



Development Coach Assessment Portfolio



Development Coach

Assessment Portfolio for Accreditation

Candidate Details

Name:

Email:

Club:

WWCC/WWVP
Registration No:

WWCC/WWVP
Expiry Date:

Please ensure the following items have been completed prior to assessment:

- Development Coach (online theory modules)
- Development Coach online elective/s
- ASC Community Coaching – Essential Skills course
- Sport Integrity Australia Anti-Doping Fundamentals (recommended)
- Sport Integrity Australia Annual Update (recommended)
- Evidence of Planning (assessment task 1)

Modules Being Assessed:

- Introduction to Surf Sports
 - Understanding Your Athletes
 - Developing Your Athletes' Skills
 - Developing Your Athletes' Physical Capabilities
 - Managing Your Surf Sport Coaching Program
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Module: Introduction to Surf Sport Coaching

Outcomes	C	NYC	Comments
The candidate can describe the broad nature of the SLSA Participant Development Pathway and the implications this has for Development Coaches			
The candidate can describe the roles of a Development Coach			
The candidate can describe the basic roles of various Surf Sports Officials and access additional information if required.			

Module: Understanding Your Athletes

Outcomes	C	NYC	Comments
The candidate can describe the key characteristics (physical, social and emotional) of Surf Sports participants in the Learn/Participate phase of development			
The candidate can develop coaching strategies designed to effectively motivate Surf Sports participants in the Learn/Participate phase of development, with different learning styles and personality types.			
The candidate can develop coaching strategies to ensure an inclusive coaching program.			
The candidate can develop coaching strategies designed to increase the self-awareness, responsibility and belief of those I coach.			
The candidate can describe the importance of coaching <i>with engagement</i> versus coaching <i>by compliance</i> and identify coaching strategies to implement this philosophy.			

Module: Developing Your Athletes' Skills

Outcomes	C	NYC	Comments
The candidate can describe the importance of constraints based coaching and identify coaching strategies to implement this philosophy.			
The candidate can describe the relevance of explicit and implicit learning models and identify coaching strategies to implement both approaches.			
The candidate can describe the key components of the stages of skill learning and identify coaching strategies relevant to each stage.			

Module: Developing Your Athletes' Physical Capacities

Outcomes	C	NYC	Comments
The candidate can describe the principles of training and how these relate to the physical preparation of Surf Sports participants in the Learn / Participate phase of development.			
The candidate can describe the components of fitness and how they relate to successful participation in my chosen Surf Sport discipline.			
The candidate can describe the structures of the body and their role in Surf Sports performance.			
The candidate can describe the role of the three (3) energy systems utilised by Surf Sports Athletes.			
The candidate can identify safe and effective coaching strategies designed to develop the physical capacities of Surf Sports participants in the Learn/Participate phase of development.			

Module: Managing Your Surf Sport Coaching Program

Outcomes	C	NYC	Comments
The candidate can identify effective communication strategies designed to develop a harmonious relationship with other coaches, officials, parents, club volunteers and other relevant program stakeholders.			
The candidate can describe strategies to effectively manage their time as a Surf Sports Coach.			
The candidate understands the importance of athlete/group involvement in the development of program objectives and goals.			
The candidate can identify relevant human and physical resource requirements of my coaching program and how these may be realistically attained.			
The candidate can describe the core components of a monthly training plan for Surf Sports participants in the Learn/Participate phase of development.			
The candidate can describe the risk management process as it relates to being a Surf Sports Coach and identify SLSA tools that can be used to enhance the safety of my program.			

SLSA Assessor Recommendations

The candidate is assessed as competent in the above modules:

Assessor Name:

Assessor Club:

Assessor Signature:

Method of Assessment:

Date of Assessment:

Feedback to Candidate:

Development Coach Elective: Assessment Portfolio

Candidate Details

Name:

Email:

Club:

Modules Being Assessed: Beach Events
Swim Events
Ski Events
Board Events
IRB
Surf Boats
R & R
Ironperson
Lifesaving
Pool Rescue

Module: Development Coach: Beach Events

Outcomes	C	NYC	Comments
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The candidate can plan, deliver and review safe and effective game-based Beach Event coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.

The candidate can develop a suitable monthly coaching plan for a number of Beach Event athletes who are in the Learn/Participate phase of development.

Module: Development Coach: Swim Events

Outcomes	C	NYC	Comments
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The candidate can plan, deliver and review safe and effective game-based Swim Event coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.

The candidate can develop a suitable monthly coaching plan for a number of Swim Event athletes who are in the Learn/Participate phase of development.

Module: Development Coach: Ski Events

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective game-based Ski Event coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of Ski Event athletes who are in the Learn/Participate phase of development.			

Module: Development Coach: Board Events

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective game-based Board Event coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of Board Event athletes who are in the Learn/Participate phase of development.			

Module: Development Coach: IRB Events

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective IRB Driver and Crew coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of IRB athletes (drivers and crews).			

Module: Development Coach: Surf Boats

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective Surf Boat coaching sessions, which develop participants' (crew and sweeps) discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of Surf Boat athletes (crew and sweeps).			

Module: Development Coach: R&R

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective game-based R&R coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of R&R Event athletes who are in the Learn/Participate phase of development.			

Module: Development Coach: Iron

(Must have completed Board, Ski, Swim Elective Modules)

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective game-based Ironman/Ironwoman Event coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of Ironman/Ironwoman Event athletes who are in the Learn/Participate phase of development.			

Module: Development Coach: Lifesaving

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective game-based Lifesaving Event coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of Lifesaving Event athletes who are in the Learn/Participate phase of development.			

Module: Development Coach: Pool Rescue

Outcomes	C	NYC	Comments
The candidate can plan, deliver and review safe and effective game-based Pool Rescue coaching sessions, which develop participants' discipline specific skills, fitness and event understanding.			
The candidate can develop a suitable monthly coaching plan for a number of Pool Rescue athletes who are in the Learn/Participate phase of development.			

SLSA Assessor Recommendations Elective Modules

The candidate is assessed as competent in the above modules:

Assessor Name & Club:

Assessor Club:

Assessor Signature:

Method of Assessment:

Date of Assessment:

Feedback to Candidate: