

Circular

Title: Further Athlete/Coaches information for the Qualification Round of the Nutri-Grain IronMan/IronWoman Series
Document ID: Circular 19/19-20
Department: Sport
Audience: State/Territory Surf Sport Managers, Directors, Club Secretaries, Branches, State/Territory CEO's Sport Standing Committee, Athletes, Coaches, Team Managers, and Officials involved in the event.
Summary: This Circular contains the relevant details for Qualification Round of the Nutri-Grain IronMan/IronWoman Series

SUMMARY

This Circular should be used as reference information by all Athletes, Coaches, Team Managers, State/Territory centres and Officials appointed to the event.

FURTHER INFORMATION

Should further information be required please contact the events team at:

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This Circular provides information and instructions relating to the conduct of the Qualification Round of the Nutri-Grain IronMan and IronWoman Series.

DATES & LOCATIONS

ROUND	EVENT	DATE	LOCATION
Qualification Round	Nutri-Grain IronMan and IronWoman Series	7/8 September 2019	Coolum, QLD

SLSA would like to thank the local council and host clubs in their support for the event.

ENTRIES

- Entries for the Qualification Round of the Nutri-Grain IronMan and IronWoman Series close on Monday 2 September 2019. No entries will be accepted after this date or on the day of competition.
- All competitors who enter the Qualification Round need to complete Level 1 and Level 2 Anti-Doping Course via the ASADA website - <https://elearning.asada.gov.au/index.php>

COMPETITION BRIEFINGS

- A briefing for Team Managers and key Officials will be conducted by the Event Referee on Saturday 7 September at 7:30am at the Coolum SLSC
- An additional briefing will also occur on Sunday 8 September 2019 (approximately 8:00am). The location of the briefings shall be in the main competition area or as announced at the Team Managers Briefing on Saturday morning.

LYCRA PICK UP

- Competitor HI-Vis Yellow lycra will be available for collection following the Team Managers Briefing at 7:30am on Saturday 7 September 2019 at Coolum SLSC. Lycras will not be available for pickup at any time before the briefing.

SURF SPORTS MANUAL

Please ensure you are up to date with the revised 35th edition (revised) of the Surf Sports Manual as well any updates. The Surf Sports Manual can be found online [Click here](#)

GEAR & EQUIPMENT

The Craft Trailer compound for the trial will be located in Tickle Park (north of Coolum SLSC) and will be open for use from Friday 6 September 2019 from 9:00am. If any clubs drop off trailers before this date they will be towed away.

SATURDAY 7 SEPTEMBER – HEATS

Tides: Low 8.20am – 0.6m
High 3.30pm – 1.7m

Warm Up Competition Area - Separate swim/craft warm up times will be put in place at the Qualification Round of the Nutri-Grain IronMan and IronWoman Series to ensure the safety of all competitors.

- Craft 7.30am to 8.15am
- Swim 8.15am to 8.40am

**Times may be adjusted if marshalling and start times are brought forward*

Marshalling – on Saturday 7 September (pending final competition numbers) marshalling will commence at either **7.40am or 8.40am**, unless advised otherwise by SLSA.

Start time – Pending final competition numbers the first race will commence at either **8am or 9am** on Saturday 7 September. Once final entry numbers are confirmed after the close of entries the start time will be confirmed.

	COURSE	TIME	ORDER
RACE 1	M Shape IronMan/IronWoman	Approximately 20 to 25 minutes in duration.	Swim – Board – Ski Male Heats followed by Female Heats
RACE 2	Traditional Course IronMan/IronWoman	Approximately 15 minutes in duration.	Board – Ski – Swim Male Heats followed by Female Heats
RACE 3	Shorter Traditional Course IronMan/IronWoman	Approximately 10 to 12 minutes in duration.	Ski – Swim - Board Male Heats followed by Female Heats

- All race formats and approximate race durations will be adhered to as close as practicably and reasonably possible however they are subject to prevailing conditions and may change if necessary, in the interests of safety and/or fairness.
- In each race the run transitions will progressively become shorter as the formats become shorter. i.e. as the tide moves towards a high.

Finish time – Pending final competition numbers it is expected that the last race on Saturday 7 September will finish at approximately 2pm.

SUNDAY 8 SEPTEMBER – FINALS

There will be no break between races/formats as all races are to be held consecutively i.e. as the Male race finishes the Female race will be starting and vice versa. As the Male race is being conducted the Female race will be marshalled and vice versa.

Tides: Low 9.30am – 0.6m
High 4.30pm – 1.7m

Warm Up Competition Area - Separate swim/craft warm up times will be put in place at the Qualification Round of the Nutri-Grain IronMan and IronWoman Series to ensure the safety of all competitors.

- Craft 7.30am to 8.15am
- Swim 8.15am to 8.40am

Marshalling – on Sunday 8 September marshalling will commence at **8.40am**, unless advised otherwise by SLSA.

