



2019 NSW Masters and Open Championships - Entry Circular Proudly Supported by Your Local Club

Attention: Club Presidents, Club Secretaries, Club Competition Officers, Team Managers, Coaches and Competitors.
Actioned by: Persons responsible for club entries.
Date: Friday 26 October, 2018
Contact: Jessica Langham Sport Events Coordinator
 Phone: (02) 9471 8080
 Email: jangham@surflifesaving.com.au

Summary:	Outlines the requirements and procedures to enter the 2019 NSW Masters and Open Championships.
Action:	<ul style="list-style-type: none"> <input type="checkbox"/> Complete and submit entries via http://sportnsw.carnival.sls.com.au/eventmgr/sport by Monday 4 February at 11:00pm. (For the Lifesaving Championships only). <input type="checkbox"/> Complete and submit entries via http://sportnsw.carnival.sls.com.au/eventmgr/sport by Monday 11 February at 11:00pm. (For Masters and Open Championships.) <input type="checkbox"/> Online late entries close Sunday 17 February at 11.00pm (For the Lifesaving Championships only). (<i>late fees apply</i>). <input type="checkbox"/> Online late entries close Sunday 24 February at 11.00pm (For Masters and Open Championships.) (<i>late fees apply</i>). <p>NOTE: No late entries will be accepted after this date including at the Championships (excludes team events)*</p> <ul style="list-style-type: none"> <input type="checkbox"/> SLSNSW will issue invoices to all Clubs after online late entries close. Do not pay the invoice until received. <input type="checkbox"/> Complete the Team Manager Declaration Form by Monday 25 February at 11.00pm. <input type="checkbox"/> Complete the Powercraft and First Aid Form to input Powercraft and First Aid personnel by Monday 25 February at 11.00pm.

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1. INTRODUCTION:

The 2019 State Masters and Open Championships attracts competitors from the under 15's to 70+, providing opportunity to unite over a five-day period showcasing one of Australia's most iconic volunteer movements, Surf Life Saving.

This year's event will again be held at Blacksmiths Beach (Swansea Belmont SLSC), in Lake Macquarie City Council from Saturday 23 – Sunday 24 February 2019 (Lifesaving), Wednesday 6 – Thursday 7 March, 2019 (Masters) and Friday 8 – Sunday 10 March, 2019 (Open).

This document outlines some key information relating to the 2019 NSW Masters and Open Championships. Please note that SLSNSW may issue subsequent bulletins, memos or circulars which may supersede information provided in this Circular.

2. ADDITIONAL RESOURCES:

Reference is made to:

- The Current (35th) Edition Surf Sports Manual (revised August 2018):
<http://sls.com.au/downloads>
- The Proficiency Competition Requirements in the 2018/19 Pre-Season Pack:
<http://www.surflifesaving.com.au/members/resources/administration>

3. GENERAL CONTENT:

Entries are to be completed online at: sportnsw.carnival.sls.com.au/eventmgr/sport

- Usernames and passwords have been issued to clubs. If you require these please contact SLSNSW at surfsports@surflifesaving.com.au
- **Life Saving Championships**
 - Entries close **Monday 4 February**
 - Online late entries close **Sunday 17 February** at 11.00pm (late fees apply).
- **Master and Opens Championships**
 - Entries close on **Monday 11 February** at 11.00pm.
 - Online late entries close **Sunday 24 February** at 11.00pm (late fees apply).
- **No late entries will be accepted after these dates including at the Championships** (excludes team events* - pg.6 for more info).
- SLSNSW will send invoices to all Clubs after online late entries close. Do not pay before the invoice is received.
- Clubs are reminded to complete the Team Manager and Declaration Form (which is replacing the previous paper based Declaration Form) by **Monday 25 February at 11.00pm**. This involves Clubs supplying their team manager contact details. This is to ensure all event communications such as changes to timetables, re-locations etc. can be sent via SMS and Email. Details about the Team Managers meeting format will be available soon.
- Clubs are reminded to complete the online Powercraft and First Aid Form by **Monday 25 February at 11.00pm**.
- **Note: Clubs are reminded to check all entries prior to the close of late entries for any omissions and errors.**

4. 2019 NSW MASTERS AND OPEN CHAMPIONSHIPS COMPETITION COMMITTEE:

The 2019 NSW Masters and Open Competition Committee (CC) will direct all matters relating to the actual conduct of the competition. The CC may (subject to the rules in the Surf Sports Manual [35th revised edition] and event rules, any subsequent amending bulletins and this Circular) postpone, cancel and/or alter any or all Championship events, and alter the venue of the competition.

Role	Opens	Masters
Competition Committee Chairperson	TBC	TBC
SLSNSW Director of Surf Sports	Donald van Keimpema	Donald van Keimpema
Carnival Referee	Wayne Druery	David Unger
Local Organising Committee Representative	TBC	TBC
Safety & Emergency Management Coordinator (SEMC)	TBC	TBC
SLSNSW Chief Operating Officer	Phil Ayres	Phil Ayres
SLSNSW Sport Manager	Rob Pidgeon	Rob Pidgeon

5. 2019 NSW MASTERS AND OPEN CHAMPIONSHIPS SAFETY EMERGENCY COMMITTEE:

The 2019 NSW Masters and Open Safety Emergency Committee (SEC) will direct all matters relating to the safety of the competition.

