

# Circular 3585

Released February 2019

## 2019 SLSNSW IRB Competition Development Clinics

- Attention:** Branch Directors of Surf Sports, Club Presidents, Club Secretaries, Club Competition Officers, Team Managers, Coaches and Competitors
- Actioned by:** Athletes and Coaches wishing to nominate for the 2019 SLSNSW IRB Competition Development Clinics.
- Date:** 21 February 2019
- Contact:** Chiara Nowland, Sports Officer  
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<b>Summary</b>	SLSNSW is calling for nominations from Athletes and Coaches wishing to attend the 2019 SLSNSW IRB Competition Development Clinics
<b>Action</b>	Complete the <a href="#">online nomination form</a> by the following due dates: <ul style="list-style-type: none"> <li>• Umina SLSC – Complete the online nomination form before 11pm <b>Sunday 10 March 2019</b></li> <li>• Thirroul SLSC – Complete the online nomination form before 11pm <b>Sunday 24 March 2019</b></li> </ul>

### Clinic Background:

Surf Life Saving NSW is calling for nominations from athletes and coaches wishing to further their development in IRB Competition by attending an IRB Development Clinic. IRB Development Clinics are part of the SLSNSW Athlete & Coach Development and High Performance Pathway. The clinics will provide athletes with the opportunity to be coached by some of NSW best IRB coaches and an opportunity for development coaches to gain a knowledge and understanding of what it takes to coach at an elite level. Following these clinics, information will be distributed regarding the IRB Interstate nomination and selections.

The clinic will start with theory around the rules, regulations, training techniques and building an IRB team followed by lunch before practical coaching and a training session.

### Key Target Group:

- Beginner to Intermediate IRB Drivers and Crew
- IRB Coaches
- New IRB competition Clubs

### Clinic Dates and Venues:

Session	Date	Time	Location	Target
North IRB Clinic	16 March	9:00 am	Umina SLSC	Coaches and Athletes
South IRB Clinic	30 March	9:00 am	Thirroul SLSC	Coaches and Athletes

### Selection Process and Notification:

Please note, **SLSNSW will be accepting all nominations unless otherwise stated** (due to clinic participants being at capacity). Crews that are not successful in gaining a place at the clinic/s will be notified immediately. With this, **please plan to attend your nominated clinic as soon as you submit your nomination.**

Both IRB Development Clinics are free of charge to attend. Further information regarding your nominated clinic will be distributed on the Monday prior to the clinic date.

All nominations must be endorsed by your Club; all nominees must be current financial members and proficient with their relevant awards. Any nomination that fails to meet these requirements will not be accepted. **Each attending club must bring their own IRB and motor to the clinic.**

IRB drivers and crew must have held their relevant award for minimum of 1 year.

For further information, please contact Chiara Nowland at SLSNSW on (02) 9471 8000 or email [cnowland@surflifesaving.com.au](mailto:cnowland@surflifesaving.com.au)