

2023 NSW Surf Life Saving Championships - Opens Program (FINAL DRAFT)

Day 1 - Friday 3 March 2023

Water Area 1	Water Area 2	Water Area 3	Water Area 4
Open, U19 and U17 Male	Open, U19 and U17 Male	Open, U19 and U17 Female	U15 Male and Female
7.30am Report 8am Start	7.30am Report 8am Start	7.30am Report 8am Start	7:30am Report 8am Start
U19 M Surf Race (SF/F)	U19 M Surf Race (SF/F)	U19 F Surf Race (SF)	
U17 M Surf Race (H/SF)	U17 M Surf Race (H/SF)	U17 F Surf Race (SF)	U15 M Surf Race (SF)
Open M Surf Race (H/SF)	Open M Surf Race (H/SF)	Open F Surf Race (SF)	U15 F Surf Race (SF)
U17 M Board Race (H)	U17 M Board Race (H)	U17 F Board Race (H)	U15 M Board Race (H)
Open M Board Race (H/QF)	Open M Board Race (H/QF)	Open F Board Race (H/QF)	U15 F Board Race (H)
U17 M Board Race (QF)	U17 M Board Race (QF)	U17 F Board Race (QF)	U15 M Board Race (QF)
U19 M Board Race (SF)	U19 M Board Race (SF)	U19 F Board Race (SF)	U15 F Board Race (QF)
Open M Board Race (QF)	Open M Board Race (QF)	Open F Board Race (QF)	U15 M Board Race (SF)
U17 M Board Race (SF)	U17 M Board Race (SF)	U17 F Board Race (SF)	U15 F Board Race (SF)
Open M Board Race (SF)	Open M Board Race (SF)	Open F Board Race (SF)	
			U15 Ironman (H)
			U15 Ironwoman (H)
U17 M Surf Teams (H/F)	U17 M Surf Teams (H/F)	U17 F Surf Teams (SF/F)	U15 Ironman (QF)
Open M Surf Teams (SF/F)	Open M Surf Teams (SF/F)	Open F Surf Teams (SF/F)	U15 Ironwoman (QF)
U19 M Surf Teams (F)		U19 F Surf Teams (F)	U15 M Board Rescue (H/QF)
U17 M Surf Teams (F)		U17 F Surf Teams (F)	U15 F Board Rescue (QF)
Open M Surf Teams (F)		Open F Surf Teams (F)	U15 M Board Rescue (QF/SF)
U17 Ironman (H)	U17 Ironman (H)	U17 Ironwoman (QF)	
U19 Ironman (SF)	U19 Ironman (SF)	U19 Ironwoman (SF)	U15 Male Cameron SF
Open Ironman (H)	Open Ironman (H)	Open Ironwoman (QF/SF)	U15 Female Cameron SF
U17 Ironman (SF)	U17 Ironman (QF)	U17 Ironwoman (SF)	

Open Ironman (SF)	Open Ironman (SF)		
U17 M Ski Race (H)	U17 M Ski Race (H)	U17 F Ski Race (QF)	
Open M Ski Race (H)	Open M Ski Race (H)	Open F Ski Race (QF)	
U17 M Ski Race (QF)	U17 M Ski Race (QF)	U19 F Ski Race (SF)	
U19 M Ski Race (QF)	U19 M Ski Race (QF)	U17 F Ski Race (SF)	
Open M Ski Race (QF)	Open M Ski Race (QF)	Open F Ski Race (SF)	
U17 M Ski Race (SF)	U17 M Ski Race (SF)		
U19 M Ski Race (SF)	U19 M Ski Race (SF)	U19 Mixed Double Ski (SF/F)	
Open M Ski Race (SF)	Open M Ski Race (SF)	U19 Mixed Double Ski (F)	
		Open Mixed Double Ski (H)	
		Open Mixed Double Ski (F)	
U17 Male Surf Belt (H)			
U17 Female Surf Belt (H)			
Open Male Surf Belt (H)		<i>Lifesaver Relay (SF) Timed*</i>	
Open Female Surf Belt (H)			
U19 Male Surf Belt (H)			
U19 Female Surf Belt (H)			
Open Male Surf Belt (SF)			
U17 Male Surf Belt (F)			
U17 Female Surf Belt (F)			
U19 Male Surf Belt (F)			
U19 Female Surf Belt (F)			
Open Male Surf Belt (F)			

**Timing TBC*

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Day 2 - Saturday 4 March 2023

