

RESCUE OF THE MONTH.

AUGUST 2021

Club: Coogee SLSC

Lifesavers and Lifeguards involved: Jodie King, Toni Darben

Two Coogee SLSC members have proven that, even outside of their patrolling hours, lifesavers are always on duty following an important rescue in the early hours of a Sunday morning, 29 of August 2021.

Toni Darben, 52 and Jodie King, 47 were out getting exercise with their weekly swim when they noticed a distressed woman in the water, acting quickly to ensure she would make it back to shore safely – a rescue which has been recognised by Surf Life Saving NSW as the Rescue of the Month.

Indeed, the choppy conditions had deterred Toni and Jodie from swimming their normal route, instead opting to do laps back and forth across the bay.

It would prove fortuitous, and so too would Toni and Jodie's decision to stay and complete a few extra laps after their friends had stopped.

The pair found the woman very tired, stressed and caught in the break zone of some big swell. They swam her to safer waters and began to calm her down.

Realising the conditions were not made to return to shore from where they were, Toni, Jodie and the woman waved down lifeguards who were further down the beach monitoring the flags.

Having helped the woman to swim to the calmer north end of the bay, lifeguards were able to assist in bringing her safely in to shore and ensuring a happy end to a story that could have gone so differently.



SURF LIFE SAVING
NEW SOUTH WALES



Joel Wiseman
Director of Lifesaving
Surf Life Saving NSW

George Shales OAM
President
Surf Life Saving NSW