



## **2021 State Masters & Lifesaving Championships**

*As at 11 March 2021*

**Friday 12 March 2021 – Champion Lifesaver**

**Saturday 13 March 2021 – Champion Patrol and Masters Beach & Water**

**Sunday 14 March 2021 – First Aid and Masters Beach & Water**

The following information relates to the conduct of the NSW Surf Life Saving Championships proudly supported by Your local club.

### **SWANSEA BELMONT SLSC**

The Club is extremely excited to host the State Championships yet again at Blacksmiths Beach. The Club will have a BBQ set up throughout the event – please be sure to support this! The Club will also be open for refreshments (upstairs) and live music in the afternoon and after each competition day. Visit the Swansea Belmont SLSC Facebook Page for entertainment times & dates - [Swansea Belmont Facebook Page](#)

**PLEASE BE AWARE THAT IF YOU COMPETED IN THE OPEN BEACH OR WATER, YOU ARE NOT PERMITTED TO COMPETE IN THE MASTERS BEACH AND/OR WATER DUE TO COVID SAFETY RESTRICTIONS.**

### **ENTRY CIRCULARS AND IMPORTANT INFORMATION**

Reference is made to the following:

#### **a) Pre-screening Instructions**

1. Complete your QR code check-in.
2. Proceed to the pre-screening area, from 6:30am onwards, to check in and receive your wristband.
3. Proceed to the beach to collect your rash vest.
4. THEN return to collect your gear and bring onto the beach.

**NOTE:** *Please do not bring your gear, especially craft, to the pre-screening areas to avoid congestion or blocking walkways while checking in.*

#### **b) 2021 Changes for Lifesaving Events**

As laid out in the Entry Circular, a number of changes to competition protocols and live patient requirements due to COVID safety concerns. In addition changes to the testing requirements have also been implemented. Please see Appendix A on page 12 and the SLSA Circular 21/20-21 for more details.

#### **c) Surf Boats**

Due to the COVID-19 restrictions, unlike previous years the Open Surf Boat events will be run separately to the Open Championships water and beach events for 2021. These will be run in conjunction with the open Surf Boat events on the weekend of Fri 19<sup>th</sup> – Sun 21<sup>st</sup> March.

#### **d) NSW State Championships Webpage**

The below resources can be downloaded from the – [2021 State Championships](#)

- Entry Circular
- Event Timetable
- Marshalling Sheets (alpha and random draws)

- Powercraft Roster
- Area Map
- Lycra Vest Information
- Team substitution forms (finals only)

**e) Random Draw**

An excel and PDF version of the draw is available on the event website

- Masters: [Random Draw](#)
- Lifesaving: [Random Draw](#)

**f) Iron Draw**

The iron draw will take place first thing Saturday morning when athletes or Team Managers are present, and will be communicated through Team App and PA announcements.

- g)** Additional entries are allowed (where people are already entered and want to do another event) but late entries (where new people want to enter have to apply – exceptional circumstances only).
- h)** While every effort is made to ensure the results are accurate, it is the competitors’ own responsibility to ensure that they have their name, club and position correctly recorded.
- i)** SLSNSW as the event organiser, reserves the right to add or delete, change any events on the day of competition if safety, weather conditions, programming or other conditions warrant to do so.

---

**TEAM MANAGERS**

Thank you to all team managers who have completed the online survey to register your contact details. If you still require to register, your details please click on the links below:

- [Masters Team Manager Form](#)
- [Lifesaving Team Manager Form](#)

**A Team Managers Briefing was held via zoom. It is compulsory for Team Managers to watch this briefing. If you were unable to attend this zoom briefing, it will also be available on the [event webpage here](#).**

**TEAM APP**

Team App will be used throughout the Championships as a platform to communicate important information and timetable changes to Team Managers, Officials COVID Marshals and Competitors.

**To register for these event updates please follow the below instructions:**

1. Download the “Team App” application from the App Store or Google Play Log in / Sign up to receive live event notifications
2. Once logged in, search “2021 NSW State Championships”
3. Click the “Become a member of this Team App” icon at the top of the screen
4. Therefore, once joined – also join groups or specific lists (i.e.; U10 or U11) that you would like updates for as notifications will be targeted to the specific group
5. Ensure that you have notifications enabled (check this within the app).