A review of the following will be conducted at each SEC meeting:

- a) Risk Assessment of the current conditions of the beach, environmental risks and back of beach area
- b) Injury management statistics

- c) Current weather predictions
- d) Competition statistics

The SEC may consult and seek advice from appropriate officials, athletes and other personnel on local weather, surf conditions and safety issues when required. The SEC will then advise the CC.

The SEC is responsible for enacting the contingency plan for this event. The Safety Operations Manual developed for this event is to be applied by the Referee when considering and making recommendations, in consultation with relevant emergency services and lifesaving authorities.

Role	Opens	Masters
Safety & Emergency Management Coordinator (Chair)	TBC	TBC
Lake Macquarie City Council Representative/Lifeguard	TBC	TBC
Assistant Safety and Emergency Management Coordinators	TBC	TBC
Carnival Deputy Referee	Jenny Kenny	Michael Bate
Powercraft Coordinator	TBC	TBC
First Aid Coordinator	Australian Event Safety Services	Australian Event Safety Services
WHS Coordinator	TBC	TBC
Athlete Liaison	TBC	TBC
Boat Representative	TBC	TBC
SLSNSW Sport Event Coordinator	Jessica Langham	Jessica Langham

6. VOLUNTEER REQUIREMENTS:

Officials

A quota system for clubs to provide Accredited Officials based upon the number of competitors entered is in place for the 2019 NSW Opens and Masters Championships. March Past and R&R teams are not excluded from this quota system. Online late entries will be added to the total number of competitors entered to ensure that the clubs obligation is satisfied. Officials, as a minimum requirement, must have a current Junior Officiating accreditation.

Clubs entered into Lifesaving Events are to supply a minimum of 1 Lifesaving competent Official or Current Endorsed Bronze Medallion Assessor (Non Official Subject Expert) to assist with the Judging of the Resuscitation and First Aid components of these Events.

Masters Championships:

Competitors Entered	Officials Required
0 to 4	—
5 to 11	1 Official
12 to 24	2 Officials
25 to 37	3 Officials
38 to 50	4 Officials
51 +	5 Officials

Opens Championships:

Competitors Entered	Officials Required
0 to 4	—
5 to 10	1 Official
11 to 20	2 Officials
21 to 30	3 Officials
31 to 40	4 Officials
41 to 50	5 Officials
51 to 70	6 Officials
71 to 90	7 Officials
91 to 120	8 Officials
121 to 150	9 Officials
151+	10 Officials

If sufficient officials are not provided according to the above quotas SLSNSW reserves the right to impose a monetary penalty or request the offending club to show cause why that club should be able to compete at the Championships.

Please be aware the quota system is based on the number of competitors entered into the event, not the number of competitors starting.

Clubs are reminded before entering their competitors into the entry system that they **MUST** meet the officials' quota.

Officials undertaking duties to meet clubs quotas, who have not already been appointed, will be requested to report to the Administration Centre south of Swansea Belmont SLSC each morning of competition – by 7.00am.

Please refer to the ['2019 State Championships – Officials Quota'](#) for further information - Officials Quota

Powercraft

To ensure the safety of all competitors competing in the 2019 NSW Masters and Open Championships, a Powercraft roster has been implemented. Clubs have been identified based on the average number of entries from the past three Championships.

Powercraft Drivers/Operators and crewpersons **must** fulfil the following requirements.

- ✓ **IRB Driver:** Be a current financial SLS member and be a proficient Silver Medallion IRB Driver.
- ✓ **IRB Crewperson:** Be a current financial SLS member, be a proficient IRB Crew Certificate.
- ✓ **RWC Operator:** Be a current financial SLS member and hold a proficient RWC Operator Certificate.
- ✓ **Both IRB and RWC:** Be experienced in ALL levels of surf conditions and competent to deal in all surf conditions.

Clubs will be required to nominate volunteer names and contact information for IRB Drivers and Crew personnel via the [Powercraft and First Aid Form](#) by **Monday 25 February, 11.00pm**. All IRB Drivers and Crew personnel must also bring with them their current SLSNSW Powercraft licence.

Clubs that fail to meet their requirements or to attend rostered shifts at the Championships will be suspended from competition until such a time that requirements are met.

Some Clubs may also be required to bring IRB equipment to the Championships. All IRBs supplied must be registered with SLSNSW, have passed the 2018/19 Gear and Equipment Inspection process and be entered on SurfGuard.

Please refer to the '2019 NSW State Championships – Powercraft Roster' for further information - [Powercraft Roster](#)

First Aid

To ensure the safety of all competitors competing in the 2019 NSW Masters and Open Championships a First Aid quota will be implemented again at the 2019 State Championships.

Clubs will be identified based on an average of entries from 2016, 2017, & 2018 State Championships.

First Aid personnel are required to hold the following minimum requirements:

- A proficient First Aid Certificate (Provide First Aid – HLTAID003), be a current financial SLS member (2018/19) and must be a minimum of 16 years of age.

Clubs will be required to nominate volunteer names and contact information for First Aid personnel via the [Powercraft and First Aid Form](#) by **Monday 25 February, 11.00pm**.

Please refer to the '2019 NSW State Championships – First Aid Roster' for further information - [First Aid Roster](#)

7. ELIGIBILITY TO COMPETE:

All entrants must meet SLSNSW award, patrol and proficiency requirements as per the 2018/19 proficiency competition requirements and any other subsequent bulletins issued - [Member Resources](#).

Reference is made to the following documents which apply to this event:

- SLSA Policy 5.04 – Eligibility to compete in SLSA competition – November 2017 version
- SLSA Policy 1.02 Use of SLSA Equipment

The Proficiency requalification must be completed by close of “normal” entries to be eligible to participate in a SLS Championship or other event i.e. late entries will not be accepted for members who have not completed their proficiency requalification by the normal close of entries.

