



**Bate Bay Gold 2021**  
**Saturday, 20 November 2021**  
**Wanda SLSC**

**Final Event Information**  
**Released 17 November 2021**

## Contents

Event Timetable .....	3
Course Details .....	4
Short Course.....	4
Standard Course.....	5
Briefings .....	9
Warm Up.....	9
Race Start .....	9
Retirement from the Event.....	9
Life Jackets .....	9
Gear & Equipment Specifications & Scrutineering .....	9
General Information .....	10
Pre Screening & Check In Process.....	10
Athlete Pack .....	10
Prizes & Results .....	11
Craft Drop Off & Parking.....	11
Handler Information .....	12
Spectator Information.....	12
Event Communication.....	12
Safety .....	13
First Aid & Support Stations.....	13
Water Safety .....	13
SLSA Anti Doping Policy .....	13

## Event Timetable

Key Times		
6.00am	Pre-screening, check in and pack collection opens	All Competitors, Handlers & Officials
6.45am	Briefing 1	Officials
7.15am	Briefing 2	Elite, Open, U19, 35+ Individuals and Teams U17 Teams
7.30am	Warm Up Area Open	
8.00am	Briefing 3	U15 Individuals & Teams U17 Individuals
8.10am	Wave 1 Athlete Marshalling	Elite Male & Female Individual
8.30am	<b>Race Start Wave 1</b>	
8.25am	Wave 2 Athlete Marshalling	Open Male Individuals & Teams U19 Male Individuals & Teams U17 Male & Mixed Teams
8.45am	<b>Race Start Wave 2</b>	
8:40am	Wave 3 Athlete Marshalling	Open Female Individuals & Teams Open Mixed Teams U19 Female Individuals & Teams U17 Female Teams
9:00am	<b>Race Start Wave 3</b>	
8:55am	Wave 4 Athlete Marshalling	Masters Individuals & Teams (Male, Female, Mixed)
9:15am	<b>Race Start Wave 4</b>	
9:10am	Wave 5 Athlete Marshalling	U15 Male Team & Individual U17 Male Individual
9:30am	<b>Race Start Wave 5</b>	
9:25am	Wave 6 Athlete Marshalling	U15 Female Teams & Individual U15 Mixed Teams U17 Female Individual
9:45am	<b>Race Start Wave 6</b>	
From 10:45am	Presentations	

## COVID-19

All competitors, officials and handlers aged 16 years and over will be required to show proof of double vaccination against COVID-19, as well as QR check-in upon entry into the event site. Athletes, officials, handlers, and guardians not double vaccinated (or equivalent) will not be permitted entry into the competition site.

SLNSW request that spectators remain in areas accessible to the public ONLY.

At all times, SLNSW will heed to the advice of the NSW Health and reserves the right to alter the scope of the event in relation to both event categories and number of participants based on such advice. In addition, it is encouraged that Members make their own assessments relating to current health advice.

The number of event staff, athletes, officials, handlers, and volunteers **will next exceed 1000 pax in total within the event site.**

## Course Details

### Short Course

Leg	Distance	Location (starting from Wanda SLSC)
Swim	1.5km	South towards North Cronulla Beach Return to Wanda Beach
Board	2.5km	South towards South Cronulla Beach Return to Wanda Beach
Run	2km	North towards Greenhills Beach South towards North Cronulla Beach Return to Wanda Beach

Individual Categories	Team Categories
U15 Male	U15 Male
U15 Female	U15 Female
U17 Male	U15 Mixed
U17 Female	

The short course begins and ends at Wanda SLSC. All transitions also occur at Wanda SLSC. To make transitions as easy as possible, each leg will have different coloured flags, making it easy to identify which zone to head for. Each leg will also use the corresponding coloured cans.

- Swim In - Red
- Board In - Pink

SLNSW staff and officials will be available on site to assist and clarification will be provided in the athlete briefing.

