2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club Timetable - Wednesday 6 March 2019 (as at 26/10/18)

30-39 years	40-49 years	50-59 years	60 years plus	BEACH ARENA
Male / Female	Male/Female	Male/Female	Male/Female	9.15am report 9.30am Start
9.30am Report. 10am Start	70+ Male / Female Beach Run (1km)			
30-34 Male Ski	40-44 Male Ski	50-54 Male Ski	70+ Male Ski	65-69 Male / Female Beach Run (1km)
30-34 Female Ski	40-44 Female Ski	50-54 Female Ski	70+ Female Ski	60-64 Male / Female Beach Run (1km)
35-39 Male Ski	45-49 Male Ski	55-59 Male Ski	65-69 Male Ski	55-59 Male / Female Beach Run (2km)
35-39 Female Ski	45-49 Female Ski	55-59 Female Ski	65-69 Female Ski	50-54 Male/ Female Beach Run (2km)
			60-64 Male Ski	45-49 Male / Female Beach Run (2km)
30-34 Male Board	40-44 Male Board	50-54 Male Board	60-64 Female Ski	40-44 Male / Female Beach Run (2km)
30-34 Female Board	40-44 Female Board	50-54 Female Board		35-39 Male / Female Beach Run (2km)
35-39 Male Board	45-49 Male Board	55-59 Male Board	70+ Male Board	30-34 Male / Female Beach Run (2km)
35-39 Female Board	45-49 Female Board	55-59 Female Board	70+ Female Board	
			65-69 Male Board	70+ Male / Female Beach Sprints
30-34 Male Surf Race	40-44 Male Surf Race	50-54 Male Surf Race	65-69 Female Board	65-69 Male / Female Beach Sprints
30-34 Female Surf Race	40-44 Female Surf Race	50-54 Female Surf Race	60-64 Male Board	60-64 Male / Female Beach Sprints
35-39 Male Surf Race	45-49 Male Surf Race	55-59 Male Surf Race	60-64 Female Board	55-59 Male / Female Beach Sprints
35-39 Female Surf Race	45-49 Female Surf Race	55-59 Female Surf Race		50-54 Male/ Female Beach Sprints
			70+ Male Surf Race	45-49 Male / Female Beach Sprints
30-34 Ironman	40-44 Ironman	50-54 Ironman	70+ Female Surf Race	40-44 Male / Female Beach Sprints
30-34 Ironwoman	40-44 Ironwoman	50-54 Ironwoman	65-59 Male Surf Race	35-39 Male / Female Beach Sprints
35-39 Ironman	45-49 Ironman	55-59 Ironman	65-59 Female Surf Race	30-34 Male / Female Beach Sprints
35-39 Ironwoman	45-49 Ironwoman	55–59 Ironwoman	60-64 Male Surf Race	
			60-64 Female Surf Race	230 Female Relay
				230 Male Relay
				200 Female Relay
				200 Male Relay

2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club

	Tillie	etable - Wednesday 6 March 201	15 (as at 20/10/10)		
30-39 years	40-49 years	50-59 years	60 years plus	DEACH ADENIA	
Male / Female	Male/Female	Male/Female	Male/Female	BEACH ARENA	
30-34 Male Tube Race	40-44 Male Tube Race	50-54 Male Tube Race	70+ Ironman	170 Female Relay	
30-34 Female Tube Race	40-44 Female Tube Race	50-54 Female Tube Race	70+ Ironwoman	170 Male Relay	
35-39 Male Tube Race	45-49 Male Tube Race	55-59 Male Tube Race	65-69 Ironman	140 Female Relay	
35-39 Female Tube Race	45-49 Female Tube Race	55-59 Female Tube Race	65-69 Ironwoman	140 Male Relay	
			60-64 Ironman		
			60-64 Ironwoman	70+ Male / Female Beach Flags	
				65-69 Male / Female Beach Flags	
			70 + Male Tube Race	60-64 Male / Female Beach Flags	
			70 + Female Tube Race	55-59 Male / Female Beach Flags	
			65-69 Male Tube Race	50-54 Male/ Female Beach Flags	
			65-69 Female Tube Race	45-49 Male / Female Beach Flags	
			60-64 Male Tube Race	40-44 Male / Female Beach Flags	
			60-64 Female Tube Race	35-39 Male / Female Beach Flags	
				30-34 Male / Female Beach Flags	

2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club Timetable – Thursday 7 March 2019 (as at 26/10/18)

	Timetable	Titulisuay / Watch 2015 (as at 20)		
110 Years Area 1	130 Years Area 2	150 Years Area 3	170 Years Area 4	BEACH ARENA
Male / Female	Male/Female	Male/Female	Male / Female	BEACH ARENA
7.30am Report. 8am Start	7.30am Report. 8am Start	7.30am Report. 8am Start	7.30am Report. 8am Start	
110 Male Taplin Relay	130 Male Taplin Relay	150 Male Taplin Relay	170 + Male Taplin Relay	AREA HELD OVER FOR EVENTS
110 Female Taplin Relay	130 Female Taplin Relay	150 Female Taplin Relay	170 + Female Taplin Relay	NOT CONCLUDED
				ON WEDNESDAY
110 Male Board Relay	130 Male Board Relay	150 Male Board Relay	170 + Male Board Relay	
110 Female Board Relay	130 Female Board Relay	150 Female Board Relay	170 + Female Board Relay	
110 Male Surf Teams	130 Male Surf Teams	150 Male Surf Teams	170 + Male Surf Teams	
110 Female Surf Teams	130 Female Surf Teams	150 Female Surf Teams	170 + Female Surf Teams	
110 Male Ski Relay	130 Male Ski Relay	150 Male Ski Relay	170 + Male Ski Relay	
110 Female Ski Relay	130 Female Ski Relay	150 Female Ski Relay	170 + Female Ski Relay	
30-34 Male Board Rescue	50-54 Male Board Rescue	45-49 Male Double Ski	60-64 Male Double Ski	
30-34 Female Board Rescue	50-54 Female Board Rescue	45-49 Female Double Ski	60-64 Female Double Ski	
35-39 Male Board Rescue	55-59 Male Board Rescue	40-44 Male Double Ski	65-69 Male Double Ski	
35-39 Female Board Rescue	55-59 Female Board Rescue	40-44 Female Double Ski	65-69 Female Double Ski	
40-44 Male Board Rescue	60-64 Male Board Rescue	35-39 Male Double Ski	70+ Male Double Ski	
40-44 Female Board Rescue	60-64 Female Board Rescue	35-39 Female Double Ski	70+ Female Double Ski	
45-49 Male Board Rescue	65-69 Male Board Rescue	30-34 Male Double Ski	55-59 Male Double Ski	
45-49 Female Board Rescue	65-69 Female Board Rescue	30-34 Female Double Ski	55-59 Female Double Ski	
	70+ Male Board Rescue		50-54 Male Double Ski	
	70+ Female Board Rescue		50-54 Female Double Ski	

2019 NSW Masters Surf Life Saving Championships – Proudly Supported by Your Local Club Timetable – Friday 8 March 2019 (as at 26/10/18)

Boats

Masters Boats (H - F) *Start 10am