

FINAL EVENT INFORMATION

2026 SLSNSW Surf Life Saving AGE Championships v2

The following information relates to the conduct of the 2026 NSW Surf Life Saving Age Championships proudly supported by Your local club.

CRITICAL EVENT INFORMATION

1. SLSNSW will be using LiveHeats for the duration of the championships. Athletes must bring their allocated LiveHeats wristband. NO band NO Race
2. Team changes can only occur via the Team Managers portal in LiveHeats OR at the Admin Centre. NO Team changes will be made by Officials in Marshalling.
3. Team Changes will NOT be permitted once Marshalling commences.
4. Adding entered athletes into additional individual events must occur by no later than 7.30am on the morning of competition at the Admin Centre. There will be a fee of \$23.50 per event. Athletes must already be entered in the State Championships.
5. Trailer parking will open at 8am on Wednesday 18 February.
6. Club Tents are permitted to be installed from 8am Wednesday 18 February.
7. Free Event Parking is available in surrounding local streets. Paid Parking will be available on the grassed area to the north of SBSLSC, access from Ungala Rd between Boikon St and Kolang St.

ENTRY CIRCULARS AND IMPORTANT INFORMATION

Reference is made to the following:

a) NSW State Championships Webpage

The below resources can be downloaded from the – [2026 State Championships event page](#).

- Entry Circular
- Event Program
- Powercraft Roster
- Water Safety Roster
- Officials Appointments
- Area Map

b) Cameron Relay and Iron Person Order (U11-U14s only)

The order for all Cameron and Iron Person Races will be a set **Swim-Board**.

c) Distance Runs

Competitors may choose not to wear their pink lycra vest whilst competing in the distance runs. Competitors must wear their lycra vest for presentation at the completion of the event.

d) As per the Entry Circular, no individual late entries will be accepted.

e) SLSNSW will be using LiveHeats to record all results. Competitors and Team Managers must ensure that wristbands are correctly assigned. It is the competitor's responsibility to ensure they are recorded correctly by the LiveHeats recorders.

- f) Once marshalling for an event has closed, late arriving competitors will not be accepted.
- g) SLSNSW as the event organiser, reserves the right to delete, or change any events on the day of competition if safety, weather conditions, programming or other conditions warrant doing so.

RESTRICTED EVENTS

Please be reminded of the following outlined in the Entry Circular.

- **Surf Teams** – 3 Male teams and 3 Female teams per club per age group (U9 to U14 years).
- **Ironperson – U11 to U14 - Branch selection via quota.** Please refer to the [Restricted Events Memo](#).
- **Beach Relays** – 3 Male/Female/Mixed teams per club per age group (U9 to U14 years).
- **Cameron Relay** – 3 Male/Female/Mixed teams per club per age group (U11 to U14 years).
- **Board Rescue – U11 to U14 – Branch selection via quota.** Please refer to the [Restricted Events Memo](#).
- **Board Relay** – 3 Male teams and 3 Female teams per club per age group (U9 to U14 years).
- **All Age Board relay – Branch selection via quota.** [All age – groups will race around a string of nine cans.](#)

The order will be U9 (1), U10 (2), U11 (3), U12 (4), U13 (5), U14 (6). Competitor's arms must be marked with their number. A reminder that as this is an ALL-AGE event, competitors **must** compete in their own age group and are not permitted to compete up an age. E.g., an U11 cannot do the U12 leg. There must be a minimum of three females per team.

- **All Age Beach Relay** – 1 team per club (U9 to U14 – to include at least three females). The order will be U9 (1), U10 (2), U11 (3), U12 (4), U13 (5), U14 (6).
- **Mixed Beach Run (Distance) Relay** – 3 teams per club per age group.
- **Beach Run (Distance) Relay (U11 to U14)** – 3 male and 3 female teams per club.
- **Cameron Relay** - All Cameron Relays will be 3 person teams.
 - Teams to consist of 1 x swimmer, 1 x board paddler and 1 x runner (running twice).
 - In the U11/U12 Mixed Cameron Relays, as a minimum, a female must take the position of either swimmer or board paddler.