## Standard Course

Leg	Distance	Location (starting from Wanda SLSC)
Ski	10	South via Shark Island to Hungry Point Return North to Wanda Beach
Swim	2	South past North Cronulla Beach Return to Wanda Beach
Board	4	South past South Cronulla Beach North to Greenhills Beach Return to Wanda Beach
Run	3	North to Greenhills Beach South to North Cronulla Beach Return to Wanda Beach

Individual Categories		Team Categories	
Elite Male	Elite Female	Open Male	Open Female
Open Male	Open Female	Open Mixed	U19 Female
U19 Male	U19 Female	U17 Male	U17 Female
35+ Male	35+ Female	U17 Mixed	35+ Female
		35+ Male	35+ Mixed

The long course begins and ends at Wanda SLSC. All transitions also occur at Wanda SLSC. To make transitions as easy as possible, each leg will have different coloured flags, making it easy to identify which zone to head for. Each leg will also use the corresponding coloured cans.

- Ski In – Yellow
- Swim In - Red
- Board In - Pink

## Short Course Map

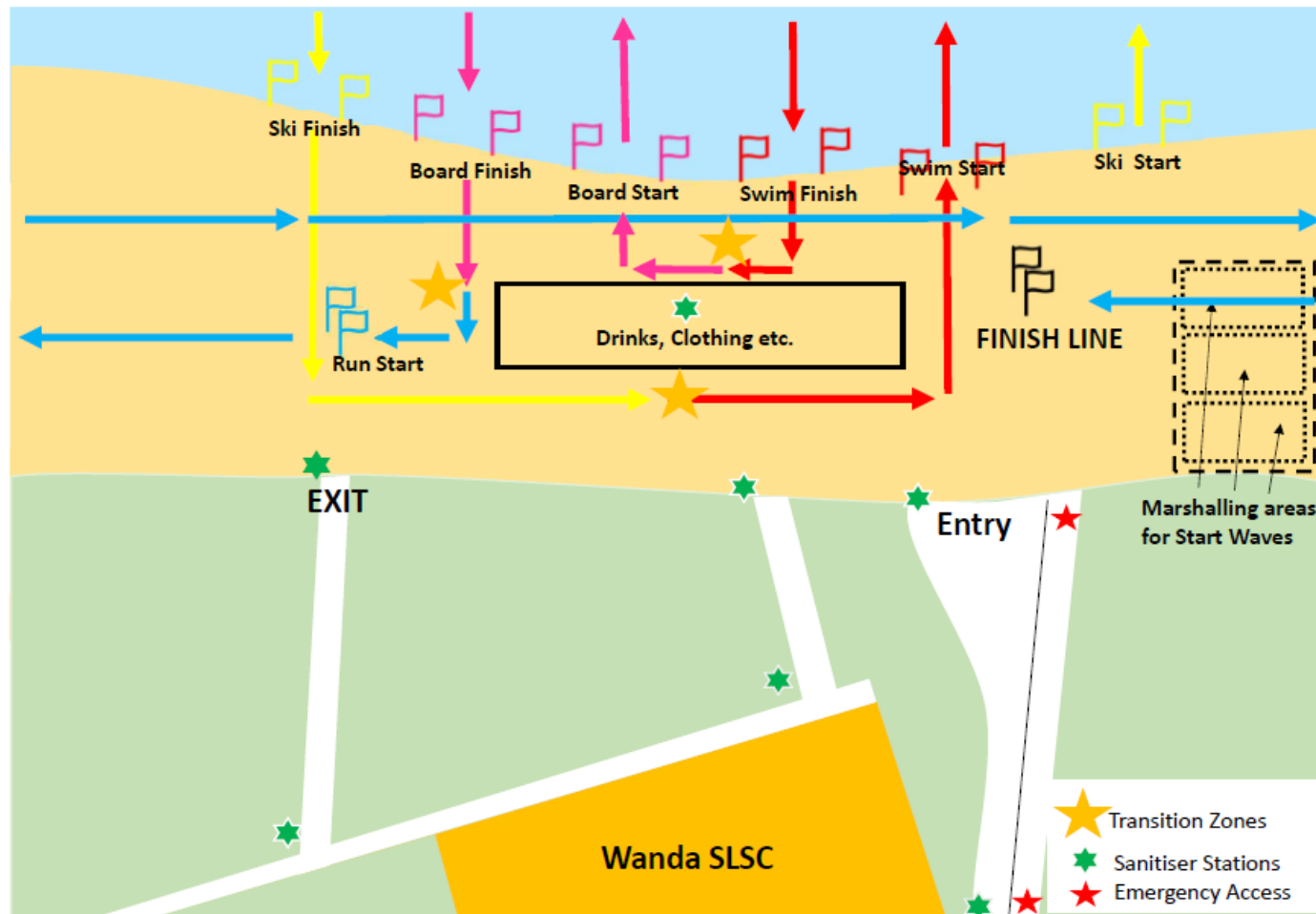




## Long Course Map



## Transition Area





## Event Information

### Briefings

Event day briefings are compulsory for all competitors, handlers and officials. Pre-screening must be completed before attending the briefing

We recommend arriving for pre-screening with a minimum of 30 minutes before your briefing time.

### Warm Up

- No warm ups should occur prior to 7.30am
- All craft warm up must be conducted north of the competition area
- Swim warm up must be done in the swim area
- All competitors warming up must wear their hi-visibility lycra rash vest

### Race Start

If conditions allow, the start will be a dry or traditional ski start. If conditions are not conducive to a dry start, there will be a deep water start. The Referee will advise competitors of the start method during the briefing.

### Retirement from the Event

- Competitors may retire from the event at any point during the course. In some instances, the Referee, Officials or Medical officers will determine whether a competitor can or cannot continue and they will be instructed to retire. This will be communicated to the competitor and/or the competitor's handler/s who shall immediately remove the competitors' equipment from the competition area.
- Medical Officers have full authority to prevent or restrain a competitor from continuing in the event if they deem it unsafe for the competitor to continue.
- Competitors who fail to complete a leg of the course within a period of time stipulated by the Competition Committee must retire from the event. SLSNSW accepts no responsibility for those competitors who fail to complete a leg in the required time. Those competitors will be automatically disqualified from the event and their timing chip will be removed. If the competitor continues to participate in the event, they do so at their own risk and SLSNSW take no responsibility for their safety or welfare.

### Life Jackets

- All competitors must wear a minimum certified AS4758 Level 50 or Type 2 life jacket whilst competing in the ski leg of the course.
- AS4758 Level 100, Level 150, Level 275, Level 50S or Type 3 are permitted to be worn if they meet the conspicuous colour requirements.