Start time – Pending final competition numbers the first race will commence at **9am** on Sunday 8 September.

	COURSE	TIME	ORDER
RACE 1	M Shape IronMan/IronWoman	Approximately 20 to 25 minutes in duration.	Board – Ski – Swim Male Final Female Final
RACE 2	Traditional Course IronMan/IronWoman	Approximately 15 minutes in duration.	Ski – Swim - Board Male Final Female Final
RACE 3	Shorter Traditional Course IronMan/IronWoman	Approximately 10 to 12 minutes in duration.	Swim – Board – Ski Male Final Female Final

- All race formats and approximate race durations will be adhered to as close as practicably and reasonably possible however they are subject to prevailing conditions and may change if necessary, in the interests of safety and/or fairness.
- In each race the run transitions will progressively become shorter as the formats become shorter. i.e. as the tide moves towards a high.

Finish time – Pending final competition numbers it is expected that the last race on Sunday 8 September will finish at approximately 11am.

Announcement of Successful Qualifiers - At the conclusion of racing on Sunday 8 September at approximately 11.30am a short presentation will be conducted at Coolum SLSC recognising the 12 athletes who have qualified into the Nutri-Grain IronMan and IronWoman Series.

START OF RACES

Unless otherwise advised, all races shall be started on the beach approximately 15 metres from the water’s edge (run start). Craft will be placed in front of the start line and as close as practicably to the water’s edge. Handlers are not required for the start of events.

FINISH OF RACES

Unless otherwise advised, all races shall finish as per the IronMan and IronWoman races (run finish). Craft and paddles may be abandoned after rounding the last turning buoy of the swim course. Handlers are to be used to remove craft and paddles from the course.

DRAWS

Once entries close on 2 September 2019, SLSA will create a random draw for all heats. The random draw will be published prior to the start of the event. All heats will be seeded as best as practicably and reasonably possible.

COMPETITOR NUMBERING

Athletes will be numbered with marker pens. Team Managers and athletes should bring a 1-1.5cm black permanent marker to number athletes. The numbers will be located on the outside of the competitor’s left and right upper arms and on the front of the upper thighs. Where competitors are wearing shorts to compete, the number is to be placed on the back of the calf.

Athletes will be advised of their numbers when the random draw is released.

POINTSCORE

For both heats and finals, a progressive point score will be kept across the 3 races as follows:

- 1st – 1 point,
- 2nd – 2 points,
- 3rd – 3 points etc. numerically through to last place.

If an athlete fails to finish a race or is disqualified, they will be awarded the maximum amount of points for that race. i.e. If there are 20 starters and an athlete fails to finish a race or is disqualified, they will be awarded 20 points. This also applies if multiple athletes in the same race either fail to finish or are disqualified, each athlete will be awarded maximum points i.e. if there are 20 starters and 3 athletes fail to finish or are disqualified – all 3 athletes will be awarded 20 points.

Progression from Heats to Finals - The 20 male and 20 female athletes with the lowest scores will progress through to the finals on Sunday 8 September 2019.

Finals - A new and separate point score will be conducted for the finals. The 6 male and 6 female athletes with the lowest point score will qualify for the Nutri-Grain IronMan and IronWoman Series.

Countback - In the event athletes are tied at the conclusion of either the heats or the finals a countback based on each athlete's highest placing in each of the races will be conducted. i.e. If 2 athletes are tied on 20 points and athlete A has the following places R1 – 1st, R2 – 9th, R3 – 10th he/she will prevail over athlete B with the following places R1 – 2nd, R2 – 3rd, R3 – 15th. If both athletes were again tied after this process the countback will continue to their next best place. i.e. If 2 athletes are tied on 20 points and athlete A has the following places H1 – 1st, H2 – 2nd, H3 – 17th he/she will prevail over athlete B with the following places H1 – 3rd, H2 – 1st, H3 – 16th

If a countback process was to occur in the finals – only finals placing will be taken into account. No placing from the heats will be taken into account.

PROTESTS

A protest against a competitor or against a decision of an official must be lodged verbally with the Referee or Deputy Referee within 5 minutes of the completion of the event or the announcement of the result of an event. Results will be posted at the Administration Centre

A written protest must then be lodged with the Referee or Deputy Referee within 15 minutes of the verbal protest being lodged. Protest forms can be obtained from the Administration Centre inside Coolum SLSC. The result of an event, if not already announced, will be withheld until the protest and any subsequent appeal is decided.

The Competition Appeals Committee will deal with all protests referred to it by the Referee under clause 14.3.3 (a) and all appeals by competitors under clause 14.3.3 (d) of the current edition of the Surf Sports Manual.