By joining the event and turning on your mobile app notifications, you will receive immediate notifications and email updates as they are posted, ensuring you never miss any important information.

**PLEASE DO NOT RELY ON TEAM APP AS YOUR ONLY MEANS OF COMMUNICATION!** It is an individual's obligation (SSM 2.17) to ensure they listen for announcements and marshalling. Not receiving a Team App update is not an excuse for missing events.

### **LYCRA VEST DISTRIBUTION**

Lykra pick up will be on the beach within each water area and pick up is by individuals, not Team Managers - there is no try before you buy – know your sizes.

Event rashies ONLY during competition and MUST be on in every event to support ClubsNSW as naming rights partner.

### **COMPETITION AREA**

The overview map of the competition area can be found later in this document on page 9 and will also be available on the event webpage.

Bio-zone perimeters are defined on the southern and northern end of the competition area. Competition areas will also be marked by crowd control barriers. Attendees who are not wearing the appropriate wrist band will be required to leave the event area.

### **TENTS**

Tents may be bumped into the allocated areas from Friday afternoon.

Clubs are asked to set club tents along the beach in front of the dune area (please follow the signage on the beach) and by referring to the overview map. Please do not set up tents within the dune area unless otherwise indicated by signage and be aware of the dune systems by limiting your impact on the dunes.

Please ensure that you secure your tent frame with a star picket (please bring your own star picket) in the dedicated spaces minus the covers.

### **WARM UP**

**Warm up Saturday will commence at 8:10am as follows:**

- 8:10am – 8:30am Swim warm up only
- 9:20am – 9:40am Craft warm up only
- **No warm up should take place prior to 8:10am**

### **Warm up Sunday TBC**

No competitor should be within 50m of the water areas whilst the courses are being set by the IRB powercraft team. This is not only a safety issue but it ensures that the courses are correct. Any members/clubs that do not adhere to this may face a disciplinary committee. It is recommended that all clubs continue with their risk assessments prior to entering the water for warm up activities. All competitors warming up must wear Pink High – Visibility Rash Vest.

### **POWERCRAFT ROSTER**

The 2021 NSW State Championships Powercraft roster can be accessed by clicking on the [Powercraft Roster link](#). The IRB Roster is also available [here](#)

What to do:

1. Powercraft personnel are required to sign on 1 hour prior to the start of each shift at the IRB compound located at the northern end of the surf club
2. You will be briefed prior to the start of the shift
3. Proceed to your assigned area.

**If members do not show, areas may not proceed and the club will be required to meet with competition chairperson.**

**All members reporting for duty must have their 2020/21 Powercraft license, award and provide their own gear i.e. PFD and helmet.**

### **OFFICIALS QUOTA**

Clubs are reminded that there is a quota system for clubs to provide accredited officials based upon the number of competitors entered. Further information is provided in the officials nomination circulars and the officials appointments on the [event webpage here](#).

As per the entry Circular, Clubs entered into Lifesaving events are to supply a minimum of 1 Lifesaving competent Official or current endorsed Bronze Medallion Assessor (Non-Official Subject Expert) to assist with the running of the lifesaving events, timing, recording and assisting the judges.

**If sufficient officials are not provided according to the quotas contained in the Entry Circular SLSNSW reserves the right to impose a monetary penalty or request the offending club to show cause why that club should or should not compete at the Championships.**

### **OFFICIALS INFORMATION**

Official clothing may be collected from the Admin tent when you register during the following times;

- Friday
  - At officials check in for Champion Lifesaver Officials (from 6:30am)
  - 2pm – 5pm for Masters Officials
- Saturday
  - From 6:30am

The Officials breakfast will be held from 6:30am each morning upstairs in the surf club.

Any officials who have not been appointed, please arrive at 6:30am to be allocated to an area/position.

### **PRESENTATION**

Due to COVID safety requirements, there will be no presentation of individual or team medals for the 2021 NSW Surf Life Saving Championships. Competitors are welcome to take photos with their medals on the podium in the vendors area south of the SLSC.

