

RESCUE OF THE MONTH.

SURF LIFE SAVING
NEW SOUTH WALES



SEPTEMBER 2025

Club/Service: Newport SLSC & Mona Vale SLSC

Lifesavers and Lifeguards involved: Melisse Cooper, Oliver Heys

At approximately 8AM on Wednesday 24 September 2025, a man collapsed on Barrenjoey Road in Newport on Sydney's Northern Beaches. He was unconscious and not breathing.

Newport SLSC member, Melisse Cooper was on scene and immediately began administering CPR, with the help of other members of the public.

At the same time, Australian UAV Service Chief Remote Pilot, Oliver Heys – a member of Mona Vale SLSC – was driving past and saw the incident unfolding. He pulled over and rushed to find the nearest defibrillator.

Once he had one, he joined Melisse, applied the defib pads, and delivered one shock before continuing CPR efforts. In a few minutes, the man began to breathe again, however he remained unconscious.

By this time NSW Ambulance had arrived, and one of the paramedics was also a Mona Vale surf club member. A clear and concise handover between Oliver and the paramedic allowed for the best care to be administered, and the man was placed in a medically induced coma before being transported to hospital.

The incident is a reminder that rescues don't just happen at the beach, and the training volunteer lifesavers receive can lead to lives saved all through the community.

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Joel Wiseman
Director of Lifesaving
Surf Life Saving NSW

A stylized, handwritten signature in white ink.

Peter Agnew AM
President
Surf Life Saving NSW