

2019 NSW Age Surf Life Saving Championships – Proudly Supported by Your Local Club

Timetable – Friday 1 March (as at 26/10/2018)

Under 14's	Under 13's	Under 12's	Under 11's	Under 10's	Under 9's
7.30am Report	7.30am Report	7.30am Report	7.30am Report	7.30am Report	7.30am Report
Iron Woman (QF)	Iron Woman (QF)	Iron Woman (QF)	Iron Woman (QF)	Female Surf Race (H)	Male Surf Race (H)
Iron Man (QF)	Iron Man (QF)	Iron Man (QF)	Iron Man (QF)	Male Surf Race (H)	Female Surf Race (H)
Iron Woman (SF)	Iron Woman (SF)	Iron Woman (SF)	Iron Woman (SF)	Female Surf Race (QF)	Male Surf Race (QF)
Iron Man (SF)	Iron Man (SF)	Iron Man (SF)	Iron Man (SF)	Male Surf Race (QF)	Female Surf Race (QF)
Female Board Race (H)	Female Board Race (H)	Female Board Race (H)	Female Board Race (H)	Female Board Relay (QF)	Male Board Relay (QF)
Male Board Race (H)	Male Board Race (H)	Male Board Race (H)	Male Board Race (H)	Male Board Relay (QF)	Female Board Relay (QF)
Female Board Race (R2)	Female Board Race (R2)	Female Board Race (R2)	Female Board Race (R2)	Female Surf Race (SF)	Male Surf Race (SF)
Male Board Race (R2)	Male Board Race (R2)	Male Board Race (R2)	Male Board Race (R2)	Male Surf Race (SF)	Female Surf Race (SF)
Female Surf Race (QF)	Female Surf Race (QF)	Female Surf Race (QF)	Female Surf Race (QF)	Female Board Relay (SF)	Male Board Relay (SF)
Male Surf Race (QF)	Male Surf Race (QF)	Male Surf Race (QF)	Male Surf Race (QF)	Male Board Relay (SF)	Female Board Relay (SF)
Female Board Race (QF)	Female Board Race (QF)	Female Board Race (QF)	Female Board Race (QF)	Female Board Relay (F)	Male Board Relay (F)
Male Board Race (QF)	Male Board Race (QF)	Male Board Race (QF)	Male Board Race (QF)	Male Board Relay (F)	Female Board Relay (F)
Female Surf Race (SF)	Female Surf Race (SF)	Female Surf Race (SF)	Female Surf Race (SF)	Female Surf Race (F)	Male Surf Race F
Male Surf Race (SF)	Male Surf Race (SF)	Male Surf Race (SF)	Male Surf Race (SF)	Male Surf Race F	Female Surf Race (F)
Female Board Race (SF)	Female Board Race (SF)	Female Board Race (SF)	Female Board Race (SF)		
Male Board Race (SF)	Male Board Race (SF)	Male Board Race (SF)	Male Board Race (SF)		

2019 NSW Age Surf Life Saving Championships – Proudly Supported by Your Local Club

Timetable – Friday 1 March (as at 26/10/2018)

Beach 1- Report 8am	Beach 2 - Report 8am	Beach 3 - Report 8am
U12 & U14	U10 & U11	U9 & U13
U/12 F Flags (H)	U/10 F Flags (H)	U/9 F Flags (H)
U/12 F Flags (QF)	U/10 F Flags (QF)	U/9 F Flags (QF)
U/12 F Flags (SF)	U/10 F Flags (SF)	U/9 F Flags (SF)
U/12 F Flags (F)	U/10 F Flags (F)	U/9 F Flags (F)
U/12 M Flags (H)	U/10 M Flags (H)	U/9 M Flags (H)
U/12 M Flags (QF)	U/10 M Flags (QF)	U/9 M Flags (QF)
U/12 M Flags (SF)	U/10 M Flags (SF)	U/9 M Flags (SF)
U/12 M Flags (F)	U/10 M Flags (F)	U/9 M Flags (F)
U/14 F Flags (H)	U/11 F Flags (H)	U/13 F Flags (H)
U/14 F Flags (QF)	U/11 F Flags (QF)	U/13 F Flags (QF)
U/14 F Flags (SF)	U/11 F Flags (SF)	U/13 F Flags (SF)
U/14 F Flags (F)	U/11 F Flags (F)	U/13 F Flags (F)
U/14 M Flags (H)	U/11 M Flags (H)	U/13 M Flags (H)
U/14 M Flags (QF)	U/11 M Flags (QF)	U/13 M Flags (QF)
U/14 M Flags (SF)	U/11 M Flags(SF)	U/13 M Flags (SF)
U/14 M Flags (F)	U/11 M Flags (F)	U/13 M Flags (F)
Beach Run – Report 3pm for a 3.30pm start		
1km Beach Run - U/11, U/12 & U/13		
2km Beach Run - U/14		

2019 NSW Age Surf Life Saving Championships – Proudly Supported by Your Local Club

Timetable – Saturday 2 March (as at 26/10/2018)

