



# Foundation Coach Training Process and FAQ

February 2023



# Introduction

---

The Foundation Coach course provides entry level coaching for members actively participating in a club surf sport environment (recreationally or competitively).

## Step 1: Course Allocation

Congratulations, you have decided that you would like to become a Foundation Coach.

- Login to the [SLS Members Area](#) > Login to eLearning > Training Library > SLS – Coaching > Foundation Coach > Enrol
- You will receive an email from 'etrainu LMS' once you have been allocated a course
- Contact your State/Territory for more information on how to enrol in the Foundation Coach course  
<https://sls.com.au/state-centres/>

If you require technical assistance with the SLS Members Area or with the online training process, consult the *SLS eLearning User Guide* available on the SLS IT Helpdesk website <https://help.sls.com.au/>

## Step 2: Working with Children Check (WWCC)/Working with Vulnerable People Check (WWVP)

- The requirements for WWCC/WWVP is slightly different in each State and Territory. To determine what they are for your situation, please visit the [AIFS website](#)
- Once the requirements for your State/Territory are complete, please provide your SLS Club with your WWCC/WWVP number so this may be recorded in SurfGuard
- Contact your State/Territory if you are unsure of the requirements

## Step 3: Complete Module 1 the Australian Sports Commission's (ASC) Community Coaching – Essential Skills Course

- Community Coaching – Essential Skills Course is Module 1 of the SLS Foundation Coach course. The course was developed in collaboration with the sport sector, with a new approach to supporting the development, education and training of coaches and empowering them to provide safe, fun and inclusive environments that focus on the needs of participants
- Log into the SLS Members Area > eLearning > My Training > Foundation Coach > Australian Sports Commission's Community Coaching – Essential Skills > View Slides > Start > **Click the link** > You will be taken to [Australian Sport Learning Centre](#) (external website) > Log In or Create New Account > Coaches Essential Skills Go > Complete: Community Coaching – Essential Skills Course (no fee)
- Take note of the certificate number located at the bottom of the certificate
- Log back into the SLS Members Area > eLearning > My Training > Foundation Coach > Australian Sports Commission's Community Coaching – Essential Skills > View Slides > Take Assessment > Complete Question 1 and 2 (enter certificate number) > Submit

## Step 4: Complete the SLS Online Modules

- Login to the [SLS Members Area](#) > click on eLearning > My Training > SLS – Foundation Coach
- Complete the following course modules at your own pace:
  - Introduction to Surf Sport Coaching
  - Time to Coach
- Upon successful completion, you will automatically be allocated the SLS "Foundation Coach (Online Theory Module)"

## **Step 5 Complete the Written Assessment**

- As part of the online course, there is one written assessment. Complete the assessment and print it off or save a copy to your device
- Present the completed assessment to your Development Coach Assessor when attending the face-to-face workshop/coaching session

## **Step 6 Book in a Face-to-Face Workshop/Coaching Session**

- Once you have completed the Online Coaching Module, you will automatically be allocated the “Foundation Coach (Online Module)” award. You will still need to complete a face-to-face workshop/coaching session
- Please contact your Club, Branch or State/Territory to arrange a face-to-face workshop/coaching session with a Coach Assessor
- Present a copy of your ‘Written Assessment’ and ‘Working with Children’s Check’ to your assessor
- The assessor will take you through a face-to-face workshop/coaching session (duration dependent)
- Upon successful completion of the face-to-face workshop and assessment, you will be allocated SS - Foundation Coach by your State/Territory

## **Step 7 Begin Coaching**

## FAQS

### Is Foundation Coach a pre-requisite for Development Coach?

- No. Foundation Coach provides an entry level course for parents and club members who are new to coaching. Participants must be 16 years of age

### How long does the Foundation Coach accreditation last for?

- All courses are accredited for four (4) years.
- Please ensure you submit your reaccreditation by the end of the fourth year to maintain accreditation. To reaccredit, complete the coaching reaccreditation form found on the SLS Members Area > Document Library

### How long will it take for me to complete the course?

- Each online learning module is designed to take approximately 30 minutes.
- The duration of the face-to-face workshop/coaching session is dependent on Branch/State/Territory. Please note, that there may be a few weeks between completing Foundation Coach Modules and a face-to-face being available

### How much does it cost? How do I pay?

- Each State/Territory differs in price. Payment can be made with credit/debit card in the SLS Members Area > eLearning. You will receive an invoice to your email address once payment has been processed

### I haven't received my receipt for my course. Where is it?

- All coaching courses are linked to SurfGuard, your receipt will be emailed to the email registered in SurfGuard. Please ensure your email is up to date in the SLS Members Area, and check your junk or spam folders

### I've got to the last slide, however it won't let me complete the course.

- Make sure that you have opened every slide in the course and that you have completed all the questions, clicked all tiles/icons and watched each video to the end

### The online course starts at Module 2. Where is Module 1?

- Module 1, is the Australian Sports Commission's Community Coaching – Essential Skills Course course. Please refer to step 3

### Where can I find the expiry date of my Coaching qualification?

- Log into the [SLS Members Area](#) > Memberships > Awards > SS – Development > Expiry Date

### If I would like a copy of my certificate of completion, where can I find it?

- Log into the [SLS Members Area](#) > click on eLearning > My Training > scroll down to Completed Courses > SLS – Development Coach > Click on Certifications > Certification 1

### Where can I find the Surf Sports Manual?

The Surf Sports Manual can be found in two locations:

- SLS Publications App – is supported on both Apple and Android devices and is available through the [App Store](#) and [Google Play](#)
- [SLS Members Area](#) > Document Library > Organisation – Surf Life Saving Australia > Search – Surf Sports Manual

### **What other courses would further increase my knowledge as a coach?**

- Sport Integrity Australia have a range of courses from Clean Sport 101 to Coaches Course. Courses can be located on Sport Integrity Australia's website <https://elearning.sportintegrity.gov.au/>
- SLS recommends that before incorporating resistance training into training programs (especially power and strength training using weights), coaches undertake the Australian Strength and Conditioning Association's Level 1 Coaching Qualification. For more information click [here](#)
- SLS Sports Hub platform is a central hub for all things sport and is accessible via the [SLS Members Area](#) > Sports Hub. Within Sports Hub is Coach Connect. Coach Connect hosts coaching resources across all disciplines of sport which also has the capacity to facilitate online workshops which can be viewed live or at a later date. Coach Connect is designed to support the continuous development of accredited surf sport coaches