

RESCUE OF THE MONTH.

SURF LIFE SAVING
NEW SOUTH WALES



OCTOBER 2025

Club/Service: Garie SLSC

Lifesavers and Lifeguards involved: Anthony Graham, Ash Arundell, Paul Wilson

At approximately 2.30pm on Friday 31 October 2025, Garie SLSC Life Member, Tony Graham and Sydney Branch Duty Officer, Ash Arundell were approached at the surf club by a member of the public advising of a potential incident unfolding involving a capsized kayak.

The pair observed a person in the water signalling for help, at which time Ash engaged with the recently installed Emergency Response Beacon to alert the Surf Life Saving NSW State Operations Centre (SOC).

While Ash spoke to State Duty Officers in the SOC and liaised with bystanders who knew the person in the water, Tony retrieved a rescue board from the club and entered the water to make his way out to the person in distress, successfully pulling a man onto his board and bringing him back to shore.

The pair assessed the man and determined the need for first aid – he was drifting in and out of consciousness and complaining of sternum pain – while the club's IRB Captain, Paul Wilson, who had been activated by the SOC to assist, arrived on scene and helped to administer oxygen.

The man was later handed over to NSW Ambulance paramedics and transported to hospital for further assessment.



A handwritten signature in black ink, reading 'Joel Wiseman'.

Joel Wiseman
Director of Lifesaving
Surf Life Saving NSW

A handwritten signature in black ink, reading 'Peter Agnew'.

Peter Agnew AM
President
Surf Life Saving NSW