## RESCUE OF THE MONTH.



**APRIL 2021** 

Club: Ballina Lighthouse Lismore SLSC

Lifesavers and Lifeguards involved: Jason Armbruster

Just before 9am on April 13, 2021, Jason Armbruster was watching the waves roll in at Lighthouse Beach on the NSW Far North Coast when he noticed a yacht heading for a large swell near the Richmond River mouth. He quickly jumped in his car and drove to the river's north breakwall to monitor the situation.

After withstanding several heavy waves, a man was thrown overboard from the yacht by a subsequent impact and, shortly afterwards, a second, younger man jumped into the ocean as the waves became more unpredictable.

Having now lost sight of the first man and seeing only a life jacket bobbing in the water, Jason entered the water after calling Triple Zero and requesting emergency assistance.

He swam out towards the younger man and upon reaching him found the first, older man to be struggling to swim and looking gravely ill.

Jason assessed the patient on the spot, before proceeding with the assistance of the teen to swim the elderly gentleman into shore.

While the outcome wasn't ideal, and despite administering CPR on the beach, the older man sadly could not be revived, Jason's quick thinking, calm demeanour and decade of experience ensured there were not multiple lives lost.

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**Joel Wiseman**Director of Lifesaving
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