Team Managers are reminded that both the **Referee and the Deputy Referee will not entertain frivolous appeals**. In this regard please note that SSM (Clause 14.3.3b) states:

*“Where the Referee or the Area Referee or the Sectional Referee considers (in their absolute discretion) that a **protest is frivolous**, or not of a serious nature, they may choose not to accept the protest.”*

Please also note that the Team Manager retains the right (under SSM Clause 14.3.3e) to appeal the matter but the Appeals Committee will also consider whether the matter is frivolous in assessing the grounds for appeal.

An appeals fee of \$150 (Inc. GST) must accompany all protest appeals when submitted to the Appeals Committee for adjudication. If an appeal is upheld the fee is returned forthwith. The decision of the Competition Appeals Committee is final and there is no right of appeal against that decision.

More information pertaining to protests and appeals can be found in [Section 14 'Protests, Appeals and Discipline'](#) of the current edition of the Surf Sports Manual.

CONTINGENCY STRATEGY

For the Qualification Round of the Nutri-Grain IronMan and IronWoman Series, the SLSA Events Team and Organising Committee have focused a considerable amount of time researching and inspecting suitable contingency locations in the event that the Qualification Round should be relocated.

We have widely consulted with local authorities and key event stakeholders and have determined the following possible contingency options:

- Option 1 – Reschedule Program
- Option 2 – Use of an Alternative Competition Arena at the Primary Site
- Option 3 – Move to Competition Area North or South along the beach
- Option 4 – Relocation away from Primary Site

Contingency Location

Kings Beach at Caloundra has been identified as suitable for relocation of the Qualification Round. Infrastructure will be installed at this site prior to any move and comprehensive plans have been developed to facilitate any move.

SAFETY

All Competitors and Officials are referred to the Introduction of the current edition of the SLSA Surf Sports Manual and in particular but not only paragraphs (d), (e) and (f). Paragraph (d) states: *"Surf lifesaving can be inherently dangerous. Serious accidents can and often do happen which may result in property damage, physical injury and even death. All members are assumed to have voluntarily read and understood this warning and accept and assume the inherent risks in surf lifesaving."*

A Safety Operations Manual has been developed for use by the Safety & Emergency Committee, the Competition Committee, officials and relevant personnel. These guides have been refined for use for the Qualification Round of the Nutri-Grain IronMan and IronWoman Series.

All competitors participating in the Qualification Round, **must** wear a **yellow** Lycra vest. Failure to comply with this safety measure may result in disciplinary action against the individual and club.

For warm up and training, competitors may wear any high vis colour i.e. pink lycras. In all competition **YELLOW LYCRAS** must be worn.

All equipment used in competition shall be subject to full scrutineering including safety, weight, dimensions, and ancillary fittings against specifications at any time before during or immediately after competition. i.e. SLSA reserves the right to carry out random scrutineering checks throughout the event.



INCIDENT PROCEDURES

Surf Life Saving Australia has a range of incident protocols in place for the Qualification Round of the Nutri-Grain IronWoman and IronWoman Series including designated search and response teams. In the event of a shallow water search, event organisers may seek further assistance from some competitors who hold a Bronze Medallion.

DRONES ON SITE

Please ensure that all competitors and travelling family members are aware that no unauthorised drones are permitted at the event, including the competition area and surrounding locations.

ADMINISTRATION CENTRE

The Administration Centre will be located at Coolum SLSC. There will be a noticeboard at the Administration Centre with general information, event draws and timetables.

The Administration Centre will be open from 7:00am till one hour after competition each day.

SCRUTINEERING

Team Managers and competitors are strongly advised to ensure that their skis and boards strictly comply with the SLSA Policy Statements as applicable, before departure for the event.

SECURITY OF EQUIPMENT

Reports of missing vehicles, craft and equipment and personal belongings, are not uncommon at major events and all club Team Managers and competitors are reminded of their responsibility towards the security of their own equipment at these Championships.

Whilst allocated areas for the storage of surf craft and general security surveillance personnel will be provided, the security of this equipment remains strictly under the control of the clubs and competitors and no responsibility will be accepted by Surf Life Saving Australia.

EVENT COMMUNICATION

The Qualification Round of the Nutri-Grain IronMan and IronWoman Series will be using the 'Team App' smartphone application to send out updates and notifications to Team Managers and competitors. Please see the instructions below to understand what 'Team App' is and how to use it. It may also be helpful to visit the website for further clarification at <https://www.teamapp.com/faqs>.

How Do I Use Team App?

Download 'Team App' from the App Store or Google Play. Once you have downloaded the app and created your user login, search for '**Qualification Round**' (with the Nutri-Grain Iron Series logo) in the search bar at the top of the screen and click on the event to join. From here you will be able to access news feeds, event timings and where to find all the latest and up to date information on the event. By joining the event and turning on your mobile app notifications, you will receive an immediate text and email update as they are posted, ensuring you never miss any important information.