TEAM MANAGERS

A compulsory Team Managers meeting will be held online, via Microsoft Teams, on Tuesday 17 February 2026 at 6:00pm. SLSNSW ask that only ONE representative from each Club is in attendance. [Join the meeting now](#)

Meeting ID: 445 657 766 898 30

Passcode: gk2jw7u6

TEAM CHANGES

Team Managers are reminded that they are responsible for Team Changes via Live Heats throughout competition. No team is to enter marshalling unless the team competitors are correctly entered in Live Heats. All Team Changes must occur before athletes enter marshalling. NO Team Changes will be permitted after marshalling has closed.

STACK TEAM APP

Stack Team App will be used throughout the Championships as a platform to communicate important information and timetable changes to Team Managers, Officials and Competitors.

To register for these event updates please follow the below instructions:

1. Download the “Team App” application from the App Store or Google Play
2. Log in / Sign up to receive live event notifications.
3. Once logged in, search “2026 NSW State Championships”
4. Click the “Become a member of this Team App” icon at the top of the screen.
5. Therefore, once joined – also join groups or specific lists that you would like updates for as notifications will be targeted to the specific group.
6. Ensure that you have notifications enabled (check this within the app).

By joining the event and turning on your mobile app notifications, you will receive immediate notifications and email updates as they are posted, ensuring you never miss any important information.

PLEASE DO NOT RELY ON TEAM APP AS YOUR ONLY MEANS OF COMMUNICATION! It is an individual’s obligation as per the SLSC Surf Sport Manual ([SSM 2.17](#)) to ensure they listen for announcements and marshalling. Not receiving a Team App update is not an excuse for missing events.

LIVE HEATS

SLSCNSW will be using LiveHeats for the duration of the Championships. ALL competitors must ensure they have a correctly assigned wristband prior to the commencement of competition. Replacement wristbands can be purchased from the Event Administration Centre for \$7.00 per band. Important notes.

It is the athlete’s responsibility to ensure they have the correct tag, and their correct results are recorded.

LYCRA VEST COLLECTION

All competitors entered into the 2026 NSW Surf Life Saving Championships will be issued an official high visibility pink competition lycra vest. It is a requirement for all competitors to wear the supplied lycra vest in competition and warm up at the 2026 NSW Surf Life Saving Championships. See [SSM 2.5.1](#).

Clubs must ensure that competitors wear the approved lycra vest in competition, no other branded vests may be worn. Competitors may be requested to wear the approved lycra vest as part of medal presentations.

Club lycra vest orders are to be collected from the Admin Centre at Swansea Belmont SLSC (entry via the courtyard) by Team Managers only. We will not be issuing lycra vests to individual competitors. If you require a change of size, please exchange at the Admin Centre.

Collection Times

Wednesday 18 February	2.00pm – 4.30pm
Thursday 19 February	6.15am – 7.15am
Thursday 19 February	2.00pm – 4.30pm
Friday 20 February	6.15am – 7.15am

TENTS

Tents may be put into place in the allocated areas from 7am on Wednesday 18 February. No tents will be permitted to be set before this time. Any tents put in place before this time will be removed by event staff.

Please ensure that you secure your tent frame with sandbags or other weighting mechanisms in the dedicated spaces minus the covers.

Please ensure adequate pedestrian access is maintained. Club tents should be set up along the beach, with 6x3m tents set across **3m ONLY**, and 3x3m tents two deep.

Front row spaces will be limited to **6m per club** to give equal opportunity to all clubs attending.

POWERCRAFT ROSTER

The 2026 NSW State Championships Powercraft roster can be accessed [here](#).

What to do:

1. Powercraft personnel are to sign on 30mins prior to the start of each shift at the IRB compound located on the northern side of Swansea Belmont SLSC.
2. You will be provided with a briefing.
3. Proceed to your assigned area.

All IRB Drivers and Crew personnel must also bring with them personal compliant PFD and appropriate clothing.

Clubs that fail to meet their rostered requirements: SLSNSW will stand down all athletes from that club from competition until such time as the required powercraft personnel are present AND undertaking their required shift.

WATER SAFETY

Water safety personnel will need to provide their own fins rescue tube and orange cap. It is advised to bring your own orange rash vest, although there will be some available. All water safety personnel must have a minimum current proficient Surf Rescue Certificate (CPR endorsed) and be a current financial SLS member (2025/26).

