

Performance Coach

Assessment Portfolio









Performance Coach

Assessment Portfolio for Accreditation

| Candidate Details | |
|-------------------------------|---|
| Name: | |
| Email: | |
| Club: | |
| WWCC/WWVP Registration No: | |
| WWCC/WWVP Expiry Date: | |
| Please ensure the follow | ving items have been completed prior to assessment: |
| | Holds current Development Coach Accreditation |
| | Completed Performance Coach (online theory modules) |
| | ASC Community Coaching – Essential Skills course |
| | Sport Integrity Australia Anti-Doping Fundamentals |
| | Sport Integrity Australia Annual Update |
| Modules Being Assess | ed: |
| | Developing Performance Level Technical Skills |
| | Developing Performance Level Physical |
| | Capacities Developing Performance Level |
| | Psychological Skills Planning Your Performance |
| | Level Coaching Program Coach Presenter |
| | Workshop |
| | Coach Assessor |
| | Coach Mentor |

Module: Developing Performance Level Technical Skills

| Outcomes | С | NYC | Comments |
|---|---|-----|----------|
| The candidate can describe various learning and skill acquisition approaches and how they can be used when coaching Surf Sports athletes. | | | |
| The candidate can describe the importance of athlete self- awareness and decision making in the development of athlete skills and identify coaching strategies to implement both approaches. | | | |
| The candidate can demonstrate an understanding of practical movement analysis principles to develop skill development activities suitable for performance level Surf Sports athletes. | | | |

Module: Developing Performance Level Physical Capacities

| Outcomes | С | NYC | Comments |
|--|---|-----|----------|
| The candidate can identify appropriate physical testing protocols to assess the physical capacity of performance level Surf Sport athletes. | | | |
| The candidate can demonstrate an understanding of the components of fitness and the principles of training, to analyse the results of physical testing and identify relevant physical training activities for performance level Surf Sport athletes. | | | |

Module: Developing Performance Level Psychological Skills

| Outcomes | С | NYC | Comments |
|---|-------|-----|----------|
| The candidate can identify appropriate psychological profiling protocols / tools to assess the psychological strengths and weaknesses of Surf Sports athletes. | | | |
| The candidate can analyse the results of psychological profactivities, to identify relevant psychological training activities performance level Surf Sports athletes. | | | |
| | 0.101 | | |

Module: Planning Your Performance Level Coaching Program

| Outcomes | С | NYC | Comments |
|---|---|-----|----------|
| The candidate can describe the core components of an integrated seasonal training and competition plan for Surf Sports participants in the Perform phase of development. | | | |
| The candidate can describe the risk management process, as it relates to being a Surf Sports Coach working with performance level athletes and identify SLSA tools I can use to enhance the safety of my program. | | | |

Module: SLSA Coach Practical Workshop Presenter

Outcomes C NYC Comments

The candidate can identify program resources required to facilitate a workshop. The candidate understand the eLearning content and assessment tasks.

Module: SLSA Coach Assessor

Outcomes C NYC Comments

The candidate understands the SLSA coach accreditation assessment resources, along with an understanding of the learning needs of candidates, to effectively facilitate the candidate led assessment of SLSA Coach Accreditation Program participants.

Module: SLSA Coach Mentor

Outcomes C NYC Comments

The candidate is familiar with the mentoring agreement. The candidate can identify strengths, weaknesses and has the ability set goals.

Elective Module

Disciplines Chosen:

Note: the candidate must already hold the relevant Development Coach Accreditation in each discipline they are wishing to upskill to Performance

Outcomes C NYC Comments

The candidate can plan, deliver and review safe and effective coaching sessions, which develop performance level athletes' discipline specific skills, fitness and event understanding.

Overall Assessment Decision

Based on all evidence collected has the candidate achieved the learning outcomes for each module?

| Core Module | С | NYC | Assessor Comments (if required) |
|---|---|-----|---------------------------------|
| Developing Performance Level Technical Skills | | | |
| Developing Performance Level Physical Capacities | | | |
| Developing Performance Psychological Skills | | | |
| Planning Your Performance Level Coaching Program | | | |
| SLSA Coach Practical Workshop Presenter | | | |
| SLSA Coach Assessor | | | |
| SLSA Coach Mentor | | | |
| | | | |
| Elective Module | С | NYC | Assessor Comments (if required) |
| Performance Coach – Beach Events | | | |
| Performance Coach – Swim Events | | | |
| Performance Coach – Ski Events | | | |
| Performance Coach – Board Events | | | |
| Performance Coach – IRB | | | |
| Performance Coach – Surf Boats | | | |
| Performance Coach – R&R | | | |
| Performance Coach – Ironman | | | |
| Performance Coach – Lifesaving | | | |
| Performance Coach – Pool Rescue | | | |

| modules: | C | NYC |
|-------------------------|---|-----|
| Assessor Name: | | |
| Assessor Club: | | |
| Assessor Signature: | | |
| Method of Assessment: | | |
| Date of Assessment: | | |
| Location of Assessment: | | |
| Feedback to Candidate: | | |
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