'Team App' is applicable for all Apple iPhones, iPads and iPods, plus most Android mobile devices.

**Please note it is imperative that Team Managers, and preferably also competitors once teams are selected, sign up for this application to receive important race information. Whilst social media channels will post periodic updates; the 'Team App' will be the main point of communication between the Events Team, Team Managers and competitors.

SPONSORSHIP

Competitors who qualify for the Nutri-Grain IronMan and IronWoman Series have the opportunity to display a personal sponsor whilst competing in the Nutri-Grain Iron Series, pending approval from SLSA. If approved, a personal sponsor logo can be displayed on swimwear. Once the qualifying athletes have been announced, they will be asked to submit an information form including a personal sponsor logo file by Wednesday 11 September 2019. Please be aware that the following National Sponsors have exclusivity in the following categories for the Nutri-Grain Iron Series 2019/20.

COMPANY	EXCLUSIVITY CATEGORY
Nutri-Grain / Kelloggs	Breakfast category (bars, bites, ball and drinks/squeezer products)
DHL	Logistics
Holden	Automotive
Westpac	Financial Services
FINZ	Swimwear
BRP	SeaDoo watercraft/Power craft & Evinrude Motors

PHOTOGRAPHY

No club/branch photographer passes will be issued for the Qualification Round – this is in line with SLSA’s Photography Policy - Policy 6.21 (available online at Members Area > Document Library > Governance/Policies > **Policy 6.21** – refer to “*Section 3 – Photography or Recording on SLSA Patrolled Beaches or SLSA Events.*”).

MEDIA ENQUIRIES

Only accredited media will be granted access to the competition area (in accordance with the above policy). All media enquiries should be directed to Surf Life Saving Australia Media Team at the Administration Centre at Coolum SLSC.

Athletes shall be permitted to promote the event within their own state. However, no competitor, Team Manager, athlete, official or spokesperson for a team, shall make media statements that could bring the Nutri-Grain Iron Series, its sponsor, or officials, into controversy. Such statements shall be deemed to be a breach of SLSA discipline and may be dealt with accordingly.

Complaints regarding the organisation of the Nutri-Grain Iron Series, or any other matters, should be directed through the appropriate SLSA channels and will be dealt with by the responsible section, or officers. Such official complaints will be acknowledged.

SLSA CODE OF BEHAVIOUR

SLSA expects that all members involved in the event will co-operate to ensure a positive public image and to participate in a spirit of goodwill and sportsmanship.

The SLSA Code of Conduct, Competing Unfairly and Abuse/Inappropriate clauses are contained in the current edition of the [SLSA Surf Sports Manual](#) and any subsequent Bulletins.

Any incidents or behaviour likely to cause embarrassment or damage to the reputation and/or image of lifesaving competition will be managed as prescribed in the current edition of SLSA’s Rules, Surf Sports Manual and any subsequent Bulletins.

DRUG USE

Surf Life Saving Australia supports the Australian Government, the Australian Sports Commission, the Australian Olympic Committee, and the Australian Sports Anti-Doping Authority (ASADA) in their efforts to eradicate the use of drugs in sport. SLSA has published a **Policy 5.02 - Anti-Doping Policy** (available online at Members Area > Document Library > Governance/Policies > Policy 5.02) which condemns the use of performance enhancing drugs and doping practices in sport.

Any event conducted by SLSA is subject to random drug testing, without prior notice. The very strict procedures laid down for the testing for drugs will be observed, and competitors refusing to submit to a drug test will be subject to prescribed penalties. Should Team Managers require further information, please refer to Policy 5.02 and, as appropriate, contact the "Drugs in Sport" hotline on 1300 027 232.

The **Policy 6.23 – Illicit Drugs in Sport Policy** (available online at Members Area > Document Library > Governance/Policies > Policy 6.23) addresses the out-of-competition use of illicit drugs, concentrating primarily on education, awareness and prevention initiatives. This policy is designed to help prevent the uptake of illicit drug use and reduce the drug-related harm to individuals, families and stakeholders of SLSA and the broader community.

GAMBLING

Gambling by SLSA members on events in which they are participating as a competitor, official, manager or organiser is strictly prohibited. Members proven to have gambled on an SLSA Event whilst a competitor coach, official, manager or organiser of that competition will be subject to appropriate disciplinary action in accordance with SLSA Regulations. Please refer to **Policy 5.11 – Match Fixing** (available online at Members Area > Document Library > Governance/Policies > Policy 5.11).

THEFT

Any person/s found stealing signage or any equipment owned by Surf Life Saving Australia, the hosting authority, states or another individual may be immediately reported to the police and that person/s be brought before a SLSA Disciplinary Committee.

Please note that automatic disqualification of individuals from the event may occur if any member is found guilty of theft.