



# Memorandum

<b>To: Team Managers, Carnival Officials</b>
<b>From: Narelle Duggan – Sports Manager</b>
<b>Date: 3 March 2020</b>
<b>Pages: 2</b>
<b>Subject: Coronavirus Update</b>

Coronavirus (COVID-19) is a respiratory illness caused by a new virus. Symptoms range from a mild cough to pneumonia. Some people recover easily, others may get very sick very quickly. There is evidence that it spreads from person to person. Good hygiene can prevent infection.

Symptoms can range from mild illness to pneumonia. Some people will recover easily, and others may get very sick very quickly. People with coronavirus may experience:

- Fever;
- flu-like symptoms such as coughing, sore throat and fatigue; and, or
- shortness of breath.

There is evidence that the virus spreads from person-to-person. The virus is most likely spread through:

- close contact with an infectious person;
- contact with droplets from an infected person's cough or sneeze; and, or
- touching objects or surfaces (like doorknobs or tables) that have cough or sneeze droplets from an infected person, and then touching your mouth or face;

SLNSW, in consultation with our health and risk experts, believe the likelihood of coronavirus at our events is rated as rare but we nevertheless suggest the following protective measures:

- washing your hands often with soap and water or alcohol-based hand sanitiser;
- using a tissue and cover your mouth when you cough or sneeze – and immediately dispose of the tissue safely; and
- avoiding close contact with others, such as touching.

Team Managers, parents and carers should consider having a supply of pocket-sized tissue packs and hand sanitiser with them.

If a person begins to feel unwell, do not attend the Championships venues. If you have a fever, cough and / or breathing difficulty, seek medical attention and notify your doctor in advance of your arrival at their practice.

If you require further advice or support, contact the Safety and Emergency Management Coordinator or Medical Coordinator at the Championships.

For more information about novel coronavirus (2019-nCov), call the Coronavirus Health Information Line on 1800 020 080.

**References:**

Australian Govt Dept of Health: <https://www.health.gov.au/health-topics/novel-coronavirus-2019-ncov>

World Health Organisation: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>