Late proficiency exemptions are required to be endorsed by both Club and Branch (on letterhead) before being received by SLSNSW. This can be sent to ctwine@surflifesaving.com.au and will be forwarded to the State Director of Lifesaving for consideration. Any late proficiency exemptions should be received no later than **Monday 18 February, 2018**.

For reference to all SLSA Polices please download from the SLSA Members Area.

8. ENTRY FEES:

The entry fee per competitor at the 2018 State Masters and Open Championships is **\$50.60** (incl. GST).

In previous years Clubs have been required to pay the Clubs entry fees prior to the Championships via cheque or online banking.

This year SLSNSW will issue invoices to all Clubs after online late entries close. Clubs will not be required to pay their entry fees prior to the Championships.

Entry fees are not refundable if members do not take part in these Championships or if events or the entire Championships are cancelled.

Late Entries:

All online late entries received after the initial closing date will incur a late fee of \$121.10 including the original entry of \$50.60 (i.e.; $\$70.40 + \$50.60 = \$121.10$) incl. GST).

No individual late entries will be taken at the Administration Centre – Swansea Belmont. Late entries may be accepted at the discretion of SLSNSW e.g. a competitor must be a team member replacing another team member in a team already entered. It is suggested that Clubs still enter members if there is a chance that they will be competing and then withdraw their entry prior to the close of late entry.

Additional Events:

When additional events are required for competitors (individual and / or team) a fee of \$20.30 per event / per competitor will be charged. Note: **The competitor must be already entered into the Carnival.**

Additional individual event entries must be received no later than one hour before the start of the particular event at the Carnival Administration. For team events a substitution form is required (Finals only) and is required to be handed into the Carnival Administration.

Please Note: Any changes after the closing of entries will also incur this fee.

9. ENTRIES - CARNIVAL MANAGER:

Please ensure your club notes the following points, in addition to the Carnival Manager Guide, before and during the entry process. Before you start your club entries, ensure you have done a **'forced SurfGuard update'** to make sure all club athlete information in Carnival Manager is up-to-date.

Entry Registrations

Club entries to the 2019 State Masters and Open Championships must be submitted electronically **DIRECTLY** into Carnival Manager.

To complete entries, clubs must complete the following:

- Complete entries online as outlined above and generate the pro-forma invoice (save for future reference).
- Sign and complete the Team Manager and Declaration Form.
- Refer to the Entry and Payment Flowchart on last page of this Circular.

10. OPEN EVENTS:

Please note, as of 2019 the Ocean Swim event will not be taking place.

The following events shall be conducted in their respective age group areas in accordance with the requirements of the current edition of the SLSA Surf Sports Manual and amending Bulletins and Circulars.

20 – 29 Age Group

A new innovation for 2019 will see the trial introduction of a restricted 20 – 29 male and female category. The intent of this age group is to provide a participation division for eligible Open Age competitors who would not normally enter the State Open Championships and are not yet of Masters Age.

Competitors entered in 20-29 events (Surf Race, Board Race, Beach Flags and Beach Sprint) may NOT enter any other Open individual events. Competitors entered in 20-29 events may be entered into any Open team event.

Competitors must be a minimum of 20 years old and a maximum of 29 years old as at 30 September 2018 and met all other award, patrol and proficiency requirements

Lifesaving Events

Patrol Competition and Champion Lifesaver will be conducted on 23 February and 24 February with the First Aid competition held on 2 March and 3 March. Entries close for these events on Monday 4 February at 11.00pm.

NOTE: Entries in Lifesaving events must supply the following:

- Champion Lifesaver
 - Must supply 1 patient per club that is a current SLS Financial Member.
- Patrol Competition
 - Must supply 1 patient per team that is a current SLS Financial Member.
 - Be a minimum proficient SRC holder.
 - Prepared to go into the water (wetsuits optional).
- First Aid Competition
 - Must supply 1 patient per team that is a current SLS Financial Member.
- Refer to the current Surf Sports Manual for all other equipment for competitors/teams to supply for these events.
- Lifesaving Patient Forms are to be completed and presented with patients at competitor report times.

Clubs entered into Lifesaving Events are to supply a minimum of 1 Lifesaving competent Official or Current Endorsed Bronze Medallion Assessor (Non Official Subject Expert) to assist with the Judging of the Resuscitation and First Aid components of these Events.

**3105 #Open First Aid Competition [3]	**3106 Under 19 First Aid Competition [3]
**3107 #Under 17 First Aid Competition [3]	**3108 Under 15 First Aid Competition [3]
**3113 Open Patrol Competition [2]	**3115 Under 17 Patrol Competition [2]
**1117 #Open Male Champion Lifesaver [2]	**2117#Open Female Champion Lifesaver [2]
**1118 #Under 19 Male Champion Lifesaver [2]	**2118 #Under 19 Female Champion Lifesaver [2]
**1119 #Under 17 Male Champion Lifesaver [2]	**2119 #Under 17 Female Champion Lifesaver [2]
**1120 #Under 15 Male Champion Lifesaver [2]	**2120 #Under 15 Female Champion Lifesaver [2]
**1382 #30-39yrs Male Champion Lifesaver [2]	**2382 #30-39yrs Female Champion Lifesaver [2]
**1383 #40yrs+ Male Champion Lifesaver [2]	**2383 #40yrs+ Female Champion Lifesaver [2]

The top 3 U17 teams will be able to compete in both the U19 and Opens categories. The top 3 U19 teams can also compete in the Opens category.

Competitors are permitted to enter and compete in one (1) age group only.

** Restricted events for Australian Championships and entries for these events shall be submitted by SLSNSW. (NSW quotas shown in brackets [] after each event).

CLASHING OF EVENTS:

While every effort will be made to avoid clashes in the timetable, athletes will have to decide to contest one or the other.

Rescue and Resuscitation Events

31	Open 6 Person R&R	12	Open Male 5 Person R&R
22	Open Female 5 Person R&R	33	Under 19 5 Person R&R
34	Under 17 5 Person R&R	3601	U14/U15 2 Person R&R

32 Open Mixed 5 Person R&R 3608 U15 5 Person R&R

Surf Belt Events

17	Open Male Belt Race	27	Open Female Belt Race
18	Under 19 Male Surf Belt Race	28	Under 19 Female Surf Belt Race
19	Under 17 Male Surf Belt Race	29	Under 17 Female Surf Belt Race

Swimming Events

110	Open Male Surf Race	210	Open Female Surf Race
111	Under 19 Male Surf Race	211	Under 19 Female Surf Race
112	Under 17 Male Surf Race	212	Under 17 Female Surf Race
113	Under 15 Male Surf Race	213	Under 15 Female Surf Race
114	Over 24 Restricted Male Surf Race	214	Over 24 Female Restricted Female Surf Race
115	20 - 29 Male Surf Race	215	20 – 29 Female Surf Race
116	Open Male Surf Teams	216	Open Female Surf Teams
117	Under 19 Male Surf Teams	217	Under 19 Female Surf Teams
118	Under 17 Male Surf Teams	218	Under 17 Female Surf Teams
119	Under 15 Male Surf Teams	219	Under 15 Female Surf Teams

Multi-Discipline Events

125	Open Ironman	225	Open Ironwoman
126	Under 19 Ironman	226	Under 19 Ironwoman
127	Under 17 Ironman	227	Under 17 Ironwoman
128	Under 15 Ironman	228	Under 15 Ironwoman
130	Open Male Board Rescue	230	Open Female Board Rescue
131	Under 19 Male Board Rescue	231	Under 19 Female Board Rescue
132	Under 17 Male Board Rescue	232	Under 17 Female Board Rescue
133	Under 15 Male Board Rescue	233	Under 15 Female Board Rescue
135	Open Male Rescue Tube Rescue (4 person)	235	Open Female Rescue Tube Rescue (4 person)
136	Under 19 Male Rescue Tube Rescue (4 person)	236	Under 19 Female Rescue Tube Rescue (4 person)
138	Under 15 Male Rescue Tube (1 person)	238	Under 15 Female Rescue Tube (1 person)
140	Open Male Taplin Relay (6 person)	240	Open Female Taplin Relay (3 person)
141	Under 19 Male Taplin (3 person)	241	Under 19 Female Taplin (3 person)
142	Under 17 Male Taplin (3 person)	242	Under 17 Female Taplin (3 person)
143	Under 15 Male Cameron Relay	243	Under 15 Female Cameron Relay
345	Lifesaver Relay [5]	352	Surf Boat Relay Race

Boat Events

All Surf Boat Sweeps entered in the NSW Surf Life Saving Championships are required to have completed their Development Coach – Surf Boat Award, Sweeps Accreditation Assessment Tool and have been issued with a Sweeps Accreditation Number. Surf Life Saving NSW will audit of all the sweeps entered into the carnival for compliance.

148	Open Male Surf Boat	248	Open Female Surf Boat	149	Reserve Grade Male Surf Boat
249	Reserve Grade Female Surf Boat	150	Under 23 Male Surf Boat	250	Under 23 Female Surf Boat
151	Under 19 Female Surf Boat	152	Under 19 Male Surf Boat		

Surf Boats and Double Dipping

"Double dipping" (i.e. competing in more than one division or age category of rowing) by crews will not be permitted at the NSW Surf Life Saving Championships. Exceptions to this condition are as follows:

Sweep Oarsmen may continue to compete in multiple divisions and age categories but, as per existing SLSA rules, shall only compete in a particular division or category once irrespective of whether they are sweeping or rowing;

1. Individual rowers from an age crew who are also competing with another crew (i.e. not the same four rowers) in an older age category are permitted to row in a second category at the Championships provided that the other crew members are not also doubling up to form separate crews.
2. Should a member of any crew become indisposed they may be replaced subject to approval of the Carnival Referee provided they comply with the requirements for the event.
3. If an U19 or U23 competitor is rowing in an older age category made up of mixed age groups they can continue to row in that older age category even if their own individual age division is suspended or cancelled. However, a crew made up entirely of rowers from suspended or cancelled age or gender group(s) shall not be permitted to compete.