Water Area 1 Open, U19, U17, U15 M	Water Area 2 Open, U19, U17, U15 M	Water Area 3 Open, U19, U17, U15 F	Beach Area	R&R (at Freshwater)
7.30am Report 8am Start	7.30am Report 8am Start	7.30am Report 8am Start	7am Report 7:15am Start	7am Report 8am Start
<i>U15 M Board Race (QF)*</i>	<i>U15 M Board Race (QF)*</i>	<i>U15 F Board Race (QF)*</i>	U15/U17/U19/Open 2km Run M/F	
U19 M Board Relay (SF/F)	U19 M Board Relay (SF/F)	U19 F Board Relay (SF/F)	U15/U17/U19/Open 1km Relay M/F	U17 2 Person
U15 M Board Relay (SF)	U15 M Board Relay (SF)	U15 F Board Relay (SF)		U17 5 Person
U17 M Board Relay (SF)	U17 M Board Relay (SF)	U17 F Board Relay (SF)	U19 F/M Sprints (SF)	U19 2 Person
Open M Board Relay (SF)	Open M Board Relay (SF)	Open F Board Relay (SF)	U17 F/M Sprints (QF)	U19 5 Person
U15 M Board Relay (F)	U15 M Surf Teams (SF/F)	U15 F Board Relay (F)	U15 F/M Sprints (QF)	U23 5 Person
U19 M Board Relay (F)	U15 F Surf Teams (SF/F)	U19 F Board Relay (F)	Open F/M Sprints (QF)	Open 2 Person
U17 M Board Relay (F)	U15 M Surf Teams (F)	U17 F Board Relay (F)		Open 6 Person
Open M Board Relay (F)	U15 F Surf Teams (F)	Open F Board Relay (F)	U17 F/M Sprints (SF)	Open Male 5 Person
			U15 M/F Sprint (SF)	Open Female 5 Person
U15 M Board Rescue (SF)	U15 M Board Rescue (SF)	U15 F Board Rescue (SF)	Open M/F Sprints (SF)	Open Mixed 5 Person
U17 M Board Rescue (H)	U17 M Board Rescue (H)	U17 F Board Rescue (QF)		
Open M Board Rescue (QF)	Open M Board Rescue (QF)	U19 F Board Rescue (SF)	Finals of sprints	
U17 M Board Rescue (QF)	U17 M Board Rescue (QF)	U17 F Board Rescue (SF)		
U19 M Board Rescue (SF)	U19 M Board Rescue (SF)	Opens F Board Rescue (SF)	U19 F/M Relays (F)	
U17 M Board Rescue (SF)	U17 M Board Rescue (SF)	U15 F Board Rescue (F)	U17 F/M Relays (F)	
Open M Board Rescue (SF)	Open M Board Rescue (SF)	U17 Board Rescue (F)	Open F/M Relays (F)	
		U19 F Board Rescue (F)	U15 F/M Relays	
U15 M Board Rescue (F)		Open F Board Rescue (F)		
U17 M Board Rescue (F)			U19 F/M Mixed Relay (F)	

U19 M Board Rescue (F)	U15 Ironwoman (SF)		U17 F/M Mixed Relay (F)	
Open M Board Rescue (F)	U15 Ironman (SF)	U19 F Rescue Tube Rescue (F)	Open F/M Mixed Relay (F)	
U19 M Rescue Tube Rescue (F)		Open F Rescue Tube Rescue (F)	U15 F/M Mixed Relay	
Open M Rescue Tube Rescue (F)				
		U19 F Taplin Relay (SF/F)	U19 F/M Flags	
U19 M Taplin Relay (SF/F)	U19 M Taplin Relay (SF/F)	U17 F Taplin Relay (SF/F)	U17 F/M Flags	
U17 M Taplin Relay (SF/F)	U17 M Taplin Relay (SF/F)	Open F Taplin Relay (SF)	U15 F/M Flags	
Open M Taplin Relay (SF)	Open M Taplin Relay (SF)		Open F/M Flags	
Open Mixed Taplin Relay (SF)	Open Mixed Taplin Relay (SF)			
U19 M Taplin Relay (F)		U19 F Taplin Relay (F)		
U17 M Taplin Relay (F)		U17 F Taplin Relay (F)	5pm Marshal	
<i>Open Mixed Taplin Relay (F)*</i>			March Past	
		U19 F Double Ski (SF)		
U19 M Ski Relay (SF/F)	U19 M Ski Relay (SF/F)	Open F Double Ski (SF)		
U17 M Ski Relay (SF/F)	U17 M Ski Relay (SF/F)	U19 Double Ski (F)		
Open M Ski Relay (SF)	Open M Ski Relay (SF)	Open F Double Ski (F)		
U19 M Ski Relay (F)				
U17 M Ski Relay (F)				
Open M Ski Relay (F)		U19 F Ski Relay (SF/F)		
Open M Double Ski (H)	Open M Double Ski (H)	U17 F Ski Relay (SF/F)		
U19 M Double Ski (SF/F)	U19 M Double Ski (SF/F)	Open F Ski Relay (SF)		
Open M Double Ski (SF)	Open M Double Ski (SF)	U19 F Ski Relay (F)		
U19 M Double Ski (F)		U17 F Ski Relay (F)		
Open M Double Ski (F)		Open F Ski Relay (F)		

*Timing TBC

2023 NSW Surf Life Saving Championships - Opens Program
Day 3 - Sunday 5 March 2023

Water Area 1	Water Area 2
Open, U19, U17, U15	U17, U15
Open Lifesaver Relay – Report 7AM	
Open Lifesaver Relay (F) – 7:30AM	
U15 F Cameron Relay (F)	
	U15 Female Surf Race (F)
U15 M Cameron Relay (F)	
	U15 Male Surf Race (F)
U19 Female Ski Race (F)	
	U17 Female Surf Race (F)
U19 Male Ski Race (F)	
	U17 Male Surf Race (F)
Open Female Ski Race (F)	
	U15 Female Board Race (F)
Open Male Ski Race (F)	
	U15 Male Board Race (F)
U17 Female Ski Race (F)	
	U17 Female Board Race (F)
U17 Male Ski Race (F)	
	U17 Male Board Race (F)
U19 Female Surf Race (F)	
	U15 Ironwoman (F)
U19 Male Surf Race (F)	
	U15 Ironman (F)
Open Female Surf Race (F)	

	U17 Ironwoman (F)
Open Male Surf Race (F)	
	U17 Ironman (F)
U19 Female Board Race (F)	
U19 Male Board Race (F)	
Open Female Board Race (F)	
Open Male Board Race (F)	
U19 Ironwoman (F)	
U19 Ironman (F)	
Open Ironwoman (F)	
Open Ironman (F)	
Open Female Taplin (F)	
Open Male Taplin (F)	

**Timing TBC*