - A competitor can lose control or contact with their craft on the way out, provided they regain the craft, paddle around all buoys required and round the last course buoy in contact with the craft. A competitor must paddle their surf ski (including paddle) or board (as applicable) around the last course buoy and shall not be disqualified if they lose control or contact with their craft after the last course buoy on the return journey.

The Course

The courses shall be as detailed in the diagrams below (except that they are two competitor events).

Note: The beach positions are reversed for the first and second craft legs to assist with fairness of event conduct e.g. teams drawn in position one commence their first craft leg from position one and their second craft leg from position 8.

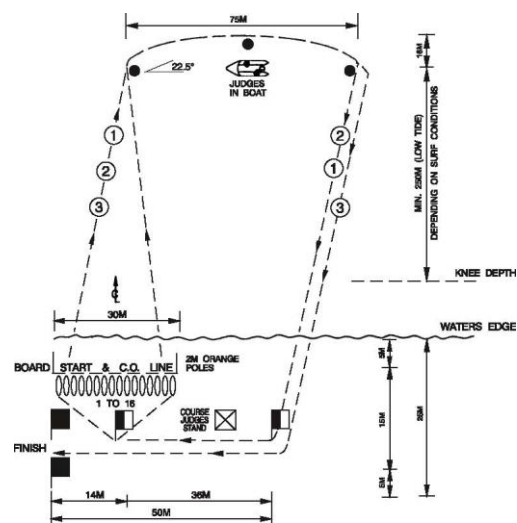
Competitor's 1 st craft leg starting position	1	2	3	4	5	6	7
Competitor's 2 nd craft leg starting position	7	6	5	4	3	2	1



SKI RELAY RACE
(Distances approximate only)

LEGEND		
	SKI AREA No. 1	SKI AREA No. 2
		DIFFERENT COLOURED BUOYS

NOTE: THE BEACH SET UP RELATIVE TO THE POSITIONING OF THE BUOYS MAY BE ADJUSTED DEPENDENT ON THE SURF CONDITIONS.



BOARD RELAY RACE
(Distances approximate only)

LEGEND		

NOTE 1: THE BEACH SET UP RELATIVE TO THE POSITIONING OF THE BUOYS MAY BE ADJUSTED DEPENDENT ON THE SURF CONDITIONS.

NOTE 2: THE U/9 - U/14 + MASTERS BOARD RELAY SHALL COMPLETE THE DISTANCES PRESENTED IN THEIR RELEVANT INDIVIDUAL RACES AND THE BEACH COURSE AS DESCRIBED IN THIS DIAGRAM.



Procedure

- a) Competitors for the first leg of the relay shall start as per the relevant individual events and proceed around the appropriate buoys. When the first competitor has rounded the last turning buoy, the competitor may leave their surf ski (including paddle) or board (as applicable) at their discretion, return to the beach and round the two turning flags and tag the second competitor, who is standing with their feet on or behind the designated surf ski or board (as appropriate) changeover line.
- b) The second competitor then proceeds around the appropriate buoys. When the second competitor has rounded the last turning buoy, the competitor may leave their surf ski (including paddle) or board (as applicable) at their discretion, return to the beach, round the two turning flags and finish through the designated finish line.
- c) Competitors in the Surf Board and Surf Ski Relay events must commence their leg of the event from the (correct) position as allocated by the Marshall. If the competitor does not comply with officials' directions, their team may be disqualified.
- d) Members of the team or other members authorised by the Referee shall ensure that any craft used by any of the other team members does not cause any interference to another team or competitor in the race. The craft shall be removed as soon as possible from the course to avoid congestion and possible damage.
- e) If a competitor deliberately impedes the progress of another team the competitors in the offending team may be disqualified.
- f) Replacing craft and/or paddles (as appropriate) is permitted during a race provided such replacement is effected before the competitor rounds the last course buoy. Team members shall be permitted to assist a competitor in replacing equipment, but only to the extent of placing the nose of the replacement surf ski/paddle at the water's edge or the board on or behind the start line.
- g) To assist with the safe conduct of competition it is permitted for any member to assist with the removal of any damaged or abandoned equipment from the competition course.