



RESCUE OFTHE MONTHE JANUARY 2021

Club: Austinmer SLSC

Lifesavers and Lifeguards involved: Adam Turner

Adam Turner was at Austinmer Beach on 18 January 2021, enjoying an after work body surf, when he saw 7 young adults in the water at approximately 7pm.

The group from South Western Sydney had been out the back when a large set of waves came through and washed them all off the sandbank they were standing on, and into a fast moving rip at the north end of the beach which was dragging them all further out to sea and further north along the rock shelf.

Adam sprung into action and entered the surf with swim fins. He reached the group who were all very frantic and panicking dragging each other under, trying to keep themselves above water. The group had 2 body boards with them but had lost hold of one of them, Adam managed to get 4 of the group holding onto a body board and pushed them towards a wave, which washed them onto the rocks at the northern end of the beach where they were able to climb to safety. With the other 3 still in the water, Adam managed to recover the body board which he spotted close by and had the group hold onto it when an unknown surfer then appeared who was able to help out. The surfer took one of the victims to shore and Adam assisted the remaining 2 on the body board. When they arrived on shore the Austinmer call out team had arrived and were along with ambulance crews and police were able to assist the 7 rescue victims.

One of the patients inhaled sea water and was treated on the beach and then taken by ambulance. Fortunately the patient did not require hospital attendance.

If not for the quick actions of Adam Turner, more than one life would have been lost that night.

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Joel Wiseman Director of Lifesaving Surf Life Saving NSW

George Shales President Surf Life Saving NSW