



PAMBULA SURF LIFE SAVING CLUB

PO BOX 32 | PAMBULA | NSW | 2549

www.pambulasurf.org.au

PAMBULA SURF LIFE SAVING CLUB



SUP SURF BOAT SKI

CLUB TO PUB SURF BOAT AND SKI RACE ENTRY FORM

Pambula Beach to Merimbula Pub Jetty

September 21st 2019, 10 Km and 23 Km race all categories

8.00 am check in for a 9.30am start

(Please make sure payment is made prior to check in time or no race)

All competitors must wear SLSA approved high visibility vest Hi visibility caps will be provided for ski and sup paddlers Boat Crews

All boat crews will consist of five members from the entering club, who are eligible to compete under SLSA rules. No substitutions are permitted during the race, but any five of the crew may sweep or row as long as they satisfy the requirements for their age division. Rolling seats are permitted for the event. Crews "nudging" the sweep oar of the boat in front of them, will be warned once, and then will be penalised if the action continues at the discretion of the race referee. Crews must give each other turning room on the buoy turns. Channel markers within Merimbula Lake must be followed, or crews will be disqualified. Good manners boating etiquette should be followed at all times. Paddlers

Competitors must be 16 years of age.

All competitors are required to wear only Australian Standards PDF 1 or 2's; entrants will be required to wear appropriate clothing for all weather elements. Channel markers within Merimbula Lake must be followed **The race referee's decision is final.**

Ski Paddlers are not required to be Surf Life Saving Members

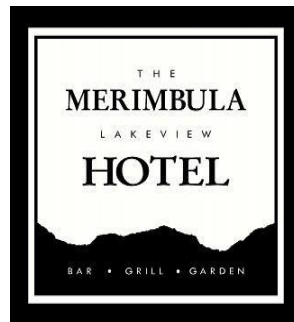
Men's crews and ski paddlers will start first. The race begins at the Pambula Surf Life Saving Club. Latest check in time will be 8.00am for a 9.30am race start. We hope to have personnel at the club to take late payments by 6.30am. All sweeps and paddlers must attend sweeps and paddlers briefing at 8.30am at club house.

The race finishes at the Merimbula Pub Jetty, where all craft will continue on to the boat ramp and loaded on to trailers. A debriefing will be held at the Lakeview Hotel (To be confirmed) directly adjacent to the Pub Jetty where food and refreshments will be available. Crews are expected to attend.

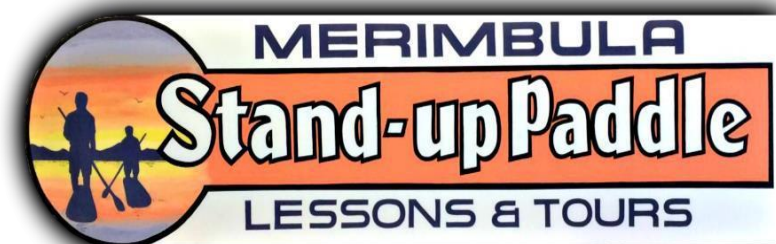
Presentations will continue at the Lakeview Hotel (to be confirmed) after the debriefing as the time and situation permits. Times will be decided on the day and an announcement will be made. Prizes will be awarded by lucky draw to give all participants a chance to receive a prize.

Participants must be in attendance at presentations to receive a prize.

(Lakeview Hotel participation is yet to be confirmed. Pambula Surf Club will be the alternative)



MITRE 10 TradeCentre



Discover Holiday Park Pambula Beach is offering a discount to competitors

Pambula SLSC

CLUB TO PUB SURF BOAT AND SKI RACE

ENTRY FORM

Each team to complete a separate form

Competition Fees (includes T-shirt for all and high vis cap paddlers)

All surf boat crews, \$125.00 per crew

All ski paddlers, \$30.00 per paddler Categories

Open Men's boat crew, Open Women's boat crew,

Veteran Men's boat crew, Veteran Women's boat crew,

Men's surf specs ski paddle, Women's Surf specs ski paddle

Men's non-Surf specs ski paddle, Women's non-Surf specs ski paddle

Men's Stand up paddle board, Women's Stand up paddle board

Please complete

CLUB: (Not compulsory)

ENTRY DIVISION (men's vets boat, women ski paddler surf specs, etc)

SURNAME	CHRISTIAN NAME	ROWER/SWEEP/PADDLER	T-Shirt Size

I declare that I/we have undertaken sufficient training and have acquired a level of fitness necessary to complete the race Signed _____ Print Name _____

Please make an effort to have entry forms at Pambula as soon as possible. Preferred payment method via www.surflifesavingonline.com.au Cheques and entry forms can be posted to Pambula Club to Pub, PO Box 32, Pambula, 2549, or alternatively emailed to cmbriggs@bigpond.net.au and payment made via direct deposit, to, Pambula Surf Life Saving Club, BSB 633-000, Acc no. 136251832 Please use reference **Club to Pub and your crews name** eg. Tathra men's boat, T. Jones paddler. Please call for further info. Chris Briggs 0427 646 550, cmbriggs@bigpond.net.au