|                           | Day 2 – 9                  | Saturday 27 January 2024 (W   | /ATER)                       |               |
|---------------------------|----------------------------|-------------------------------|------------------------------|---------------|
| Red Arena                 | Green & Gold<br>Arena      | Pink Arena                    | Black & White<br>Arena       | Board Riding  |
| 7:30am Report – 8am Start | 7:30am Report – 8am Start  | 7:30am Report – 8am Start     | 7am Report – 7:30am Start    | 7:30am Report |
| U17 Ironman (SF)          | 30+ Mixed Double Ski (F)   | 30-39 Male Surf Race (F)      | All Age Board Relay (F)      | U14 M & F     |
| U19 Ironman (SF)          | Open Male Double Ski (F)   | 30-39 Female Surf Race (F)    |                              | 9:00am Report |
| Open Ironman (SF)         | Open Female Double Ski (F) | 40-49 Male Surf Race (F)      | U11 Ironwoman (SF)           | U13 M & F     |
|                           | Open Mixed Double Ski (F)  | 40-49 Female Surf Race (F)    | U 11 Ironwoman (F)           |               |
| U17 Male Ski (SF)         | U19 Male Double Ski (F)    | 50-59 Male Surf Race (F)      |                              |               |
| U19 Male Ski (SF)         | U19 Female Double Ski (F)  | 50-59 Female Surf Race (F)    | Jnr Cameron Relay (SF)       |               |
| Open Male Ski (SF)        |                            | 60+ Male Surf Race (F)        | Jnr Cameron Relay (F)        |               |
| U17 Male Ski Relay (F)    | U17 Ironwoman (SF)         | 60+ Female Surf Race (F)      |                              |               |
| U19 Male Ski Relay (F)    | U19 Ironwoman (SF)         | 7                             | Snr Male Board Rescue (H)    |               |
| Open Male Ski Relay (F)   | Open Ironwoman (SF)        | 30-39 Male Ski (F)            | Snr Male Board Rescue (SF)   |               |
|                           | BER.                       | 30-39 Female Ski (F)          | Snr Female Board Rescue (SF) |               |
| U17 Male Surf Race (SF)   | U17 Female Ski (SF)        | 40-49 Male Ski (F)            | Snr Male Board Rescue (F)    |               |
| U19 Male Surf Race (SF)   | U19 Female Ski (SF)        | 40-49 Female Ski (F)          | Snr Female Board Rescue (F)  |               |
| Open Male Surf Race (SF)  | Open Female Ski (SF)       | 50-59 Male Ski (F)            |                              |               |
|                           | U17 Female Ski Relay (F)   | 50-59 Female Ski (F)          | Jnr Male Board Rescue (H)    |               |
| U19 Mixed Surf Teams (F)  | U19 Female Ski Relay (F)   | 60+ Male Ski (F)              | Jnr Male Board Rescue (SF)   |               |
| U17 Mixed Surf Teams (F)  | Open Female Ski Relay (F)  | 60+ Female Ski (F)            | Jnr Female Board Rescue (H)  |               |
| Open Mixed Surf Teams (F) |                            |                               | Jnr Female Board Rescue (SF) |               |
|                           | U17 Female Surf Race (SF)  | 90-149yrs Mixed Ski Relay (F) | Jnr Male Board Rescue (F)    |               |
| U17 Male Board (SF)       | U19 Female Surf Race (SF)  | 150+ Mixed Ski Relay (F)      | Jnr Female Board Rescue (F)  |               |
| U19 Male Board (SF)       | Open Female Surf Race (SF) |                               |                              |               |
| Open Male Board (SF)      |                            | 30-39 Male Board (F)          |                              |               |
|                           | U17 Female Board (SF)      | 30-39 Female Board (F)        |                              |               |
|                           | U19 Female Board (SF)      | 40-49 Male Board (F)          |                              |               |

|                             | Day 2 – Saturday 27 Janu      | ary 2024 cont (WATER)           |                              |  |
|-----------------------------|-------------------------------|---------------------------------|------------------------------|--|
| Red Arena                   | Green & Gold                  | Pink Arena                      | Black & White                |  |
| Red Archa                   | Arean                         | F IIIK AI CIId                  | Arena                        |  |
|                             |                               |                                 | 9am Report - 9:30am Start    |  |
|                             | Open Female Board (SF)        | 40-49 Female Board (F)          | U15 Male Board (SF)          |  |
| U17 Male Board Relay (F)    | U17 Female Board Relay (F)    | 50-59 Male Board (F)            | U15 Female Board (SF)        |  |
| U19 Male Board Relay (F)    | U19 Female Board Relay (F)    | 50-59 Female Board (F)          |                              |  |
| Open Male Board Relay (F)   | Open Female Board Relay (F)   | 60+ Male Board (F)              | U15 Mixed Board Relay (F)    |  |
|                             |                               | 60+ Female Board (F)            |                              |  |
| U17 Male Board Rescue (SF)  | U17 Female Board Rescue (SF)  |                                 | U15 Mixed Surf Teams (SF)    |  |
| U19 Male Board Rescue (SF)  | U19 Female Board Rescue (SF)  | 30-39 Ironman (F)               | U15 Mixed Surf Teams (F)     |  |
| Open Male Board Rescue (SF) | Open Female Board Rescue (SF) | 30-39 Ironwoman (F)             |                              |  |
| U17 Male Board Rescue (F)   | U17 Female Board Rescue (F)   | 40-49 Ironman (F)               | U15 Cameron Relay (F)        |  |
| U19 Male Board Rescue (F)   | U19 Female Board Rescue (F)   | 40-49 Ironwoman (F)             |                              |  |
| Open Male Board Rescue (F)  | Open Female Board Rescue (F)  | 50-59 Ironman (F)               | U15 Male Tube (SF)           |  |
|                             |                               | 50-59 Ironwoman (F)             | U15 Female Tube (SF)         |  |
|                             |                               | 60+ Ironman (F)                 | U15 Male Tube (F)            |  |
|                             |                               | 60+ Ironwoman (F)               | U15 Female Tube (F)          |  |
|                             |                               |                                 |                              |  |
|                             |                               | 90-149yrs Mixed Surf Teams (F)  | U15 Male Board Rescue (SF)   |  |
|                             |                               | 150+ Mixed Surf Teams (F)       | U15 Female Board Rescue (SF) |  |
|                             |                               |                                 | U15 Male Board Rescue (F)    |  |
|                             |                               | 90-149yrs Mixed Board Relay (F) | U15 Female Board Rescue (F)  |  |
|                             |                               | 150+ Mixed Board Relay (F)      |                              |  |
|                             |                               |                                 |                              |  |
|                             |                               |                                 |                              |  |
|                             |                               |                                 |                              |  |

| Day 2 – Saturday 27 January 2024 (BEACH) |                           |                           |                           |
|--|---------------------------|---------------------------|---------------------------|
| Sprint Track                             | Beach Flags 1             | Beach Flags 2             | Distance Runs             |
| 7am Report – 7:30am Start                | 8am Report – 8:30am Start | 8am Report – 8:30am Start | 5.45am Report – 6am Start |
| All Age Beach Relay (SF)                 |                           |                           | U17 Male 2km Beach Run    |
| All Age Beach Relay (F)                  |                           |                           | U17 Female 2km Beach Run  |
|  | TDL                       |                           |                           |
| U9 Male Sprint (H)                       | U10 Female Flags (H)      | U10 Male Flags (H)        | U19 Male 2km Beach Run    |
| U9 Male Sprint (SF)                      | U10 Female Flags (QF)     | U10 Male Flags (QF)       | U19 Female 2km Beach Run  |
| U9 Male Sprint (F)                       | U10 Female Flags (SF)     | U10 Male Flags (SF)       |                           |
| U9 Female Sprint (H)                     | U10 Female Flags (F)      | U10 Male Flags (F)        | U15 Male 2km Beach Run    |
| U9 Female Sprint (SF)                    |                           |                           | U15 Female 2km Beach Run  |