What to do:

1. Water safety personnel are to sign on 30 min prior to the start of each shift at the gear shed of Swansea Belmont SLSC (fronting the car park).
2. You will be provided with a briefing.
3. Proceed to your assigned area and inform the Sectional Referees of your presence.

Any issues from competitors, team managers or officials regarding water safety must be raised with the Water Safety Coordinator. The roster can be accessed [here](#).

FAILURE TO FULFILL POWERCRAFT or WATER SAFETY REQUIREMENTS.

Provision of personnel to fulfill powercraft or water safety requirements are essential to ensuring the safety of competitors. The following will occur if clubs do not report for duty at the specific time.

1. The clubs Team Manager will be notified and will report to the Powercraft and/or Water Safety Coordinator immediately.
2. The Team Manager will be given 30 minutes to rectify the indiscretion.
3. Failure to rectify will result in Club athletes being stood down from all competition, until the indiscretion is rectified.
4. Discussions will be minuted in the presence of the Championship Committee.
5. If the indiscretion is not remedied by the Club and/or Team Manager.
 - a. Club athletes will not participate in ANY areas during the allotted club powercraft/water safety shift.

OFFICIALS QUOTA

Clubs are reminded that there is a quota system for clubs to provide accredited officials based upon the number of competitors entered. Further information is provided in the officials' allocation.

If clubs do not provide sufficient officials according to the provided quotas, SLSNSW will stand down all athletes from that club from competition until such time as the required officials are present.

OFFICIALS CLOTHING

Official clothing may be collected from upstairs in Swansea Belmont SLSC when you register during the following times:

Wednesday 18 February	3.00pm – 4.30pm
Thursday 19 February	6:00am - 7:00am
Friday 20 February	6:00am - 7:00am
Saturday 21 February	6:00am - 7:00am

OFFICIALS DRESS CODE

All Surf Sports Officials will be provided with 1 x 2026 NSW Surf Life Saving Championships officials shirt. All Surf Sports Officials must wear their red accreditation name badges.

It is imperative that **NO** Surf Sports Official enters the competition arena with any:

- a. Club identification
- b. Branch identification
- c. Sponsors identification (except any recognised event sponsor)

The Officials breakfast will be held from 6:00am each morning at upstairs in Swansea Belmont SLSC.

Please ensure you bring your own refillable water bottle.

PRESENTATION / MEDAL COLLECTION

Medals will be collected and presented in your competition area immediately after the completion of a finals race. Medals not collected, will be available from the Admin Centre at Swansea Belmont SLSC the following day for those who were absent. SLSNSW will not send medals to home, Club or Branch addresses after the conclusion of the Championships.

WARM UPS

Safety is essential. For clear direction during warm ups, there will be separate times for swim and craft warm ups with a buffer in between.

Will be as follows:

- 7:00am to 7:15am – swim all areas – NO CRAFT
- 7:20am to 7:35am – craft – NO SWIMMING

The PA system will be used to play a “BELL” tone to signal end of each warm up period.

A Safety Officer (Red Shirt) will use a signal flag on beach as well.

ALL competitors are to depart the water immediately at these signals. Whilst the time is indicative, the craft warm up will only be started once the water is clear. This will be signalled by a “Chime” and PA announcement and 2 signal flags raised on the beach.

No competitor should be within 50m of the water areas whilst the courses are being set by the SLSNSW IRB powercraft team. This is not only a safety issue, but it ensures that the courses are correct. Any members/clubs that do not adhere to this may face a disciplinary committee. It is recommended that all clubs continue with their risk assessments prior to entering the water for warm up activities.

All competitors must wear Pink High Vis Rash Vest.

No warm ups prior to 7am.

FIRST AID

First Aid will be provided during the event and will be operational from 7:00am each day of competition. The central First Aid Centre will be located in the First Aid Room at Swansea Belmont SLSC and located immediately inside the southern entry to the club courtyard. There will be multiple First Aid locations between water areas and beach areas. Please refer to the event map for precise locations on beach. If a competitor is unable to walk to a First Aid location because of an injury, please advise an official who will contact First Aid member to attend. If an Ambulance is required to attend the event for an injury sustained, this will be arranged through the Championship Safety team.

