SURF LIFE SAVING NEW SOUTH WALES

2026 SURF LIFE SAVING CHAMPS NSW
Proudly supported by Your local club

MASTERS Program

Day 1 – Wednesday 25 February 2026			
RED AREA	GREEN & GOLD AREA	PINK AREA	BEACH AREA
8:30am Report – 9:00am Start			7:00 Report – 7:30am Start
50-54 Male Surf Race	75+ Male Surf Race	75+ Female Surf Race	75+ Male/Female 1km Run
45-49 Male Surf Race	70-74 Male Surf Race	70-74 Female Surf Race	70-74 Male/Female 1km Run
40-44 Male Surf Race	65-69 Male Surf Race	65-69 Female Surf Race	65-69 Male/Female 1km Run
35-39 Male Surf Race	60-64 Male Surf Race	60-64 Female Surf Race	60-64 Male/Female 1km Run
30-34 Male Surf Race	55-59 Male Surf Race	55-59 Female Surf Race	55-59 Male/Female 2km Run
		50-54 Female Surf Race	50-54 Male/Female 2km Run
50-54 Male Board	75+ Male Board	45-49 Female Surf Race	45-49 Male/Female 2km Run
45-49 Male Board	70-74 Male Board	40-44 Female Surf Race	40-44 Male/Female 2km Run
40-44 Male Board	65-69 Male Board	35-39 Female Surf Race	35-39 Male/Female 2km Run
35-39 Male Board	60-64 Male Board	30-34 Female Surf Race	30-34 Male/Female 2km Run
30-34 Male Board	55-59 Male Board		
		75+ Female Board	75+ Male/Female Beach Sprint
50-54 Male Ski	75+ Male Ski	70-74 Female Board	70-74 Male/Female Beach Sprint
45-49 Male Ski	70-74 Male Ski	65-69 Female Board	65-69 Male/Female Beach Sprint
40-44 Male Ski	65-69 Male Ski	60-64 Female Board	60-64 Male/Female Beach Sprint
35-39 Male Ski	60-64 Male Ski	55-59 Female Board	55-59 Male/Female Beach Sprint
30-34 Male Ski	50-59 Male Ski	50-54 Female Board	50-54 Male/Female Beach Sprint
		45-49 Female Board	45-49 Male/Female Beach Sprint
50-54 Male Ironman	75+ Male Ironman	40-44 Female Board	40-44 Male/Female Beach Sprint
45-49 Male Ironman	65-69 Male Ironman	35-39 Female Board	35-39 Male/Female Beach Sprint
40-44 Male Ironman	60-64 Male Ironman	30-34 Female Board	30-34 Male/Female Beach Sprint
35-39 Male Ironman	55-59 Male Ironman		
30-34 Male Ironman	50-54 Male Ironman	75+ Female Ski	230+ Female Beach Relay
		70-74 Female Ski	230+ Male Beach Relay
50-54 Male Tube Race	75+ Male Tube Race	65-69 Female Ski	200+ Female Beach Relay
45-49 Male Tube Race	70-74 Male Tube Race	60-64 Female Ski	200+ Male Beach Relay
40-44 Male Tube Race	65-69 Male Tube Race	55-59 Female Ski	170+ Female Beach Relay
35-39 Male Tube Race	60-64 Male Tube Race	50-54 Female Ski	170+ Male Beach Relay
30-34 Male Tube Race	50-59 Male Tube Race	45-49 Female Ski	140+ Female Beach Relay
		40-44 Female Ski	140+ Male Beach Relay
When completed and if necessary, to draw from remaining races in the pink area		35-39 Female Ski	
		30-34 Female Ski	75+ Male/Female Beach Flags
			70-74 Male/Female Beach Flags
		75+ Female Ironwoman	65-69 Male/Female Beach Flags
		70-74 Female Ironwoman	60-64 Male/Female Beach Flags
		65-69 Female Ironwoman	55-59 Male/Female Beach Flags
		60-64 Female Ironwoman	50-54 Male/Female Beach Flags
		55-59 Female Ironwoman	45-49 Male/Female Beach Flags
		50-54 Female Ironwoman	40-44 Male/Female Beach Flags
		45-49 Female Ironwoman	35-39 Male/Female Beach Flags
		40-44 Female Ironwoman	30-34 Male/Female Beach Flags
		35-39 Female Ironwoman	

MASTERS Program

Day 1 – Wednesday 25 February 2026 cont…			
RED AREA	GREEN & GOLD AREA	PINK AREA	BEACH AREA
		30-34 Ironwoman	
		75+ Female Tube Race	
		70-74 Female Tube Race	
		65-69 Female Tube Race	
		60-64 Female Tube Race	
		55-59 Female Tube Race	
		50-54 Female Tube Race	
		45-49 Female Tube Race	
		40-44 Female Tube Race	
		35-39 Female Tube Race	
		30-34 Female Tube Race	

MASTERS Program

Day 2 – Thursday 26 February 2026			
RED AREA	**GREEN & GOLD AREA**	**PINK AREA**	**BEACH AREA**
8:00am Report – 8:30am Start			
110+ Male Taplin Relay	150+ Male Taplin Relay	110+ Female Taplin Relay	Area held over for events not completed on Day 1
130+ Male Taplin	170+ Male Taplin Relay	130+ Female Taplin Relay	
	190+ Mixed Taplin Relay	150+ Female Taplin Relay	
		170+ Female Taplin Relay	
110+ Male Ski Relay	150+ Male Ski Relay	110+ Female Ski Relay	
130+ Male Ski Relay	170+ Male Ski Relay	130+ Female Ski Relay	
	190+ Mixed Ski Relay	150+ Female Ski Relay	
		170+ Female Ski Relay	
110+ Male Board Relay	150+ Male Board Relay	110+ Female Board Relay	
130+ Male Board Relay	170+ Male Board Relay	130+ Female Board Relay	
	190+ Mixed Board Relay	150+ Female Board Relay	
		170+ Female Board Relay	
110+ Male Surf Teams	150+ Male Surf Teams	110+ Female Surf Teams	
130+ Male Surf Teams	170+ Male Surf Teams	130+ Female Surf Teams	
	190+ Mixed Surf Teams	150+ Female Surf Teams	
		170+ Female Surf Teams	
30-34 Male Board Rescue	50-54 Male Board Rescue	45-49 Male Double Ski	
30-34 Female Board Rescue	50-54 Female Board Rescue	45-49 Female Double Ski	
35-39 Male Board Rescue	55-59 Male Board Rescue	40-44 Male Double Ski	
35-39 Female Board Rescue	55-59 Female Board Rescue	40-44 Female Double Ski	
40-44 Male Board Rescue	60-64 Male Board Rescue	35-39 Male Double Ski	
40-44 Female Board Rescue	60-64 Female Board Rescue	35-39 Female Double Ski	
45-49 Male Board Rescue	65-69 Male Board Rescue	30-34 Male Double Ski	
45-49 Female Board Rescue	65-69 Female Board Rescue	30-34 Female Double Ski	
	70-74 Male Board Rescue	60-64 Male Double Ski	
	70-74 Female Board Rescue	60-64 Female Double Ski	
	75+ Male Board Rescue	65-69 Male Double Ski	
	75+ Female Board Rescue	65-69 Female Double Ski	
		70-74 Male Double Ski	
		70-74 Female Double Ski	
		75+ Male Double Ski	
		75+ Female Double Ski	
		55-59 Male Double Ski	
		55-59 Female Double Ski	
		50-54 Male Double Ski	
		50-54 Female Double Ski	

*****Program subject to change*****