



# Surf Life Saving Australia - Circular

<b>Title:</b>	SLSA Women 'Coaching for the Elite' Program
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<b>Audience:</b>	SLSA Coaches
<b>From:</b>	Tracey Bloxson, SLSA Sport Development Coordinator
<b>Date:</b>	24 June 2022
<b>Strategy/KPI</b>	2.1. Providing and promoting engaging leadership and learning opportunities
<b>Summary:</b>	SLSA is calling for nominations to participate in the Women in Sport 'Coaching for the Elite' Program. The program will take place in Sydney 20 & 21 August 2022. The closing date for nominations is Wednesday 20 July 2022.

Surf Life Saving Australia (SLSA) embraces the importance of a diverse and inclusive organisation, including gender equality, and seeks to increase the number of women members who hold leadership roles within SLS nationally. We are pleased to call for nominations for the second Women in Sport 'Coaching for the Elite' Program. The Program will provide current women SLSA Development Coaches (or equivalent) with the SLSA Performance Coach (online theory module) course and an in-person Performance Coach workshop run by coaching experts and sporting professionals.

Involvement will create a pathway for women within the coaching field, providing opportunities to be upskilled and develop performance level technical and psychological skills. Upon completion of The Program, participants will be assessed against the relevant coaching criteria and allocated the Performance Coach accreditation in their chosen discipline/s.

At the Performance level, coaches not only have the opportunity to expand into elite coaching and competition, but also are equipped with the assessing and mentoring accreditation so they can continue to expand the SLSA coaching fraternity and bring through great coaches.

Date	Time	Location
Saturday 20 August	10:00 am – 5:00 pm (TBC)	Sydney (potentially Bondi Beach)
Sunday 21 August	8:30 am – 1:00 pm (TBC)	Sydney (potentially Bondi Beach)

## How to nominate

Complete the [Nomination Form](#) by Wednesday 20 July 2022.

## Who can apply?

Applicants must meet the following requirements:

- Be a current financial member of an SLSA affiliated surf lifesaving club
- Currently hold a Development Coach or equivalent accreditation
- Women of a minimum of 18+ years of age by 1 January 2022

## Notification of applicants

Applicants will be assessed against relevant criteria for suitability and **endorsed through their State/Territory by COB Friday 22 July**. Successful applicants will be notified via email by SLSA. At this time applicants will also be allocated the Performance Coach (online theory modules) course to commence their learning.

If you are unsuccessful at this time, SLSA will be in contact to discuss why and provide alternative pathways to assist you in being ready to participate in the Performance Coach Program.

## How much does The Program cost?

The Program is predominately funded by SLSA.

Successful applicants will pay \$150 (including GST) if flying to Sydney, or \$75 (including GST) if they are using ground transport (parking can be arranged).

## Surf Life Saving Australia

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### **What costs are covered by SLSA?**

The applicant fee is the only charge which is subsidised by SLSA and will cover transport to and from Sydney, all meals, accommodation, activities, and materials. The Performance Coach (online theory modules) will also be allocated to successful applicants at no cost.

Other expenses such as incidentals, airport parking, taxis will be at the individual's expense or may be reimbursed by the individuals state/territory.

### **Program Outline/Deliverables**

1. Once approved as a successful applicant, members will be allocated the Performance Coach (online theory modules).
2. This must be completed prior to attending the workshop.
3. Applicants must also attend the two-day face to face workshop in Sydney.
4. On successful completion of this, applicants will be allocated an assessor/mentor to sign off their relevant discipline/s.
5. Upon completion, SLSA encourage participants to apply for the SLSA's Women's Mentoring Program (next intake commencing November 2022), which will provide further opportunities to progress their leadership pathway by facilitating formalised personal and professional development.

### **What do past applicants have to say about the Program?**

*I would recommend this program to others who would like to expand their knowledge and coaching skills. The program showed me there are other women out there coaching and doing it well.*

*I would highly recommend this program to others; it connects you to a network of like-minded people who are willing to share their successes and their failures. This open dialogue is the key to continue to grow and improve our sport.*

*Every coach should take the time to do this program. The program gives you the knowledge to make decisions around how you see yourself as a coach, gives you the skills to build on your knowledge, hear from other specialists within the field about the health and wellbeing of high-performance athletes. But most of all helps you refine your true coaching style and execute effectively.*

### **Contact for further information**

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