



## 2024 NSW Surf Life Saving OPEN Championships

Day 1 – Friday 15 <sup>th</sup> March 2024 – 1:15pm High @ 1.36m			
RED AREA OPEN, U19 & U17 MALE	GREEN & GOLD AREA OPEN, U19 & U17 MALE	PINK AREA OPEN, U19 & U17 FEMALE	BLACK & WHITE AREA U15 MALE & FEMALE
7:30am Report – 8am Start			
U19 Ironman (SF)	U19 Ironman (SF)	U17 Ironwoman (QF)	U15 Ironman (H)
U17 Ironman (QF)	U17 Ironman (QF)	U19 Ironwoman (SF)	U15 Ironwoman (H)
Open Ironman (QF/SF)	Open Ironman (QF/SF)	Open Ironwoman (QF/SF)	U15 Ironman (SF)
U17 Ironman (SF)	U17 Ironman (SF)	U17 Ironwoman (SF)	U15 Ironwoman (SF)
Open Ironman (SF)	Open Ironman (SF)		
U19 Male Surf Race (SF)	U19 Male Surf Race (SF)	U19 Female Surf Race (SF)	U15 Male Cameron Relay (SF)
U17 Male Surf Race (H/SF)	U17 Male Surf Race (H/SF)	U17 Female Surf Race (SF)	U15 Female Cameron Relay (SF)
Open Male Surf Race (SF)	Open Male Surf Race (SF)	Open Female Surf Race (SF)	
U17 Male Board Race (H)	U17 Male Board Race (H)	U17 Female Board Race (H)	U15 Male Surf Race (SF)
Open Male Board Race (H)	Open Male Board Race (H)	Open Female Board Race (H)	U15 Female Surf Race (SF)
U17 Male Board Race (QF)	U17 Male Board Race (QF)	U17 Female Board Race (QF)	
U19 Male Board Race (QF)	U19 Male Board Race (QF)	U19 Female Board Race (SF)	
Open Male Board Race (QF)	Open Male Board Race (QF)	Open Female Board Race (QF)	U15 Male Board Race (H)
U17 Male Board Race (SF)	U17 Male Board Race (SF)	U17 Female Board Race (SF)	U15 Female Board Race (H)
Open Male Board Race (SF)	Open Male Board Race (SF)	Open Female Board Race (SF)	
U19 Male Board Race (SF)	U19 Male Board Race (SF)		
U17 Male Surf Teams (SF/F)	U17 Male Surf Teams (SF/F)	U17 Female Surf Teams (SF/F)	U15 Male Board Rescue (H/QF)
Open Male Surf Teams (SF/F)	Open Male Surf Teams (SF/F)	Open Female Surf Teams (SF/F)	U15 Female Board Rescue (QF)
U19 Male Surf Teams (SF/F)	U19 Male Surf Teams (SF/F)	<b>U19 Female Surf Teams (F)</b>	U15 Male Board Rescue (QF/SF)
<b>U17 Male Surf Teams (F)</b>	<b>U17 Male Surf Teams (F)</b>	<b>U17 Female Surf Teams (F)</b>	U15 Female Board Rescue (SF)
<b>Open Male Surf Teams (F)</b>	<b>Open Male Surf Teams (F)</b>	<b>Open Female Surf Teams (F)</b>	U15 Male Board Rescue (SF)
<b>U19 Male Surf Teams (F)</b>	<b>U19 Male Surf Teams (F)</b>		



## 2024 NSW Surf Life Saving OPEN Championships

Day 1 – Friday 15 <sup>th</sup> March 2024 – 1:15pm High @ 1.36m – cont...			
RED AREA OPEN, U19 & U17 MALE	GREEN & GOLD AREA OPEN, U19 & U17 MALE	PINK AREA OPEN, U19 & U17 FEMALE	BEACH AREA
			4pm Report – 4.30pm Start
U17 Male Ski Race (H)	U17 Male Ski Race (H)	U17 Female Ski Race (QF)	U15 M & F 2km Run
Open Male Ski Race (H)	Open Male Ski Race (H)	Open Female Ski Race (QF)	U17 M & F 2km Run
U17 Male Ski Race (QF)	U17 Male Ski Race (QF)	U19 Female Ski Race (SF)	U19 M & F 2km Run
U19 Male Ski Race (QF)	U19 Male Ski Race (QF)	U17 Female Ski Race (SF)	Open M & F 2km Run
Open Male Ski Race (QF)	Open Male Ski Race (QF)	Open Female Ski Race (SF)	
U17 Male Ski Race (SF)	U17 Male Ski Race (SF)		U15 M & F 1km Relay
U19 Male Ski Race (SF)	U19 Male Ski Race (SF)		U17 M & F 1km Relay
Open Male Ski Race (SF)	Open Male Ski Race (SF)		U19 M & F 1km Relay
			Open M & F 1km Relay
U17 Male Surf Belt (H)		U19 Mixed Double Ski (SF/F)	
U17 Female Surf Belt (H)		<b>U19 Mixed Double Ski (F)</b>	
Open Male Surf Belt (H)			
Open Female Surf Belt (H)		Open Mixed Double Ski (SF)	
U19 Male Surf Belt (H)		<b>Open Mixed Double Ski (F)</b>	
U19 Female Surf Belt (H)			
Open Male Surf Belt (SF)			
<b>U17 Male Surf Belt (F)</b>			
<b>U17 Female Surf Belt (F)</b>			
<b>U19 Male Surf Belt (F)</b>			
<b>U19 Female Surf Belt (F)</b>			
<b>Open Male Surf Belt (F)</b>			
<b>Open Female Surf Belt (F)</b>			



## 2024 NSW Surf Life Saving OPEN Championships

Day 2 – Saturday 16 <sup>th</sup> March 2024 – 2:16pm High @1.22m				
RED AREA OPEN, U19, U17 & U15 MALE	GREEN & GOLD AREA OPEN, U19, U17 & U15 MALE	PINK AREA OPEN, U19, U17 & U15 FEMALE	BEACH AREA	R&R (FRESHWATER)
7.30am Report – 8am Start	7.30am Report – 8am Start	7.30am Report – 8am Start	8am Report – 8.30am Start	7am Report – 8am Start
U15 Male Board Relay (QF/SF)	U15 Male Board Relay (QF/SF)	U15 Female Board Relay (QF)	U19 F & M Sprint (SF)	U17 2 Person
U19 Male Board Relay (SF/F)	U19 Male Board Relay (SF/F)	U19 Female Board Relay (SF)	U17 F & M Sprint (QF)	U17 5 Person
U17 Male Board Relay (SF)	U17 Male Board Relay (SF)	U17 Female Board Relay (SF)	Open Female Sprint (SF/QF)	U19 2 Person
Open Male Board Relay (SF)	Open Male Board Relay (SF)	Open Female Board Relay (SF/F)	U15 F & M Sprint (QF)	U19 5 Person
			Open Male Sprint (SF)	U23 5 Person
<b>U15 Male Board Relay (F)</b>		<b>U15 Female Board Relay (F)</b>	U17 F & M Sprint (SF)	Open 2 person
<b>U19 Male Board Relay (F)</b>	U15 Male Surf Teams (SF)	<b>U19 Female Board Relay (F)</b>	U15 F & M Sprint (SF)	Open 6 Person
<b>U17 Male Board Relay (F)</b>	U15 Female Surf Teams (SF)	<b>U17 Female Board Relay (F)</b>		Open Male 5 Person
<b>Open Male Board Relay (F)</b>		<b>Open Female Board Relay (F)</b>	<b>U19 F &amp; M Sprint (F)</b>	Open Female 5 Person
	<b>U15 Male Surf Teams (F)</b>		<b>U17 F &amp; M Sprint (F)</b>	Open Mixed 5 Person
	<b>U15 Female Surf Teams (F)</b>		<b>Open F &amp; M Sprint (F)</b>	
			<b>U15 F &amp; M Sprint (F)</b>	
U17 Male Board Rescue (H)	U17 Male Board Rescue (H)	U17 Female Board Rescue (QF)		
Open Male Board Rescue (QF)	Open Male Board Rescue (QF)	U19 Female Board Rescue (SF)	<b>U19 F &amp; M Sprint Relay (F)</b>	
U17 Male Board Rescue (H)	U17 Male Board Rescue (QF)	U17 Female Board Rescue (SF)	<b>U17 F &amp; M Sprint Relay (F)</b>	
U19 Male Board Rescue (SF)	U19 Male Board Rescue (SF)	Open Female Board Rescue (SF)	<b>Open F &amp; M Sprint Relay (F)</b>	
U17 Male Board Rescue (QF)	U17 Male Board Rescue (SF)		<b>U15 F &amp; M Sprint Relay (F)</b>	
Open Male Board Rescue (SF)	Open Male Board Rescue (SF)			
U17 Male Board Rescue (SF)	U17 Male Board Rescue (SF)		<b>U19 Mixed Sprint Relay (F)</b>	
			<b>U17 Mixed Sprint Relay (F)</b>	
<b>U15 Male Board Rescue (F)</b>		<b>U15 Female Board Rescue (F)</b>	<b>Open Mixed Sprint Relay (F)</b>	
<b>U17 Male Board Rescue (F)</b>		<b>U17 Female Board Rescue (F)</b>	<b>U15 Mixed Sprint Relay (F)</b>	
<b>U19 Male Board Rescue (F)</b>		<b>U19 Female Board Rescue (F)</b>		
<b>Open Male Board Rescue (F)</b>		<b>Open Female Board Rescue (F)</b>		



## 2024 NSW Surf Life Saving OPEN Championships

Day 2 – Saturday 16 <sup>th</sup> March 2024 – 2.16pm High @1.22m			
RED AREA	GREEN & GOLD AREA	PINK AREA	BEACH AREA
OPEN, U19, U17 & U15 MALE	OPEN, U19, U17 & U15 MALE	OPEN, U19, U17 & U15 FEMALE	
U19 Male Rescue Tube Rescue (4 person) (F)		U19 Female Rescue Tube Rescue (4 person) (F)	
Open Male Rescue Tube Rescue (4 person) (F)		Open Female Rescue Tube Rescue (4 person) (F)	
U19 Male Taplin Relay (SF/F)	U19 Male Taplin Relay (SF/F)	U19 Female Taplin Relay (SF/F)	<b>U19 F &amp; M Flags (F)</b>
U17 Male Taplin Relay (SF/F)	U17 Male Taplin Relay (SF/F)	U17 Female Taplin Relay (SF/F)	<b>U17 F &amp; M Flags (F)</b>
Open Male Taplin Relay (SF)	Open Male Taplin Relay (SF)	Open Female Taplin Relay (SF)	<b>Open F &amp; M Flags (F)</b>
Open Mixed Taplin Relay (SF)	Open Mixed Taplin Relay (SF)		<b>U15 F &amp; M Flags (F)</b>
<b>U19 Male Taplin Relay (F)</b>		<b>U19 Female Taplin Relay (F)</b>	
<b>U17 Male Taplin Relay (F)</b>		<b>U17 Female Taplin Relay (F)</b>	
U19 Male Ski Relay (SF/F)	U19 Male Ski Relay (SF/F)	U19 Female Double Ski (SF)	
U17 Male Ski Relay (SF/F)	U17 Male Ski Relay (SF/F)	Open Female Double Ski (SF)	
Open Male Ski Relay (SF)	Open Male Ski Relay (SF)	<b>U19 Female Double Ski (F)</b>	
<b>U19 Male Ski Relay (F)</b>		<b>Open Female Double Ski (F)</b>	
<b>U17 Male Ski Relay (F)</b>			
<b>Open Male Ski Relay (F)</b>		U19 Female Ski Relay (SF/F)	
		U17 Female Ski Relay (SF/F)	
Open Male Double Ski (H)	Open Male Double Ski (H)	Open Female Ski Relay (SF)	
U19 Male Double Ski (SF/F)	U19 Male Double Ski (SF/F)	<b>U19 Female Ski Relay (F)</b>	<b>MARCH PAST</b>
Open Male Double Ski (SF)	Open Male Double Ski (SF)	<b>U17 Female Ski Relay (F)</b>	<b>4.15pm Report – 5pm Start</b>
<b>U19 Male Double Ski (F)</b>		<b>Open Female Ski Relay (F)</b>	U23 March Past
<b>Open Male Double Ski (F)</b>			Open March Past
<b>Open Mixed Taplin Relay (F)</b>			



## 2024 NSW Surf Life Saving OPEN Championships

Day 3 – Sunday 17 <sup>th</sup> March 2024 – 3.34pm High @ 1.13m	
RED AREA U19 & OPEN	GREEN & GOLD AREA U15 & U17
<b>7:30am Report – 08:00am Start</b>	
Open Lifesaver Relay (F)	
<b>Welcome to Country</b>	
<b>8:00am Report – 08:30am Start</b>	
U19 Male Ski Race (F)	U15 Male Cameron Relay (F)
U19 Female Ski Race (F)	U15 Female Cameron Relay (F)
Open Male Ski Race (F)	
Open Female Ski Race (F)	U17 Male Ski Race (F)
	U17 Female Ski Race (F)
U19 Male Surf Race (F)	
U19 Female Surf Race (F)	U15 Male Surf Race (F)
Open Male Surf Race (F)	U15 Female Surf Race (F)
Open Female Surf Race (F)	U17 Male Surf Race (F)
	U17 Female Surf Race (F)
U19 Male Board Race (F)	
U19 Female Board Race (F)	U15 Male Board Race (F)
Open Male Board Race (F)	U15 Female Board Race (F)
Open Female Board Race (F)	U17 Male Board Race (F)
	U17 Female Board Race (F)
U19 Ironman (F)	
U19 Ironwoman (F)	U15 Ironman (F)
Open Ironman (F)	U15 Ironwoman (F)
Open Ironwoman (F)	U17 Ironman (F)
	U17 Ironwoman (F)
Open Male Taplin (F)	
Open Female Taplin (F)	