Ski Events

154	Open Male Single Ski	254	Open Female Single Ski
155	Under 19 Male Single Ski	255	Under 19 Female Single Ski
156	Under 17 Male Single Ski	256	Under 17 Female Single Ski
157	Open Male Single Ski Relay	257	Open Female Single Ski Relay
158	Under 19 Male Single Ski Relay	258	Under 19 Female Single Ski Relay
159	Under 17 Male Single Ski Relay	259	Under 17 Female Single Ski Relay
160	Open Male Double Ski	260	Open Female Double Ski
360	Open Mixed Double Ski (1 Male & 1 Female)		
161	Under 19 Male Double Ski	261	Under 19 Female Double Ski

Board Events

164	Open Male Board	264	Open Female Board
165	Under 19 Male Board	265	Under 19 Female Board
166	Under 17 Male Board	266	Under 17 Female Board
167	Under 15 Male Board	267	Under 15 Female Board
168	20 – 29 Male Board	268	20 – 29 Female Board
169	Open Male Board Relay	269	Open Female Board Relay
170	Under 19 Male Board Relay	270	Under 19 Female Board Relay
171	Under 17 Male Board Relay	271	Under 17 Female Board Relay
172	Under 15 Male Board Relay	272	Under 15 Female Board Relay

RESTRICTION OF EVENTS:

- For the Open Championships, Clubs can only enter a maximum of 5 teams per team event.
- The Lifesaver Relay is restricted to 2 teams per metropolitan club, and 1 team per country club. Qualification is via nominated Branch events. Entry to this event will not be available on the online entry system. Branches are to submit a spreadsheet of their entries to Jack Chapman – jchapman@surflifesaving.com.au by no later than **Wednesday 13 February**. Excluding the Surf Boat sweep within each team there must be four female and four male competitors.
- Teams entered in 'mixed' events (event code No. prefix '3') may contain a specified number(s) of male and female competitors in each team.

Beach Events

383	Open March Past	384	Under 23 March Past
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385	Under 17 March Past		
186	Open Male Beach Sprint	286	Open Female Beach Sprint
187	Under 19 Male Beach Sprint	287	Under 19 Female Beach Sprint
188	Under 17 Male Beach Sprint	288	Under 17 Female Beach Sprint
189	Under 15 Male Beach Sprint	289	Under 15 Female Beach Sprint
190	20-29 Male Beach Sprint	290	20-29 Female Beach Sprint
192	Open Male Beach Relay	292	Open Female Beach Relay
392	Open Mixed Beach Relay		
193	Under 19 Male Beach Relay	293	Under 19 Female Beach Relay
393	Under 19 Mixed Beach Relay		
194	Under 17 Male Beach Relay	294	Under 17 Female Beach Relay
394	Under 17 Mixed Beach Relay		
195	Under 15 Male Beach Relay	295	Under 15 Female Beach Relay
395	Under 15 Mixed Beach Relay		
198	Open Male Beach Flags	298	Open Female Beach Flags
199	Under 19 Male Beach Flags	299	Under 19 Female Beach Flags
1100	Under 17 Male Beach Flags	2100	Under 17 Female Beach Flags
1101	Under 15 Male Beach Flags	2101	Under 15 Female Beach Flags
1102	20-29 Male Beach Flags	2102	20 – 29 Female Beach Flags
1558	Open Male 2km Beach Run	2558	Open Female 2km Beach Run
1559	Under 19 Male 2km Beach Run	2559	Under 19 Female 2km Beach Run
1560	Under 17 Male 2km Beach Run	2560	Under 17 Female 2km Beach Run
1561	Under 15 Male 2km Beach Run	2561	Under 15 Female 2km Beach Run

Ocean Swim – event deleted

11. MASTERS EVENTS:

Swimming Events

1200	30-34 Years Male Surf Race	2200	30-34 Years Female Surf Race
1201	35-39 Years Male Surf Race	2201	35-39 Years Female Surf Race
1202	40-44 Years Male Surf Race	2202	40-44 Years Female Surf Race
1203	45-49 Years Male Surf Race	2203	45-49 Years Female Surf Race
1204	50-54 Years Male Surf Race	2204	50-54 Years Female Surf Race
1205	55-59 Years Male Surf Race	2205	55-59 Years Female Surf Race
1206	60-64 Years Male Surf Race	2206	60-64 Years Female Surf Race
1207	65- 69 Years Male Surf Race	2207	65-69 Years Female Surf Race
1208	70 Years & over Male Surf Race	2208	70 Years & over Female Surf Race
1212	110 Years min Male Surf Teams	2212	110 Years min Female Surf Teams
1213	130 Years min Male Surf Teams	2213	130 Years min Female Surf Teams
1214	150 Years min Male Surf Teams	2214	150 Years min Female Surf Teams
1215	170 Years & over Male Surf Teams	2215	170 Years & over Female Surf Teams

Rescue Tube Events

1218	30-34 Years Male Rescue Tube	2218	30-34 Years Female Rescue Tube
1219	35-39 Years Male Rescue Tube	2219	35-39 Years Female Rescue Tube
1220	40-44 Years Male Rescue Tube	2220	40-44 Years Female Rescue Tube
1221	45-49 Years Male Rescue Tube	2221	45-49 Years Female Rescue Tube
1222	50-54 Years Male Rescue Tube	2222	50-54 Years Female Rescue Tube

1223 55-59 Years Male Rescue Tube
1224 60-64 Years Male Rescue Tube
1225 65-69 Years Male Rescue Tube
1226 70 Years & over Male Rescue Tube

2223 55-59 Years Female Rescue Tube
2224 60-64 Years Female Rescue Tube
2225 65-69 Years Female Rescue Tube
2226 70 Years & over Female Rescue Tube

Multi-Discipline Events

1234 30-34 Years Ironman
1235 35-39 Years Ironman
1236 40-44 Years Ironman
1237 45-49 Years Ironman
1238 50-54 Years Ironman
1239 55-59 Years Ironman
1240 60-64 Years Ironman
1241 65-69 Years Ironman
1242 70 Years & over Male Ironman (inc Ski)
1245 110 Years min Male Taplin (3 person)
1246 130 Years min Male Taplin (3 person)
1247 150 Years min Male Taplin (3 person)
3248 170 Years min. Taplin (3 person)