| U9 Female Sprint (F)                     | U14 Female Flags (H)      | U14 Male Flags (H)        |                           |
| U9 Mixed Beach Relay (H)                 | U14 Female Flags (QF)     | U14 Male Flags (QF)       | Open Male 2km Beach Run   |
| U9 Mixed Beach Relay (F)                 | U14 Female Flags (SF)     | U14 Male Flags (SF)       | Open Female 2km Beach Run |
|  | U14 Female Flags (F)      | U14 Male Flags (F)        |                           |
| U12 Male Sprint (H)                      |                           |                           | U11 Male 1km Beach Run    |
| U12 Male Sprint (SF)                     | U9 Female Flags (H)       | U9 Male Flags (H)         | U11 Female 1km Beach Run  |
| U12 Male Sprint (F)                      | U9 Female Flags (QF)      | U9 Male Flags (QF)        |                           |
| U12 Female Sprint (H)                    | U9 Female Flags (SF)      | U9 Male Flags (SF)        | U12 Male 1km Beach Run    |
| U12 Female Sprint (SF)                   | U9 Female Flags (F)       | U9 Male Flags (F)         | U12 Female 1km Beach Run  |
| U12 Female Sprint (F)                    |                           |                           |                           |
| U12 Mixed Beach Relay (H)                | U13 Female Flags (H)      | U13 Male Flags (H)        | U13 Male 1km Beach Run    |
| U12 Mixed Beach Relay (F)                | U13 Female Flags (QF)     | U13 Male Flags (QF)       | U13 Female 1km Beach Run  |
|  | U13 Female Flags (SF)     | U13 Male Flags (SF)       |                           |
| U11 Male Sprint (H)                      | U13 Female Flags (F)      | U13 Male Flags (F)        | U14 Male 2km Beach Run    |
| U11 Male Sprint (SF)                     |                           |                           | U14 Female 2km Beach Run  |
| U11 Male Sprint (F)                      |                           |                           |                           |

|                           | Day 2 – Saturday 27 January 2024 cont (BEACH) |                     |                            |  |
|---------------------------|---|---------------------|----------------------------|--|
| Sprint Track              | Beach Flags 1                                 | Beach Flags 2       | Distance Runs              |  |
|                           |   |                     |                            |  |
| U11 Female Sprint (H)     | U12 Female Flags (H)                          | U12 Male Flags (H)  | 30-39 Male 2km Beach Run   |  |
| U11 Female Sprint (SF)    | U12 Female Flags (QF)                         | U12 Male Flags (QF) | 30-39 Female 2km Beach Run |  |
| U11 Female Sprint (F)     | U12 Female Flags (SF)                         | U12 Male Flags (SF) |                            |  |
| U11 Mixed Beach Relay (H) | U12 Female Flags (F)                          | U12 Male Flags (F)  | 40-49 Male 2km Beach Run   |  |
| U11 Mixed Beach Relay (F) |   |                     | 40-49 Female 2km Beach Run |  |
|                           | U11 Female Flags (H)                          | U11 Male Flags (H)  |                            |  |
| U10 Male Sprint (H)       | U11 Female Flags (QF)                         | U11 Male Flags (QF) | 50-59 Male 2km Beach Run   |  |
| U10 Male Sprint (SF)      | U11 Female Flags (SF)                         | U11 Male Flags (SF) | 50-59 Female 2km Beach Run |  |
| U10 Male Sprint (F)       | U11 Female Flags (F)                          | U11 Male Flags (F)  |                            |  |
| U10 Female Sprint (H)     | OABy  |                     | 60+ Male 2km Beach Run     |  |
| U10 Female Sprint (SF)    | BEKN  |                     | 60+ Female 2km Beach Run   |  |
| U10 Female Sprint (F)     |   |                     |                            |  |
| U10 Mixed Beach Relay (H) |   |                     |                            |  |
| U10 Mixed Beach Relay (F) |   |                     |                            |  |
| U14 Male Sprint (H)       |   |                     |                            |  |
| U14 Male Sprint (SF)      |   |                     |                            |  |
| U14 Male Sprint (F)       |   |                     |                            |  |
| U14 Female Sprint (H)     |   |                     |                            |  |
| U14 Female Sprint (SF)    |   |                     |                            |  |
| U14 Female Sprint (F)     |   |                     |                            |  |
