



Bulletin

Title: Rescue and Resuscitation Manual 28 th Edition 1998, 5 th Revised Edition July 2018
Document ID: Circular 33/18-21
Department: Sport
Audience: State Surf Sport Managers, Presidents, Secretaries, Competitors, Coaches and Officials
Summary: SLSA undertakes regular review of its resources to enhance its governing rules of its sport. This Bulletin promulgates changes.

BACKGROUND

The rules and procedures of SLSA's Two, Five and Six Person Rescue and Resuscitation events have been reviewed and SLSA now publishes an updated document titled "Rescue and Resuscitation Manual 28th Edition 1998, 6th Revised Edition July 2018" (R&R Manual).

SLSA acknowledges and thanks the members of the R&R Fraternity for their initiative, lead and input into the review process.

The objective of the review was to identify areas where drill procedures could be simplified, correct omissions and errors in the R&R Manual and to ensure, as far as practicable, that the resuscitation elements of the event are aligned with the SLSA training manual and lifesaving competition requirements.

The changes become effective immediately.

The updated R&R Manual is available for viewing and download from the Members' Area on the SLSA website.

SUMMARY OF CHANGES

5 PERSON AND 6 PERSON R&R EVENTS

- The deletion of the requirement for an assessment of the condition of the patient following the simulated clearing of the mouth and breathing assessment. This aligns R&R with the SLSA Training Manual and other Lifesaving Competition events.
- New provisions to outline the steps to be taken and the penalties involved if a team wheels at the wrong peg during the march-on.
- Clarification that the second linesman must leave the line to prevent their team's line from interfering with another team as well as a requirement for the linesman to return to their normal position in the event that interference of the other team is no longer an issue because of a change in circumstances.
- New provisions that allow team members to talk to one another during the pickup and the march out of the water with the patient to better safeguard the patient and members of the carrying party. No talking is permitted once the team leaves the water.
- Clarification that any assessments carried out on the patient must be for at least 5 seconds prior to giving any prescribed declarations.
- Amendments to the terminology used around and about the patient to ensure consistency with the SLSA Training Manual and other Lifesaving competition events e.g. reference is now to be made to "*Normal Breathing Present*" and "*lateral*" position rather than "*recovery*" position.
- Requirement for the ECC operator to position themselves over the patient to allow for vertical pressure when delivering simulated chest compressions.
- Requirement to position the right thigh of patient is at 90 degrees to the body when achieving the lateral position to achieve consistency with the SLSA Training Manual, the 2 Person R&R and other Lifesaving events.
- All resuscitation related deductions throughout the event are increased in value from 1 point to 2 points to better differentiate resuscitation deductions from basic drill deductions and to reinforce the event is focused on the rescue and resuscitation of a patient.
- Introduction of a new 10 point penalty if the beltman or rescue tube swimmer uses the buoy ropes to pull themselves along the buoy line to their team's allotted buoy.



- A range of minor amendments to delete obsolete provisions, correct omissions from previous manual reviews and to clarify existing drill requirements.
- Amendments to the deduction schedules and the judging cards to reflect the changes.

SPECIFIC CHANGES TO THE 6 PERSON R&R EVENT

- Procedures relating to the taking up of positions following the march on and front amended to bring the event in line with the approach adopted in the 5 Person event.
- Re-introduction of procedures relating to the lowering and lifting the rescue tube by No. 6 during the march on and march off which were omissions from a previous review.

CHANGES TO THE 2 PERSON R&R EVENT

- The deletion of the requirement for an assessment of the condition of the patient following the simulated clearing of the mouth and breathing assessment. This brings the event in line with Lifesaving competition events.
- New provisions to outline the steps to be taken and the penalties involved if a team wheels at the wrong peg during the march on.
- New provisions clarifying the positions of team members during the march on and directions to judges as to when deductions can be made.
- Clarification that any assessments carried out on the patient must be for at least 5 seconds prior to giving any prescribed declarations.
- Amendments to the terminology used around and about the patient to ensure consistency with the SLSA Training Manual and other Lifesaving competition events e.g. reference is now to be made to "*Normal Breathing Present*" and "*lateral*" position rather than "*recovery*" position.
- Requirement for the ECC operator to position him or herself over the patient to allow for vertical pressure when delivering simulated chest compressions.
- All resuscitation related deductions throughout the event increased in value from 1 point to 2 points to better differentiate resuscitation deductions from basic drill deductions.
- A range of minor amendments to delete obsolete provisions, correct omissions from previous manual reviews and to clarify existing drill requirements.
- Amendments to the deduction schedules and the judging cards to reflect the changes.

FURTHER INFORMATION

Should further information be required please contact the events team at:

events@slsa.asn.au

Surf Life Saving Australia

Level 1, 1 Notts Avenue

Bondi Beach NSW 2026

PO Box 7773

BONDI BEACH

Phone: (02) 9215 8000

Fax: (02) 9215 8180