2234 30-34 Years Ironwoman (inc Ski)
2235 35-39 Years Ironwoman (inc Ski)
2236 40-44 Years Ironwoman (inc Ski)
2237 45-49 Years Ironwoman (inc Ski)
2238 50-54 Years Ironwoman (inc Ski)
2239 55-59 Years Ironwoman (inc Ski)
2240 60-64 Years Ironwoman (inc Ski)
2241 65-69 Years Ironwoman (inc Ski)
2242 70 Years & over Female Ironwoman (inc Ski)
2245 110 Years min Female Taplin (3 person)
2246 130 Years min Female Taplin (3 person)
2247 150 Years min Female Taplin (3 person)

Board Rescue Events

1252 30-34 Years Male Board Rescue
1253 35-39 Years Male Board Rescue
1254 40-44 Years Male Board Rescue
1255 45-49 Years Male Board Rescue
1256 50-54 Years Male Board Rescue
1257 55-59 Years Male Board Rescue
1258 60-64 Years Male Board Rescue
1259 65-69 Years Male Board Rescue
1260 70 Years & over Male Board Rescue

2252 30-34 Years Female Board Rescue
2253 35-39 Years Female Board Rescue
2254 40-44 Years Female Board Rescue
2255 45-49 Years Female Board Rescue
2256 50-54 Years Female Board Rescue
2257 55-59 Years Female Board Rescue
2258 60-64 Years Female Board Rescue
2259 65-69 Years Female Board Rescue
2260 70 Years & over Female Board Rescue

Surf Boat Events

1263 120 Years min Male Surf Boat
1264 140 Years min Male Surf Boat
1265 160 Years min Male Surf Boat
1266 180 Years min Male Surf Boat
1267 200 Years min Male Surf Boat
1268 220 Years min Male Surf Boat
1269 240 Years min Male Surf Boat
1270 260 Years min Male Surf Boat

2263 120 Years min Female Surf Boat
2264 140 Years min Female Surf Boat
2265 160 Years min Female Surf Boat
2266 180 Years min Female Surf Boat
2267 200 Years min Female Surf Boat
2268 220 Years min Female Surf Boat
2269 240 Years min Female Surf Boat
2270 260 Years min Female Surf Boat

Ski Events

1272 30-34 Years Male Single Ski
1273 35-39 Years Male Single Ski
1274 40-44 Years Male Single Ski
1275 45-49 Years Male Single Ski
1276 50-54 Years Male Single Ski
1277 55-59 Years Male Single Ski

2272 30-34 Years Female Single Ski
2273 35-39 Years Female Single Ski
2274 40-44 Years Female Single Ski
2275 45-49 Years Female Single Ski
2276 50-54 Years Female Single Ski
2277 55-59 Years Female Single Ski

1278	60-64 Years Male Single Ski	2278	60-64 Years Female Single Ski
1279	65-69 Years Male Single Ski	2279	65-69 Years Female Single Ski
1280	70 Years & over Male Single Ski	2280	70 Years & over Female Single Ski
1284	110 Years min Male Ski Relay	2284	110 Years min Female Ski Relay
1285	130 Years min Male Ski Relay	2285	130 Years min Female Ski Relay
1286	150 Years min Male Ski Relay	2286	150 Years min Female Ski Relay
1287	170 Years min Male Ski Relay	2287	170 Years min Female Ski Relay
1291	30-34 Years Male Double Ski	2291	30-34 Years Female Double Ski
1292	35-39 Years Male Double Ski	2292	35-39 Years Female Double Ski
1293	40-44 Years Male Double Ski	2293	40-44 Years Female Double Ski
1294	45-49 Years Male Double Ski	2294	45-49 Years Female Double Ski
1295	50-54 Years Male Double Ski	2295	50-54 Years Female Double Ski
1296	55-59 Years Male Double Ski	2296	55-59 Years Female Double Ski
1297	60-64 Years Male Double Ski	2297	60-64 Years Female Double Ski
1298	65-69 Years Male Double Ski	2298	65-69 Years Female Double Ski
1299	70 Years & over Male Double Ski	2299	70 Years & over Female Double Ski

Board Events

1303	30-34 Years Male Board	2303	30-34 Years Female Board
1304	35-39 Years Male Board	2304	35-39 Years Female Board
1305	40-44 Years Male Board	2305	40-44 Years Female Board
1306	45-49 Years Male Board	2306	45-49 Years Female Board
1307	50-54 Years Male Board	2307	50-54 Years Female Board
1308	55-59 Years Male Board	2308	55-59 Years Female Board
1309	60-64 Years Male Board	2309	60-64 Years Female Board
1310	65-69 Years Male Board	2310	65-69 Years Female Board
1311	70 Years & over Male Board	2311	70 Years & over Female Board
1314	110 Years min Male Board Relay	2314	110 Years min Female Board Relay
1315	130 Years min Male Board Relay	2315	130 Years min Female Board Relay
1316	150 Years min Male Board Relay	2316	150 Years min Female Board Relay
1317	170 Years min Male Board Relay	2317	170 Years min Female Board Relay

