



## **SURF LIFE SAVING AUSTRALIA – NATIONAL MEMBER AWARD SYLLABUS GOLD MEDALLION (ADVANCED LIFESAVING)**

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### **AWARD SUMMARY**

The aim of this award is to provide lifesavers with a benchmark of fitness and endurance that meets the minimum requirements for work in the professional lifeguard industry.

NOTE: this is not an employment qualification. If you are interested in working as a professional lifeguard you may be expected to undergo other training requirements.

### **UNIT OF COMPETENCY**

This award is aligned to the nationally recognised unit of competency

- PUASAR017 Undertake advanced surf rescue

This unit is part of the PUA30319 Certificate III in Public Safety (Aquatic Search and Rescue). You can apply for the unit of competency and the Certificate III in Public Safety through your state centre.

### **PRE REQUISITES**

To be eligible to attempt a Gold Medallion assessment, candidates will need to:

- be at least 17 years old on the date of assessment
- hold and be proficient in all of the following SLSA awards:
  - Bronze Medallion
  - First Aid
  - Advanced Resuscitation Techniques
  - Silver Medallion Beach Management or Silver Medallion Basic Beach Management.

### **NATIONAL LEARNING RESOURCES**

- Gold Medallion Candidate Induction Booklet
- Gold Medallion Assessment Guide

### **ASSESSMENT**

To be deemed competent in the Gold Medallion candidates will need to complete all of the following activities in the one day:

- swim 800m in under 14 minutes in an open water course not more than 400 m in length (the course should be set around a single buoy so that candidates have to swim the same track but in different directions) or a swimming pool of no less than 25 m in length, unaided and in freestyle
- complete a mission test of a 400 m swim, 800 m run, 400 m board paddle, 800 m run in under 25 minutes
- complete a tube rescue of an unconscious patient 100 m out at sea (use of fins preferred)



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- complete a board rescue of a novice swimmer 200 m out at sea
- perform a complex patient rescue, including selecting equipment, returning patient to shore and treating patient appropriately and completing post-operational requirements

Candidates must display 'a sense of urgency' equal to a real situation in all rescue activities (tube, board and complex scenario).

### **WHO CAN ASSESS?**

Assessor Gold Medallion—endorsed as per state requirements annually

### **ASSESSMENT**

Assessment is through practical demonstration of all the skills listed in the assessment criteria.

### **PROFICIENCY REQUIREMENTS**

This award is valid for only 12 months. The whole assessment must be undertaken again each year for the award to remain current.