- Champion Lifesaver:  
Medals will be collected from officials at the conclusion of competition.
- Masters, Champion Patrol and First Aid:  
Medals can be collected from the shelter in front of the Admin Marquee. Please allow sufficient time for the paperwork to move from the competition area to the Medal Collection area.

## **FIRST AID**

First Aid will be provided during the event and will be operational each day of competition. The central First Aid Centre will be located directly north of Swansea Belmont SLSC, in the compound area. In addition, the following will also be in place:

- Friday:  
First Aid personnel will be roving in an ATV to follow competitors competition.
- Saturday and Sunday:  
Multiple First Aid locations will be set up along the beach and are listed on the event map.

If a competitor is unable to walk to a First Aid location as a result of an injury sustained, please advise an official who will contact a First Aid member to attend.

## **TRAFFIC FLOW / PARKING**

Please refer to the overview map.

**It is highly recommended that traffic coming north bound (from Sydney) takes the Gommer Street intersection at the lights and not the intersection prior (Bali Street). There will be a VMS board advising of this upon approach.**

Strictly no parking will be available at the designated car park areas close to the Club as these will be reserved pre-approved persons holding the correct pass.

Competitors are encouraged to park at the following sites: (map on the following page)

1. Reserve north of the Surf Club - \$15 per vehicle
2. Blacksmiths Soccer Club – For a fee (limited spaces available – 60 spaces)
3. Surrounding back streets

Please be respectful of residents and only park in designated areas and please reduce noise when passing residential homes. Parking will be enforced by Lake Macquarie City Council with fines issued to those people that do not park in the designated areas.

## **Drop Off Area**

There will be a designated drop off area close to the Club.

## **Trailer Parking**

An area will be designated to trailer parking however this will be based on a first in first serve basis. Please be aware that this location is in a public area, without security fencing. All trailers, including gear left on trailers is the responsibility and care of Clubs. SLSNSW does not recommend craft being left on these trailers, especially overnight.

## **SECURITY**

There will be security on site for the duration of the carnival. Although security is present, any valuables and/or craft should not be left in Club tents or in the vicinity of the Club house. All craft are to be taken with you at the end of the day. Club tents must be lowered and secured overnight.

Any person/s found stealing signage or any equipment owned by SLSNSW or its sponsors will immediately be brought before a Carnival Disciplinary Committee or a SLSNSW Judiciary for further action. Please note that automatic disqualification of the team/club from the championship may occur if any member is found guilty of theft.

Surf Life Saving NSW and/or Swansea Belmont SLSC takes no responsibility for gear and equipment if left on the beach and it is at your own risk.

## **ADMINISTRATION CENTRE**

The main carnival administration centre will be located on the grassed area South of Swansea Belmont SLSC during the following times:

### **Masters Championships**

Friday            2:00pm – 5:00pm  
Saturday        From 6:30am  
Sunday           From 6:30am

## **CLASHING OF EVENTS**

### **Note:**

**While every effort will be made by the Event Referees to avoid clashes in the timetable, athletes will have to decide to contest one or the other.**

Competitor Liaison Officers have been appointed in each area to assist competitors.

Clashing of events is not anticipated in the finals however, some clashes may be experienced during the heats. Any competitor who finds that their event clashes with another event should consult their Team Manager, who in turn should consult the Competitor Liaison Officer in the relevant area.

Competitor Liaison Officers will liaise with the various Sectional Referees to arrange deferment of heats, if possible, to enable competitors to obtain the maximum possible opportunity to compete. These arrangements will only apply between areas and not between events in the one area.

***Events will not be held up for competitors competing outside their age group.***

## **FOLLOW THE EVENT**

SLSNSW will be posting selected results, updates and uploading pictures from the event on our Facebook, Twitter accounts and through the event manager entry system.