Beach Events

1324	30-34 Years Male Beach Sprint	2324	30-34 Years Female Beach Sprint
1325	35-39 Years Male Beach Sprint	2325	35-39 Years Female Beach Sprint
1326	40-44 Years Male Beach Sprint	2326	40-44 Years Female Beach Sprint
1327	45-49 Years Male Beach Sprint	2327	45-49 Years Female Beach Sprint
1328	50-54 Years Male Beach Sprint	2328	50-54 Years Female Beach Sprint
1329	55-59 Years Male Beach Sprint	2329	55-59 Years Female Beach Sprint
1330	60-64 Years Male Beach Sprint	2330	60-64 Years Female Beach Sprint
1331	65-69 Years Male Beach Sprint	2331	65-69 Years Female Beach Sprint
1332	70 Years + Years Male Beach Sprint	2332	70 Years + Female Beach Sprint
1335	140 Years min Male Beach Relay	2335	140 Years min Female Beach Relay
1336	170 Years min Male Beach Relay	2336	170 Years min. Female Beach Relay
1337	200 Years min Male Beach Relay	2337	200 Years min. Female Beach Relay
1338	230 Years min Male Beach Relay	2338	230 Years min Female Beach Relay
1343	30-34 Years Male Beach Flags	2343	30-34 Years Female Beach Flags
1344	35-39 Years Male Beach Flags	2344	35-39 Years Female Beach Flags

1345	40-44 Years Male Beach Flags	2345	40-44 Years Female Beach Flags
1346	45-49 Years Male Beach Flags	2346	45-49 Years Female Beach Flags
1347	50-54 Years Male Beach Flags	2347	50-54 Years Female Beach Flags
1348	55-59 Years Male Beach Flags	2348	55-59 Years Female Beach Flags
1349	60-64 Years Male Beach Flags	2349	60-64 Years Female Beach Flags
1350	65-69 Years Male Beach Flags	2350	65-69 Female Beach Flags
1351	70 Years + Male Beach Flags	2351	70 Years + Female Beach Flags
1360	30-34 Years Male 2km Beach Run	2360	30-34 Years Female 2km Beach Run
1361	35-39 Years Male 2km Beach Run	2361	35-39 Years Female 2km Beach run
1362	40-44 Years Male 2km Beach Run	2362	40-44 Years female 2km Beach Run
1363	45-49 Years Male 2km Beach Run	2363	45-49 Years Female 2km Beach Run
1364	50-54 Years Male 2km Beach Run	2364	50-54 Years Female 2km Beach Run
1365	55-59 Years Male 2km Beach Run	2365	55-59 Years Female 2km Beach Run
1375	60-64 Years Male 1km Beach Run	2375	60-64 Years Female 1km Beach Run
1376	65-69 Years Male 1km Beach Run	2376	65-69 Years Female 1km Beach Run
1377	70 Years + Male 1km Beach Run	2377	70 Years + Female 1km Beach Run

Masters competitors are to have their age marked on both their upper arms.

RESTRICTION OF EVENTS:

- Masters competitors may only compete in their own age group in individual events and in only one age category in each different team event entered.

Note: This section does not preclude a qualified Master competitor from participating in their Masters individual Age Group and also in Open age events. A minimum of one starter is required provided that the competitor/team correctly completes the course. Where Championship events are contested all place getters shall be awarded placing medals.

HANDLERS:

NOTE (Both Opens and Masters): Handlers will not be required to be entered into the carnival manager system. It is highly recommended that handlers are current financial members of a SLSNSW club. Those who handle for a competitor that are not financial members of a SLSNSW club will not be covered under the SLSNSW Insurance Policy. Handlers are required to wear a pink high visibility vest (or at the discretion of the referee; may wear a pink high visibility bib/jacket type garment).

12. GENERAL INFORMATION:

Championships Point Score:

A point score will be kept for the highest overall point score for each championship (1st, 2nd and 3rd) and the highest overall Country Club point score (Age and Opens only).

Results:

In the case of a dead heat for positions 1st, 2nd or 3rd, each competitor will receive a respective medal. In the case of a dead heat for 1st place, both winning competitors will receive a gold medal and the 3rd place competitor will receive a bronze medal – no Silver medal will be awarded. No Bronze medals will be awarded for a dead heat in 2nd place.

13. SCRUTINEERING:

All craft and equipment being used at the 2019 NSW Masters and Open Championships will be required to carry a valid Scrutineering Sticker (**small Black and White**). Scrutineering should have been completed in Branches prior to the Championships. Random scrutineering of craft and equipment will take place throughout the duration of the carnival. Finalists

may be required to have their craft scrutineered prior to racing in event finals. Scrutineering will be available for all members at a cost of \$110.00 (incl. GST) and members will experience significant delays.

To avoid paying this fee, SLSNSW encourages that all craft is scrutineered prior to the Championships through your Branch.

14. SPONSOR RASH VESTS:

All competitors entered into the 2019 NSW State Championships will be issued an official high visibility pink competition lycra vest. It is a requirement for all competitors to wear the supplied Lycra vest in competition at the 2019 NSW State Championships. See SSM (12.1, d, xviii). Clubs must ensure that competitors wear the approved lycra vest in competition, no other branded vests may be worn. Competitors may be requested to wear the approved lycra vest as part of medal presentations.

Lycra Vest Jotform can be accessed using the link below

<https://form.jotform.co/SurLifeSavingNSW/2019-slsnsw-state-championships-lyc>

15. MEDIA AND PHOTOGRAPHY:

Drones:

For the safety of competitors, officials and spectators SLSNSW prohibits the use of drones or Unmanned Aerial Vehicles (UAV) at these Championships by members and/or public unless approved by SLSNSW, 7 days prior to the event. The operator must supply an operations manual (including risk management plan), provide a copy of public liability insurance and comply with all Civil Aviation Safety Authority (CASA) requirements. SLSNSW will be utilising the services of Little Ripper and Lifesaving UAVs to conduct aerial surveillance and monitor hazards.

