

PERFORMANCE COACH FAQ'S

Is Development Coach a pre-requisite for Performance Coach?

- Yes, please note this award is aimed at coaches who are a specialist within their discipline. You must already hold a coaching accreditation in ALL disciplines you wish to be accredited as a Performance Coach in.

How long does the Development Coach accreditation last for?

- All courses are accredited for 4 years. You must reaccredit within 48 months.

How long will it take for me to complete the course?

- Each online learning module is designed to take approximately 45 minutes. There are 9 online modules to complete.
- The duration of the practical workshop is 2 days.
- Please note there may be some delay between your online course completion and date of the practical workshop.

What is the practical workshop?

- The practical workshop is a 2 day face-to-face workshop delivered by various sporting professionals; including top coaches, national and international touring team managers, sport scientists and sports psychologists.
- During the workshop, you will be exposed to informative talks, practical fitness testing, and coaching techniques. After successful completion, you will be signed off by an assessor.
- To ensure each attendee gets a worthwhile experience from the workshop, numbers will be capped and will be allocated on a first in first served bases. SLSNSW and SLSA have the right to select coaches to attend based on their experience and expertise also.

What if I can't attend the practical workshop?

- SLSNSW will run 2 workshops per year and completion is compulsory.
- If for any reason, you cannot attend either date that is set by SLSNSW, SLSNSW will record and make the workshop available via webinar post-workshop. Please note there will be a delay in posting the content online for your viewing, and this will also mean workbooks and other materials distributed throughout the workshop will need to be self-printed.
- Should you choose to complete the workshop online via webinar, you will be able to email any questions you have through to the relevant person, however responses may be delayed.

How is a Performance Coach related to an Assessor?

- Upon successful completion of the Performance Coach online course and practical workshop, coaches will also be allocated the award of assessor and mentor.
- There will be a session in the practical workshop on assessing and signing off upcoming coaches.

How much does it cost? How do I pay?

- \$165. Payment can be made with credit/debit card only. You will receive an invoice to your email address once payment has been processed. There is no extra cost for each elective
- Payment includes access to the online course, attendance to a 2 day practical workshop including all guest speakers and professionals, accommodation for one night and all printed materials.

I haven't received my receipt for my course. Where is it?

- All coaching courses are linked to SurfGuard, your receipt will be emailed to the email registered with SurfGuard. Please ensure you check your email is up to date, as well as checking your trash or spam folders.

I've got to the last slide, however it won't let me complete the course.

- Make sure that you have opened every slide in the course and that you have completed all the questions.