

Pool Setters Roster

#	Event	Age	Gender	Volunteers Required	Club
-	Set up - Obstacle Race	-	-		
1	200m Obstacle Race	U15	Male	8	Terrigal (3) Wanda (2) Swansea Belmont (2) Cooks Hill (1)
2	200m Obstacle Race	U15	Female		
3	200m Obstacle Race	U14	Male		
4	200m Obstacle Race	U14	Female		
5	100m Obstacle Race	U13	Male		
6	100m Obstacle Race	U13	Female		
7	100m Obstacle Race	U12	Male		
8	100m Obstacle Race	U12	Female		
9	50m Obstacle Race	U11	Male		
10	50m Obstacle Race	U11	Female		
11	4 x 50m Obstacle Relay Race	U14/U15	Male		
12	4 x 50m Obstacle Relay Race	U14/U15	Female		
13	4 x 50m Obstacle Relay Race	U12/U13	Male		
14	4 x 50m Obstacle Relay Race	U12/U13	Female		
15	4 x 50m Obstacle Relay Race	U11	Mixed		
-	Set Up - Manikin and Brick Carry	-	-	8	Wanda (2) Bulli (2) Swansea Belmont (2) Warilla (2)
16	50m Manikin Carry	U15	Male		
17	50m Manikin Carry	U15	Female		
18	50m Manikin Carry	U14	Male		
19	50m Manikin Carry	U14	Female		
20	50m Brick Carry	U13	Male		
21	50m Brick Carry	U13	Female		

22	50m Brick Carry	U12	Male		
23	50m Brick Carry	U12	Female		
24	50m Brick Carry	U11	Male		
25	50m Brick Carry	U11	Female		
-	Set Up - Manikin Relay	-	-	2	Terrigal (2)
26	4 x 25m Manikin Relay	U14/U15	Male		
27	4 x 25m Manikin Relay	U14/U15	Female		
28	4 x 25m Brick Relay	U12/U13	Male		
29	4 x 25m Brick Relay	U12/U13	Female		
30	4 x 25m Brick Relay	U11	Mixed		
-	Set Up - Manikin Tow	-	-	2	Warilla (2)
31	100m Manikin Tow with Fins	U15	Male		
32	100m Manikin Tow with Fins	U15	Female		
33	100m Manikin Tow with Fins	U14	Male		
34	100m Manikin Tow with Fins	U14	Female		
35	100m Patient Tow with Fins	U12-13	Male		
36	100m Patient Tow with Fins	U12-13	Female	6	Bulli (2) North Avoca (2) North Bondi (1) North Curl Curl (1)
-	Set Up - Manikin Carry with Fins	-	-		
37	100m Manikin Carry with Fins	U15	Male		
38	100m Manikin Carry with Fins	U15	Female		
-	Set Up - Rescue Medley	-	-	2	Terrigal (2)
39	4 x 50m Medley Relay	U14/U15	Male		
40	4 x 50m Medley Relay	U14/U15	Female		
41	4 x 50m Medley Relay	U12/U13	Male		
42	4 x 50m Medley Relay	U12/U13	Female		
43	4 x 50m Medley Relay	U11	Mixed		
44	50m Freestyle - with fins	U15	Male		
45	50m Freestyle - with fins	U15	Female		
46	50m Freestyle - with fins	U14	Male		
47	50m Freestyle - with fins	U14	Female		
48	50m Freestyle - with fins	U13	Male		

49	50m Freestyle - with fins	U13	Female		
50	50m Freestyle - with fins	U12	Male		
51	50m Freestyle - with fins	U12	Female		
52	50m Freestyle - with fins	U11	Male		
53	50m Freestyle - with fins	U11	Female		
-	Set Up - Line Throw 10m	-	-		
54	Line Throw - 10 metres	U14	Male		
55	Line Throw - 10 metres	U14	Female		
56	Line Throw - 10 metres	U13	Male		
57	Line Throw - 10 metres	U13	Female		
58	Line Throw - 10 metres	U12	Male		
59	Line Throw - 10 metres	U12	Female		
60	Line Throw - 10 metres	U11	Male		
61	Line Throw - 10 metres	U11	Female		
-	Set Up - Line Throw 12.5m	-			
62	Line Throw – 12.5 mark	U15	Male		
63	Line Throw – 12.5 mark	U15	Female	5	Newport (2) Avoca (2) MacMasters (1)
-	Day 1 Packdown	-	-		