Photography:

As a condition of entry, all competitors agree to have photos and video taken during the Championships used for promotional material by SLSNSW.

SLSNSW will not be issuing media/photography accreditation to team members or Clubs. Professional photographers will be attending and material will be available via social media and to Clubs on request. Clubs are welcome to take photographs from outside the competition area.

Go Pro's may only be used within the competition area on approved fittings and fixtures as set out in relevant SLSA bulletins.

Links for Results (Masters):

Final Results: <http://sportnsw.carnival.sls.com.au/eventmgr/results/report/public/102/1>

All Results: <http://sportnsw.carnival.sls.com.au/eventmgr/results/report/public/102/0>

Links for Results (Open):

Final Results: <http://sportnsw.carnival.sls.com.au/eventmgr/results/report/public/103/1>

All Results: <http://sportnsw.carnival.sls.com.au/eventmgr/results/report/public/103/0>

Event Hashtag:

The official hashtag for the event is #STATEChamps19

No competitor, team manager, official or spokesperson for a club shall make media statements which could bring the State Championships, its sponsors, or officials into controversy or disrepute. Such statements will be a breach of policy and could potentially result in sanctions against members involved. Please note that statements to the media regarding the State Championships will be made by authorized spokespeople.

16. HEALTH & WELLBEING:

The welfare of all competitors is of paramount importance and athletes or their parent/guardian in the case of underage competitors should seek advice prior to the competition from a qualified professional for any health concerns if required.

Any competitor or official who suffers illness or injury prior to or at the 2019 State Championships **MUST** seek medical clearance before resuming their normal activities which includes training and competition.

In addition SLSNSW may, at its sole discretion, require a competitor and/or official to be assessed for physical and/or psychological fitness to participate in the competition. This ensures the safety and wellbeing of the athlete concerned and fellow competitors while also ensuring all parties and Surf Life Saving NSW are not placed at risk.

17. ANTI-DOPING & MATCH FIXING:

It is strongly recommended that all Team Managers complete both the ASADA Level 1 Anti-Doping and Match Fixing e-learning courses. Both of these courses are free of charge and provide an opportunity to develop a knowledge and understanding of anti-doping and match fixing in sport. Moving forward, SLSNSW strongly believe this is a great addition to the structure of any touring team and/or squad and is vital for elite competition and athlete development.

SLSNSW fully supports the new SLSA Anti-Doping and Match Fixing policies (SLSA Members Area > Library > Governance > SLSA > Policy 5.1 1 & 5.02). Following the completion of each course, a completion certificate/email must be forwarded to Chiara Nowland cnowland@surflifesaving.com.au. SLSNSW have organised with SLSA to have these courses uploaded on to SurfGuard as an award. Once completed, the courses do not have to be completed again, unless there is an update in information from the organisations. If anyone has previously completed either course, proof must be sent through to Chiara in order to be recognised.

For further information regarding the courses please contact Chiara Nowland, Sports Development Officer (02) 9471 8028 or cnowland@surflifesaving.com.au

18. BEHAVIOUR/MISCONDUCT

Any misconduct while at the Championships will not be tolerated. This includes the days leading into competition and any official social activities following the conclusion of the Championship. Offending members risk disciplinary action against both themselves and their Clubs.

Parents or supporters are not allowed to assist competitors during the competition. Any breach of this policy may result in the disqualification of an athlete from the remainder of the competition and is at the discretion of the Referee.

Please refer to 35th (Revised) Surf Sports Manual sections 2.27 SLSA Code of Behaviour and 2.28 Abuse/Inappropriate Behaviour and the Policy 6.5 – Member Protection Policy (available online at Members Area > Library > Governance > Policy > SLSA > Policy 6.5).

19. PROTESTS

All protests shall be lodged with the appropriate Liaison Officer in each Area in accordance with the procedures set down in the current edition of the SLSA Surf Sports Manual and any subsequent bulletins, and shall identify the specific sections/clauses in the Competition Manual and or event rules upon which the protest is based.

Protest Forms are available from the Liaison Officer. An "Appeals Fee" of \$110.00 must accompany all documentation when the protest is officially submitted to the Appeals Committee for adjudication.

20. LAKE MACQUARIE

Lake Macquarie City Council is proud to welcome to the NSW Surf Life Saving Championships back to Blacksmiths Beach in 2019.

In Lake Macquarie, there is a wide range of accommodation on



Swansea Channel, Lake Macquarie



Lake Macquarie Visitor Guide and Map

offer for competitors, officials, family and friends, with an option to suit every taste and budget. Choose from holiday parks, self-contained holiday houses and cottages, hotels, motels and more.

Make the most of this opportunity and extend your stay in the area. Explore the Southern Hemisphere's largest coastal saltwater lake, over 30 kilometres of coastline and the breathtaking forests of the Watagan Mountains.

With a wealth of local knowledge and friendly service, Lake Macquarie Visitor Information Centre exists to help visitors make the most of their stay. View accommodation and destination information online at visitlakemac.com.au or freecall 1800 802 044 to order a free Lake Macquarie Visitor Guide and Map.

MASTERS AND OPEN CHAMPIONSHIPS ENTRY AND PAYMENT PROCESS