### Gear & Equipment Specifications & Scrutineering

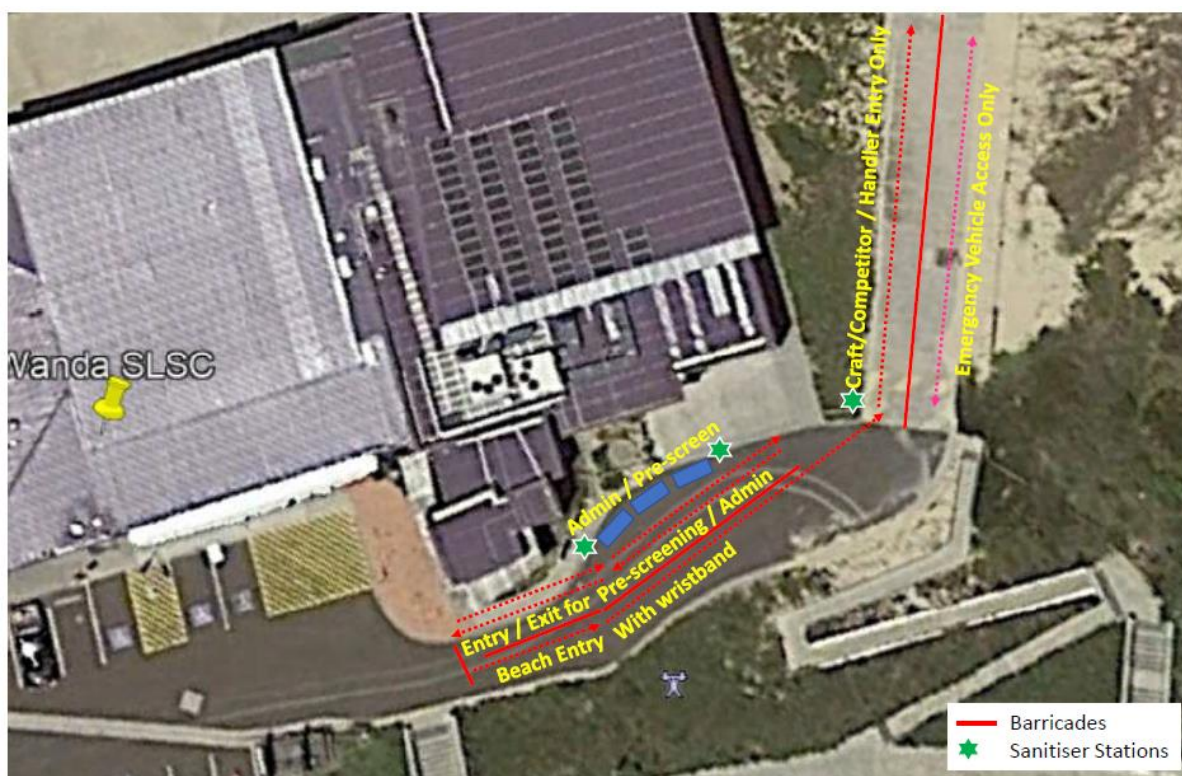
- All competitor craft, life jackets and wetsuits (if required) are subject to scrutineering at Wanda and at any time, during or after the event. Competitors and/or handlers must comply with the directions of the Scrutineer Officials and present their craft and lifejackets for scrutineering.
- Scrutineering at the start of the event at Wanda will include checks on:
  - Craft
  - PFD

- Water or other drink
- Numbering on craft
- Numbering on athlete (both arms, both legs)
- Lycra singlet

## General Information

### Pre Screening & Check In Process

- There will be one entry point and one exit point into the competition zone
- All competitors, officials and handlers (16 years and over) will be required to sign in using the Service NSW QR Code and provide proof of vaccination in the Pre-screening zone
- Competitors will be issued with a timing chip and competitor pack in the Pre-screening zone
- Officials and handlers will be issued a wristband once checked in
- No spectators will be allowed into the competition zone
- Do NOT attend the carnival if you have reason to suspect you could have COVID-19 or have been exposed to COVID-19



### Athlete Pack

Athlete Packs can be collected from 6am in the Pre-Screening Area behind Wanda SLSC.

Athlete Packs should contain the following:

- Lycra Vest
  - The lycra race vest must be worn by competitors as outer garments on all of the legs of the event, except the ski leg when a minimum Level 50 lifejacket must be the outmost garment.
- Timing Chip

- Each competitor will receive an individual timing chip to be worn securely on their ankle.
- Further instructions will be provided during the athlete briefings. It is the competitor's responsibility to follow these instructions so that a time will be recorded when going through the transition points.
- If on the morning of competition a team needs to change the course legs assigned to individual members they need to advise the admin desk at the time of chip collection.
- The timing chip will be collected at the finish line. If a competitor exists the course early, they must ensure to return this to the admin desk.
- Athlete Number Tattoos
  - Each competitor must wear their assigned number/s on the sides of their upper arms and on the sides or back of both calves. The numbers will be applied using numbered tattoos provided by SLSNSW in the competitor kits. Numbers must remain visible at all times and cannot be covered at any stage. If numbers are not visible competitors cannot start.
- Athlete Craft Stickers
- Competitor Back Pack
- Competitor Swim Cap
- Handler Bib

## Prizes & Results

All categories will be competing for prizes. However, prize money is only on offer for the Elite Male and Elite Female category.