| U14 Mixed Beach Relay (H) |   |                     |                            |  |
| U14 Mixed Beach Relay (F) |   |                     |                            |  |

|                           | Day 2 – Saturday 27 Janı | uary 2024 cont(BEACH) |               |
|---------------------------|--------------------------|-----------------------|---------------|
| Sprint Track              | Beach Flags 1            | Beach Flags 2         | Distance Runs |
|                           |                          |                       |               |
| U13 Male Sprint (H)       |                          |                       |               |
| U13 Male Sprint (SF)      |                          |                       |               |
| U13 Male Sprint (F)       | TDL                      |                       |               |
| U13 Female Sprint (H)     | NTRY                     |                       |               |
| U13 Female Sprint (SF)    |                          |                       |               |
| U13 Female Sprint (F)     |                          | CHAMPS                |               |
| U13 Mixed Beach Relay (H) |                          |                       |               |
| U13 Mixed Beach Relay (F) | OAKBERRY                 |                       |               |

|                                    | Day 3 – Sunday 28 January 2024 (WATER) |                                  |  |
|------------------------------------|--|----------------------------------|--|
| Red Arena                          | Green & Gold                           | Pink Arena                       |  |
| Red Archa                          | Arena                                  | Flink Archa                      |  |
|                                    | 7:30am Report – 8am Start              |                                  |  |
|                                    | MARCH PAST – 8:00am                    |                                  |  |
|                                    | 8am Report – 8:30am Start              |                                  |  |
| U15 Male Surf Race (F)             | U15 Female Surf Race (F)               | 30-39 Male Rescue Tube (F)       |  |
| U17 Male Surf Race (F)             | U17 Female Surf Race (F)               | 30-39 Female Rescue Tube (F)     |  |
| U19 Male Surf Race (F)             | U19 Female Surf Race (F)               | 40-49 Male Rescue Tube (F)       |  |
| Open Male Surf Race (F)            | Open Female Surf Race (F)              | 40-49 Female Rescue Tube (F)     |  |
|                                    |  | 50-59 Male Rescue Tube (F)       |  |
| U15 Male Board (F)                 | U15 Female Board (F)                   | 50-59 Female Rescue Tube (F)     |  |
| U17 Male Board (F)                 | U17 Female Board (F)                   | 60+ Male Rescue Tube (F)         |  |
| U19 Male Board (F)                 | U19 Female Board (F)                   | 60+ Female Rescue Tube (F)       |  |
| Open Male Board (F)                | Open Female Board (F)                  |                                  |  |
|                                    |  | 30-39 Male Board Rescue (F)      |  |
| U17 Male Ski (F)                   | U17 Female Ski (F)                     | 30-39 Female Board Rescue (F)    |  |
| U19 Male Ski (F)                   | U19 Female Ski (F)                     | 40-49 Male Board Rescue (F)      |  |
| Open Male Ski (F)                  | Open Female Ski (F)                    | 40-49 Female Board Rescue (F)    |  |
|                                    |  | 50-59 Male Board Rescue (F)      |  |
| U15 Ironman (F)                    | U15 Ironwoman (F)                      | 50-59 Female Board Rescue (F)    |  |
| U17 Ironman (F)                    | U17 Ironwoman (F)                      |                                  |  |
| U19 Ironman (F)                    | U19 Ironwoman (F)                      | 60+ Male Board Rescue (F)        |  |
| Open Ironman (F)                   | Open Ironwoman (F)                     | 60+ Female Board Rescue (F)      |  |
| U17 Male Taplin Relay (F)          | U17 Female Taplin Relay (F)            | 90-149yrs Mixed Taplin Relay (F) |  |
| U19 Male Taplin Relay (F)          | U19 Female Taplin Relay (F)            | 150+ Mixed Taplin Relay (F)      |  |
| Open Male Taplin Relay (3 pax) (F) | Open Female Taplin Relay (3 pax) (F)   |                                  |  |