Day 2					
64	Line Throw – 12.5 metres	Open	Male	3	Umina (2) Bondi (1)
65	Line Throw – 12.5 metres	Open	Female		
66	Line Throw – 12.5 mark	U19	Male		
67	Line Throw – 12.5 mark	U19	Female		
68	Line Throw – 12.5 mark	U17	Male		
69	Line Throw – 12.5 mark	U17	Female		
70	Line Throw – 12.5 mark	30-39	Male		
71	Line Throw – 12.5 mark	30-39	Female		
72	Line Throw – 12.5 mark	40-49	Male		
73	Line Throw – 12.5 mark	40-49	Female		
74	Line Throw – 12.5 mark	50-59	Male		
75	Line Throw – 12.5 mark	50-59	Female		
76	Line Throw – 12.5 mark	60+	Male		
77	Line Throw – 12.5 mark	60+	Female		
-	Set up - Obstacle Race	-	-		
78	200m Obstacle Race	Open	Male	4	Bondi (2) Umina (2)
79	200m Obstacle Race	Open	Female		
80	200m Obstacle Race	U19	Male		
81	200m Obstacle Race	U19	Female		
82	200m Obstacle Race	U17	Male		
83	200m Obstacle Race	U17	Female		
84	200m Obstacle Race	30-39	Male		
85	200m Obstacle Race	30-39	Female		
86	200m Obstacle Race	40-49	Male		
87	200m Obstacle Race	40-49	Female		
88	200m Obstacle Race	50-59	Male		
89	200m Obstacle Race	50-59	Female		
90	100m Obstacle Race	60+	Male		
91	100m Obstacle Race	60+	Female		
92	4 x 50m Obstacle Relay Race	Open	Male		

93	4 x 50m Obstacle Relay Race	Open	Female		
94	4 x 50m Obstacle Relay Race	U17/U19	Male		
95	4 x 50m Obstacle Relay Race	U17/U19	Female		
-	Set Up - Super Lifesaver	-	-		
96	200m Super Lifesaver	Open	Male		
97	200m Super Lifesaver	Open	Female		
98	200m Super Lifesaver	U19	Male		
99	200m Super Lifesaver	U19	Female		
100	200m Super Lifesaver	U17	Male		
101	200m Super Lifesaver	U17	Female	8	Umina (2) Elouera (2) Bondi (2) Avoca (1) Redhead (1)
-	Set Up – Manikin Carry	-	-		
102	50m Manikin Carry	Open	Male		
103	50m Manikin Carry	Open	Female		
104	50m Manikin Carry	U19	Male		
105	50m Manikin Carry	U19	Female		
106	50m Manikin Carry	U17	Male		
107	50m Manikin Carry	U17	Female		
108	50m Manikin Carry	30-39	Male	8	Shelly Beach (2) Umina (2) Elouera (2) Bondi (2)
109	50m Manikin Carry	30-39	Female		
110	50m Manikin Carry	40-49	Male		
111	50m Manikin Carry	40-49	Female		
112	50m Manikin Carry	50-59	Male		
113	50m Manikin Carry	50-59	Female		
114	50m Manikin Carry	60+	Male		
115	50m Manikin Carry	60+	Male		
-	Set Up - Manikin Relay	-	-		
116	4 x 25m Manikin Relay	Open	Male		
117	4 x 25m Manikin Relay	Open	Female		
118	4 x 25m Manikin Relay	U17/U19	Male		
119	4 x 25m Manikin Relay	U17/U19	Female	2	Redhead (1) Cronulla (1)
-	Set Up - Manikin Tow	-	-		