Under 14's	Under 13's	Under 12's	Under 11's	Under 10's	Under 9's
7.30am Report	7.30am Report	7.30am Report	7.30am Report	7.30am Report	7.30am Report
Female Board Relay (QF)	Male Surf Team (SF)	Female Board Relay (QF)	Male Surf Team (SF)	Female Board Race (H)	Male Board Race (H)
Male Board Relay (QF)	Female Surf Team (SF)	Male Board Relay (QF)	Female Surf Team (SF)	Male Board Race (H)	Female Board Race (H)
Female Board Relay (SF)	Male Surf Team (F)	Female Board Relay (SF)	Male Surf Team (F)	Female Board Race (R2)	Male Board Race (R2)
Male Board Relay (SF)	Female Surf Team (F)	Male Board Relay (SF)	Female Surf Team (F)	Male Board Race (R2)	Female Board Race (R2)
Female Board Relay (F)	Cameron Relay (QF)	Female Board Relay (F)	Male Board Relay (QF)	Female Board Race (QF)	Male Board Race (QF)
Male Board Relay (F)	Cameron Relay (SF)	Male Board Relay (F)	Female Board Relay (QF)	Male Board Race (QF)	Female Board Race (QF)
Cameron Relay (QF)	Male Board Rescue (H)	Cameron Relay (QF)	Male Board Relay (SF)	Female Board Race (SF)	Male Board Race (SF)
Cameron Relay (SF)	Female Board Rescue (H)	Cameron Relay (SF)	Female Board Relay (SF)	Male Board Race (SF)	Female Board Race (SF)
Female Surf Team (SF)	Male Board Rescue (QF)	Female Surf Team (SF)	Male Board Relay (F)	Female Surf Teams (QF)	Male Surf Teams (QF)
Male Surf Team (SF)	Female Board Rescue (QF)	Male Surf Team (SF)	Female Board Relay (F)	Male Surf Teams (QF)	Female Surf Teams (QF)
Female Surf Team (F)	Male Board Rescue (SF)	Female Surf Team (F)	Male Board Rescue (H)	Female Surf Teams (SF)	Male Surf Teams (SF)
Male Surf Team (F)	Female Board Rescue (SF)	Male Surf Team (F)	Female Board Rescue (H)	Male Surf Teams (SF)	Female Surf Teams (SF)
Female Board Rescue (H)	Male Board Rescue (F)	Female Board Rescue (H)	Male Board Rescue (QF)	Female Surf Teams (F)	Male Surf Teams (F)
Male Board Rescue (H)	Female Board Rescue (F)	Male Board Rescue (H)	Female Board Rescue (QF)	Male Surf Teams (F)	Female Surf Teams (F)
Female Board Rescue (QF)	Male Board Relay (QF)	Female Board Rescue (QF)	Male Board Rescue (SF)	Female Board Race (F)	Male Board Race (F)
Male Board Rescue (QF)	Female Board Relay (QF)	Male Board Rescue (QF)	Female Board Rescue (SF)	Male Board Race (F)	Female Board Race (F)
Female Board Rescue (SF)	Male Board Relay (SF)	Female Board Rescue (SF)	Male Board Rescue (F)		
Male Board Rescue (SF)	Female Board Relay (SF)	Male Board Rescue (SF)	Female Board Rescue (F)		
Female Board Rescue (F)	Male Board Relay (F)	Female Board Rescue (F)	Cameron Relay (QF)		
Male Board Rescue (F)	Female Board Relay (F)	Male Board Rescue (F)	Cameron Relay (SF)		

2019 NSW Age Surf Life Saving Championships – Proudly Supported by Your Local Club

Timetable – Saturday 2 March (as at 26/10/2018)

R&R	Beach 1 – Report 8am	Beach 2 – Report 730am	Beach 3 – Report 8am
Report 830am	U12 & U14	U10 & U11	U9 & U13
2 Person R&R – U10 - U11		All Age Relay (H)	
2 Person R&R – U12 - U13		All Age Relay (SF)	
5 Person R&R – U12 - U14	U/12 F Sprint (H)	U/10 F Sprint (H)	U/9 F Sprint (H)
	U/12 F Sprint (QF)	U/10 F Sprint (QF)	U/9 F Sprint (QF)
	U/12 F Sprint (SF)	U/10 F Sprint (SF)	U/9 F Sprint (SF)
	U/12 F Beach Relay (H)	U/10 F Beach Relay (H)	U/9 F Beach Relay (H)
	U/12 F Beach Relay (QF)	U/10 F Beach Relay (QF)	U/9 F Beach Relay (QF)
	U/12 F Beach Relay (SF)	U/10 F Beach Relay (SF)	U/9 F Beach Relay (SF)
	U/12 F Beach Relay (F)	U/10 F Beach Relay (F)	U/9 F Beach Relay (F)
	U/12 Mixed Beach Relay (H)	U/10 Mixed Beach Relay (H)	U/9 Mixed Beach Relay (H)
	U/12 Mixed Beach Relay (QF)	U/10 Mixed Beach Relay (QF)	U/9 Mixed Beach Relay (QF)
	U/12 Mixed Beach Relay (SF)	U/10 Mixed Beach Relay (SF)	U/9 Mixed Beach Relay (SF)
	U/12 M Sprint (H)	U/10 M Sprint (H)	U/9 M Sprint (H)
	U/12 M Sprint (QF)	U/10 M Sprint (QF)	U/9 M Sprint (QF)
	U/12 M Sprint (SF)	U/10 M Sprint (SF)	U/9 M Sprint (SF)
	U/12 M Beach Relay (H)	U/10 M Beach Relay (H)	U/9 M Beach Relay (H)
	U/12 M Beach Relay (QF)	U/10 M Beach Relay (QF)	U/9 M Beach Relay (QF)
	U/12 M Beach Relay (SF)	U/10 M Beach Relay (SF)	U/9 M Beach Relay (SF)
	U/12 M Beach Relay (F)	U/10 M Beach Relay (F)	U/9 M Beach Relay (F)
	U/14 F Sprint (H)	U/11 F Sprint (H)	U/13 F Sprint (H)
	U/14 F Sprint (QF)	U/11 F Sprint (QF)	U/13 F Sprint (QF)