Follow us on Facebook - <https://www.facebook.com/events/695662667789159/>

Follow us on Twitter – <https://twitter.com/SLSNSW>

Follow results –

- **Lifesaving Open Championships:** Friday 12<sup>th</sup> - Sunday 14<sup>th</sup> March at Swansea Belmont SLSC
  - Final Results: <http://sportnsw-carnival.sls.com.au/eventmgr/results/report/public/127/1>
  - All Results: <http://sportnsw-carnival.sls.com.au/eventmgr/results/report/public/127/0>
- **Lifesaving Masters Championships:** Friday 12<sup>th</sup> March at Swansea Belmont SLSC
  - Final Results: <http://sportnsw-carnival.sls.com.au/eventmgr/results/report/public/131/1>
  - All Results: <http://sportnsw-carnival.sls.com.au/eventmgr/results/report/public/131/0>
- **Masters Beach & Water Championships:** Saturday 13<sup>th</sup> – Sunday 14<sup>th</sup> March at Swansea Belmont SLSC
  - Final Results: <http://sportnsw-carnival.sls.com.au/eventmgr/results/report/public/130/1>
  - All Results: <http://sportnsw-carnival.sls.com.au/eventmgr/results/report/public/130/0>

## **PHOTOGRAPHY AND MEDIA**

### **Photography:**

As a condition of entry, all competitors agree to have photos and video taken during the Championships used for promotional material by SLSNSW. SLSNSW will not be issuing media/photography accreditation to team members or team management. Professional photographers will be attending and material will be available via social media and to Clubs on request. Club Team Management are welcome to take photographs from outside the competition area. Go Pro's may only be used within the competition area on approved fittings and fixtures as set out in relevant SLSA bulletins.

### **Media:**

No competitor, team manager, official or spokesperson for a club shall make media statements which could bring the State Championships, its sponsors, or officials into controversy or disrepute. Such statements will be a breach of policy and could potentially result in sanctions against members involved. Please note that statements to the media regarding about the Championships will be made only by approved authorised spokespeople.

### **Drones:**

For the safety of competitors, officials and spectators SLSNSW prohibits the use of drones or Unmanned Aerial Vehicles (UAV) at these Championships by members and/or public unless approved by SLSNSW, 7 days prior to the event. The operator must supply an operations manual (including risk management plan), provide a copy of public liability insurance and comply with all Civil Aviation Safety Authority (CASA) requirements. SLSNSW will be utilising the services of Lifesaving UAVs to conduct aerial surveillance and monitor hazards.

## **COMPETITION AREA AND SPECTATOR ACCESS**

Entry to the competition arena will be via the marshalling areas. No member, Coach, or Team Manager will be permitted to enter the competition arena unless escorted by a Competition Official. The spectator area where possible, will be directly behind the competition arenas together with a pedestrian walkway. The competition arena will be "out of bounds" for everyone except the competitors in the events being conducted.

## **HANDLERS**

Only one handler per competitor (ironman etc) will be permitted in the competition arena during competition in progress.

**All competitors and handlers must leave the arena with all equipment at the conclusion of their events. High visibility vests/bibs and caps are required for handlers.**

## **PROTESTS**

All protests shall be lodged with the appropriate Liaison Officer in each Area in accordance with the procedures set down in the current edition of the SLSA Surf Sports Manual (36<sup>th</sup> Edition) and any subsequent bulletins, and shall identify the specific sections/clauses in the Competition Manual and or event rules upon which the protest is based.

Protest Forms will be readily available from the Liaison Officer. An Appeals Fee' of \$110.00 must accompany all when submitted to the Appeals Committee for adjudication.

## **CODE OF CONDUCT**

SLSNSW expects that all members involved in competition will co-operate to ensure a positive public image and to participate in a spirit of goodwill and sportsmanship.

Any incidents or behaviour likely to cause embarrassment or damage to the reputation and/or image of surf sports competition will be managed as described in the current edition of the SLSA Surf Sports Manual and any subsequent Bulletins.

As a reminder, all competitors, officials, parents should treat each other with respect. If this does not occur you will be subject to the disciplinary committee and may face further action.

#### **MERCHANDISE / VENDORS**

Official Surf Life Saving NSW merchandise will be sold at both locations during the event. Transactions will be contactless this year.

There are also a number of stallholders attending the event at Swansea Belmont including Fashion Fish, Dolphin, Kozii, OHANA, Catfish and ENGINE, as well as a range of food and coffee vendors for you to enjoy.