120	100m Manikin Tow with Fins	Open	Male	2	Cronulla (1) Newport (1)
121	100m Manikin Tow with Fins	Open	Female		
122	100m Manikin Tow with Fins	U19	Male		
123	100m Manikin Tow with Fins	U19	Female		
124	100m Manikin Tow with Fins	U17	Male		
125	100m Manikin Tow with Fins	U17	Female		
126	100m Manikin Tow with Fins	30-39	Male		
127	100m Manikin Tow with Fins	30-39	Female		
128	100m Manikin Tow with Fins	40-49	Male		
129	100m Manikin Tow with Fins	40-49	Female		
130	100m Manikin Tow with Fins	50-59	Male		
120	100m Manikin Tow with Fins	Open	Male		
121	100m Manikin Tow with Fins	Open	Female		
122	100m Manikin Tow with Fins	U19	Male		
123	100m Manikin Tow with Fins	U19	Female		
124	100m Manikin Tow with Fins	U17	Male		
125	100m Manikin Tow with Fins	U17	Female		
126	100m Manikin Tow with Fins	30-39	Male		
127	100m Manikin Tow with Fins	30-39	Female		
128	100m Manikin Tow with Fins	40-49	Male		
129	100m Manikin Tow with Fins	40-49	Female		
130	100m Manikin Tow with Fins	50-59	Male		
131	100m Manikin Tow with Fins	50-59	Female		
132	100m Manikin Tow with Fins	60+	Male		
133	100m Manikin Tow with Fins	60+	Female		
	Set Up – Manikin Carry			6	Bondi (2) Cronulla (1) Newport (1) Shelly Beach (1) Umina (1)
134	100m Manikin Carry with Fins	Open	Male		
135	100m Manikin Carry with Fins	Open	Female		
136	100m Manikin Carry with Fins	U19	Male		
137	100m Manikin Carry with Fins	U19	Female		
138	100m Manikin Carry with Fins	U17	Male		

139	100m Manikin Carry with Fins	U17	Female		
140	100m Manikin Carry with Fins	30-39	Male		
141	100m Manikin Carry with Fins	30-39	Female		
142	100m Manikin Carry with Fins	40-49	Male		
143	100m Manikin Carry with Fins	40-49	Female		
144	100m Manikin Carry with Fins	50-59	Male		
145	100m Manikin Carry with Fins	50-59	Female		
146	100m Manikin Carry with Fins	60+	Male		
147	100m Manikin Carry with Fins	60+	Female		
	Set Up - Rescue Medley				
148	100m Rescue Medley	Open	Male		
149	100m Rescue Medley	Open	Female		
150	100m Rescue Medley	U19	Male		
151	100m Rescue Medley	U19	Female		
152	100m Rescue Medley	U17	Male		
153	100m Rescue Medley	U17	Female	8	Bondi (2) Shelly Beach (2) Umina (2) Terrigal (1) Elouera (1)
154	4 x 50m Medley Relay	Open	Male		
155	4 x 50m Medley Relay	Open	Female		
156	4 x 50m Medley Relay	U17/U19	Male		
157	4 x 50m Medley Relay	U17/U19	Female		
158	50m Freestyle - with fins	Open	Male		
159	50m Freestyle - with fins	Open	Female		
160	50m Freestyle - with fins	U19	Male		
161	50m Freestyle - with fins	U19	Female		
162	50m Freestyle - with fins	U17	Male		
163	50m Freestyle - with fins	U17	Female		
164	50m Freestyle - without fins	Open	Male		
165	50m Freestyle - without fins	Open	Female	2	Terrigal (1) Avoca (1)
-	Additional Rescue Medley	-	-		
TBA	100m Rescue Medley	U15	Male		
TBA	100m Rescue Medley	U15	Female	8*	*

-	Additional Super Lifesaver	-	-		
TBA	200m Super Lifesaver	U15	Male		
TBA	200m Super Lifesaver	U15	Female	8*	*

*Pool setters for Additional Events will be announced at a later date