	U/14 F Sprint (SF)	U/11 F Sprint (SF)	U/13 F Sprint (SF)
	U/14 F Beach Relay (H)	U/11 F Beach Relay (H)	U/13 F Beach Relay (H)
	U/14 F Beach Relay (QF)	U/11 F Beach Relay (QF)	U/13 F Beach Relay (QF)
	U/14 F Beach Relay (SF)	U/11 F Beach Relay (SF)	U/13 F Beach Relay (SF)
	U/14 F Beach Relay (F)	U/11 F Beach Relay (F)	U/13 F Beach Relay (F)
	U/14 Mixed Beach Relay (H)	U/11 Mixed Beach Relay (H)	U/13 Mixed Beach Relay (H)
	U/14 Mixed Beach Relay (QF)	U/11 Mixed Beach Relay (QF)	U/13 Mixed Beach Relay (QF)
	U/14 Mixed Beach Relay (SF)	U/11 Mixed Beach Relay (SF)	U/13 Mixed Beach Relay (SF)
	U/14 M Sprint (H)	U/11 M Sprint (H)	U/13 M Sprint (H)
	U/14 M Sprint (QF)	U/11 M Sprint (QF)	U/13 M Sprint (QF)
	U/14 M Sprint (SF)	U/11 M Sprint (SF)	U/13 M Sprint (SF)
	U/14 M Beach Relay (H)	U/11 M Beach Relay (H)	U/13 M Beach Relay (H)
	U/14 M Beach Relay (QF)	U/11 M Beach Relay (QF)	U/13 M Beach Relay (QF)
	U/14 M Beach Relay (SF)	U/11 M Beach Relay (SF)	U/13 M Beach Relay (SF)
	U/14 M Beach Relay (F)	U/11 M Beach Relay (F)	U/13 M Beach Relay (F)

2019 NSW Age Surf Life Saving Championships – Proudly Supported by Your Local Club

Timetable – Sunday 3 March (as at 26/10/2018)

Area 1	Area 2	Beach
Report 8.30am. 9am Start	Report 8.30am. 9am Start	Beach
U/13 F Surf (F)	U/11 F Surf (F)	March Past – Report 8am. 830am start
U/13 M Surf (F)	U/11 M Surf (F)	Beach Finals – Report 830am. 9am start
U/14 F Surf (F)	U/12 F Surf (F)	U/9 M Sprint (F)
U/14 M Surf (F)	U/12 M Surf (F)	U/9 F Sprint (F)
U/13 F Board (F)	U/11 F Board (F)	U/10 M Sprint (F)
U/13 M Board (F)	U/11 M Board (F)	U/10 F Sprint (F)
U/14 F Board (F)	U/12 F Board (F)	U/11 M Sprint (F)
U/14 M Board (F)	U/12 M Board (F)	U/11 F Sprint (F)
U/13 Ironwoman (F)	U/11 Ironwoman (F)	U/12 M Sprint (F)
U/13 Ironman (F)	U/11 Ironman (F)	U/12 F Sprint (F)
U/14 Ironwoman (F)	U/12 Ironwoman (F)	U/13 M Sprint (F)
U/14 Ironman (F)	U/12 Ironman (F)	U/13 F Sprint (F)
U/13 Cameron Relay (F)	U/12 Cameron Relay (F)	U/14 M Sprint (F)
U/14 Cameron relay (F)	U/11 Cameron Relay (F)	U/14 F Sprint (F)
All Age Board Relay (F)		U/9 Mixed Beach Relay (F)
Inclusive Events Area		U/10 Mixed Beach Relay (F)
Report 8.30am. 9am Start		U/11 Mixed Beach Relay (F)
Surf Race		U/12 Mixed Beach Relay (F)
Board Race		U/13 Mixed Beach Relay (F)
Beach Sprints		U/14 Mixed Beach Relay (F)
Beach Flags		All Age Relay (F)