

# Junior Board Guide

SURF LIFE SAVING  
NEW SOUTH WALES



**Soft Nipper Board**  
(2.0m and no minimum weight)



**Composite Nipper Board**  
(2.0m and minimum 4.5kg)



**Full Length Composite**  
(3.2kg and minimum 7.6kg)

	Soft Nipper Board (2.0m and no minimum weight)	Composite Nipper Board (2.0m and minimum 4.5kg)	Full Length Composite (3.2kg and minimum 7.6kg)
U6 7	X	X	X
U8	✓ <i>Training only</i>	X	X
U9	✓	X	X
U10	✓	✓ <i>Only U/10s competing up in U/11 team events can use a soft or composite board</i>	X
U11	✓	✓	✓ <i>U/11s competing up in U/12 team events must use a full length composite board</i>
U12	✓	✓	X
U13	✓	✓	X <i>Only U/13s competing up in U/14 team events can (and must) use a full length composite board.</i>
U14	X	X	✓ <i>U/14 members and older must use a full length composite board</i>