#### **MERCHANDISE / VENDORS**

Official Surf Life Saving NSW merchandise will be sold at both locations during the event. Transactions will be contactless this year.

There are also a number of stallholders attending the event at Swansea Belmont including Sharkskin, as well as a range of food and coffee vendors for you to enjoy.

#### **AWARENESS OF THE RULE CHANGES WITHIN THE SURF SPORTS MANUAL**

Please be aware of the rule changes introduced in the 36<sup>th</sup> Edition of the Australian Surf Sports Manual. More specifically, the variation of course and procedure for Masters Age groups as outlined in clause 6.5.4. [Surf Sports Manual - 36th Edition](#)

#### **LAKE MACQUARIE**

Lake Macquarie City Council proudly welcomes the 2019 NSW Championships! Why not extend your stay and further explore this unique and scenic coastal region of NSW?

For all the information please visit [www.visitlakemac.com.au](http://www.visitlakemac.com.au).



# Masters and Lifesaving Championships Saturday at Swansea Belmont

Based on Current restrictions map is subject to change  
\*Map not to scale



# Masters and Lifesaving Championships Saturday at Swansea Belmont

Based on Current restrictions map is subject to change  
\*Map not to scale





## Appendix A – Changes to Lifesaving Events

### LIFESAVING CHANGES

#### Changes to Competition Protocols (more details to follow)

Further information regarding the changes in competition procedures will follow. Some of the change competitors should be prepared for include:

- Common points of contact must be cleaned
- PPE such as masks, gloves and safety glasses will be required in close proximity e.g. 4 person resuscitation.
- No sharing of First Aid Kits will be permitted i.e. Each Competitor must have their own First Aid Kit
- Manikins will replace live patients. Marking criteria will be adjusted appropriately.
- Clubs must bring their own manikins for Champion Lifesaver and Patrol competition, preferably one per competitor. If competitors are sharing a manikin (from the same club only) it is their responsibility to ensure the manikin is thoroughly cleaned before it goes to another competitor for use.

#### Changes to Testing Requirements

- U15 First Aid scenario/treatments will come from the SLSA First Aid Training manual
- Oxygen will not be included for U17 – Opens First Aid (NB: Oxygen will still be included for the Patrol Competition)
- The First Aid Competition scenario task has been reduced to eight (8) minutes for all age groups.

#### Changes to Live Patient Requirements (see Live Patient Requirements for more details)

- This year Champion Lifesaver competitors will not need to supply patients for the live patient assessment
- This year Champion Lifesaver competitors will use their manikin for both sections of the resuscitation component
- Champion Patrol and First Aid events use live patients for the verbal component of scenarios and a manikin for the physical aspects
- Patients will be isolated from the competitors and placed in the "Patient Zone" during the scenarios
- Note: Champion Patrol and First Aid will still need to supply 1 patient per team.

#### Live Patient Requirements

Due to COVID safety considerations, all physical resuscitation and first aid treatments will be undertaken on a manikin rather than a live patient (Please note that manikins are not to be ventilated by competing teams). Live patients will be required for the verbal component of Champion Patrol and First Aid events and will be isolated from the competitors in the "patient zone".

Requirements for 2021 are as follows:

- Champion Lifesaver:
  - Clubs must bring their own manikin (preferably 1 per competitor)
  - No live patient requirement
- Champion Patrol
  - Clubs must bring their own manikin (preferably 1 per competitor)
  - Clubs must bring 1 live patient per team
- First Aid
  - No manikin requirement
  - Clubs must bring 1 live patient per team

Note: If competitors are sharing a manikin (from the same club only) it is their responsibility to ensure the manikin is thoroughly cleaned before it goes to another competitor for use.

Patients will need to report with the competing teams and present a completed [Patient Form](#).

**Tips**

- “Patients” need to speak up
- Participant should face live patient (i.e. voice) when they are speaking so it’s easier to hear
- Participants should keep communicating with their partner – don’t be put off by the bunting, it’s just a physical barrier
- Wear a watch
- Be gentle with manikin
- Think about what adjustments you need to make for manikins
- Imagine they still have legs i.e. position yourself as if legs are still there and verbally do arm/leg checks