Elite Male and Elite Female	
Place	Prize Money
1	\$4,500
2	\$2,250
3	\$1,500
4	\$1,000
5	\$500

- **Please Note:** Those athletes competing for prize money (elite categories) will not be covered under work cover (Icare) arrangements as per legislative requirements. These competitors will only be covered under SLSA personal accident Insurance which may result in a different coverage level than via the work cover program.

Prizes will be available for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for all other categories. Due to low entries in some categories, athletes/teams will be required to beat another athlete or team in order to receive a prize (i.e. if there are only three competitors in a category, only the top 2 placings will receive a prize).

All the results for the event can be found here:

<https://www.multisportaustralia.com.au/races>

## Craft Drop Off & Parking

There will be a designated craft drop off zone as marked on the site map.

Strictly no parking will be available in the clubhouse carpark as these will be reserved to pre-approved persons. Any clubs that require trailer parking should contact Greg Pierce (phone or email).

Competitors are encouraged to park in surrounding streets. Please be respectful of local residents and only park in designated areas. Parking restrictions will be enforced by Sutherland Shire Council.



### Handler Information

Only pre-registered and pre-screened handlers will be permitted in the competition area during competition in progress. All competitors and handlers must leave the area with all equipment at the conclusion of their events.

Handlers should wear the Handler bibs provided in the athlete pack.

### Spectator Information

Spectators will not be permitted access to the competition area, however spectator viewing will be accessible along the pedestrian walkway and where possible adjacent to the competition area. Please refer the course map for best viewing positions, being mindful to maintain social distancing.

### Event Communication

SLNSW will be using Team App to send out updates and notifications about the Bate Bay Gold.

It is highly recommended that everyone planning to attend any NSW State Championships event download TeamApp when Entry Nominations are submitted. If you cannot download the App onto a phone or tablet, you may also access TeamApp in a web browser on any computer.



To register for these event updates please follow the below instructions:

- 1) Download the “TeamApp” application from the App Store or Google Play
- 2) Log in / Sign up to receive live event notifications
- 3) Once logged in search “2021 Bate Bay Gold”
- 4) Click the “Become a member of this TeamApp” icon at the top of the screen then select the appropriate group you wish to receive notifications from

By joining the event and turning on your mobile app notifications, you will receive notifications and email updates as they are posted, ensuring you never miss any important information.

PLEASE NOTE: It is an individual’s/Club’s obligation (SSM 2.17) to ensure they listen for announcements and marshalling. Not receiving a TeamApp update is not an excuse for missing events.

## **Safety**

### **First Aid & Support Stations**

- As the only transition zone, Wanda will act as the primary hub for all refuelling and first aid needs.

### **Water Safety**

- Water Safety will consist of IRBs and jet skis. Water Safety personnel will be wearing hi-vis orange.
- Additionally, all U15 competitors in the Swim leg MUST have a board paddler with them for the Swim leg component of the course. This board paddler must as a minimum hold a Surf Rescue Certificate (SRC) and be proficient.

## **SLSA Anti Doping Policy**

Surf Life Saving NSW supports the Australian Government, the Australian Sports Commission, the Australian Olympic Committee, and Sports Integrity Australia (SIA) in their efforts to eradicate the use of drugs in sport. SLSA has published an anti-doping policy, which will be adhered to for this event.

Please be aware that random drug testing could take place during the 2021 Bate Bay Gold.

It is highly recommended all competitors and club members (including coaches, handlers and support personnel) complete the SIA online e-learning program (Level 1) to ensure all personnel are aware of contemporary issues pertaining to anti-doping. The link to access this e-learning program is: <https://elearning.sportintegrity.gov.au/> Further to this, it is highly recommended that each team, under the direction of the management, undergo at least one anti-doping education and awareness activity as a group.

It is recommended all competitors and club member (including coaches, handlers and support personnel) utilise the SIA Check Your Substances reference site, or phone 1300 027 232.