



RESCUE OF THE MONTH.

JULY 2025

Club/Service: ALS Port Macquarie

Lifesavers and Lifeguards involved: Nicholas Rickwood, Ollie Hudson, James Turnham

At approximately 5.25PM on Wednesday 2 July 2025, members of the public and local surfers still at Town Beach in Port Macquarie became alarmed as a woman, described as slightly disoriented, entered the water at the breakwall end as light began to fade on the Mid North Coast.

As several surfers attempted to assist her, with little success, Australian Lifeguard Service lifeguard, Ollie Hudson entered the water on a rescue board and paddled out into the strong, outgoing tide.

Struggling to see the incident from the beach as darkness descended, Lifeguard Supervisor, James Turnham lit up the water with the ATV headlights and a member of the public did the same with their car, which they drove down onto the beach.

With further assistance from police, they were able to make out Ollie, three surfers and the woman who had gotten into distress all making their way back to shore. Upon returning her to the beach, she was transferred to the care of NSW Police and NSW Ambulance paramedics.

The thorough understanding of the dynamics of the rivermouth allowed for a successful rescue despite the conditions.

A stylized, handwritten signature in white ink.

Joel Wiseman
Director of Lifesaving
Surf Life Saving NSW

A stylized, handwritten signature in white ink.

Peter Agnew AM
President
Surf Life Saving NSW