CONTINGENCY LOCATIONS

The contingency locations for this event will be Redhead and Caves Beach. The Competition Safety and Emergency Committee (SEC) will communicate any change or update via Club Team Managers.

Aim and Principles of Relocation:

The aim of relocating part or all an event is to attempt to ensure that the competition is safely conducted within the set timeframe.

Assessment of Conditions and Investigation of Alternative Venues:

The Competition Committee is responsible for assessing the situation and deciding as to whether part or the entire event is relocated.

Relocation Timings:

The decision to relocate part or all an event will be made as early as possible. If the event is to be relocated, a decision must be made as to the following:

- The events to be moved.
- The timings to commence the relocated events.
- The alternative location to be used.

EVENT PARKING

Event Parking will be available in the local surrounding streets.

Paid parking (\$25) will be available on the grassed area just north of Swansea Belmont SLSC, access from Ungala Rd between Boikon St and Kolang St.

Please be respectful of residents and only park in designated areas. Parking will be enforced by Lake Macquarie City Council with fines issued to those people who disobey parking regulations imposed by the council.

TRAILER PARKING

The trailer parking area will be available from 8am Wednesday 18 February 2026. On competition days, access must be before 7:00am and exit only after completion of competition.

Access to the trailer parking area is via Gommeria St.

All trailers to be parked at the direction of the trailer parking attendant.

OFFICIALS PARKING

Officials Parking will be in the car park running along Ungala St with entrance opposite Boikon St.

Space is limited and once full officials will be required to find alternate parking. We suggest car pooling or walking if possible.

You must be on that days appointment list to be given access to the car park.

SECURITY

There will be roving security onsite, overnight for the duration of the carnival. Although security is present, any valuables and/or craft should not be left in Club tents or in the vicinity of the Club house. All craft should be taken with you at the end of the day.



Any person/s found stealing signage or any equipment owned by SLSNSW, or its sponsors will immediately be brought before a Carnival Disciplinary Committee or a SLSNSW Judiciary for further action. Please note that automatic disqualification of the team/club from the championship may occur if any member is found guilty of theft.

Surf Life Saving NSW and Swansea Belmont SLSC take no responsibility for gear and equipment if left on the beach and it is at your own risk.

ADMINISTRATION CENTRE

The carnival administration centre will be located inside Swansea Belmont SLSC during the following times:

Wednesday 18 February	2pm – 5pm
Thursday 19 February	6.00am – 4.30pm
Friday 20 February	6.00am – 4.30pm
Saturday 21 February	6.00am – 4.30pm
Sunday 22 February	6:00am – 1pm.

Access via the courtyard located beachside of the surf club.

CLASHING OF EVENTS

Note: While every effort will be made by the Event Referees to avoid clashes in the timetable, athletes may be required to choose one contest over another.

Competitor Liaison Officers have been appointed to assist competitors.

Clashing of events is not anticipated in the finals however, some clashes may be experienced during the heats. Any competitor who finds that their event clashes with another event should consult their Team Manager, who in turn should consult the Competitor Liaison Officer in the relevant area.

Competitor Liaison Officers will liaise with the various Sectional Referees to discuss deferment of heats, if possible, to enable competitors to obtain the maximum possible opportunity to compete. These arrangements will only apply between areas and not between events in the one area.

Events will not be held up for competitors competing outside their age group.

FOLLOW THE EVENT

SLSNSW will be posting selected results, updates and uploading pictures from the event on our Facebook, Twitter accounts and through the event manager entry system.

Follow us on [Facebook](#)

Instagram - [@slsnew](#)

Results – follow via www.liveheats.com

PHOTOGRAPHY AND MEDIA

Photography:



As a condition of entry, all competitors agree to have photos and video taken during the Championships used for promotional material by SLSNSW. SLSNSW will not be issuing media/photography accreditation to team members or team management. Professional photographers will be attending, and material will be available via social media and to Clubs on request. Club Team Management are welcome to take photographs from outside the competition area. Go Pro's may only be used within the competition area on approved fittings and fixtures as set out in relevant SLSA bulletins.

Media:

No competitor, team manager, official or spokesperson for a club shall make media statements which could bring the State Championships, its sponsors, or officials into controversy or disrepute. Such statements will be a breach of policy and could potentially result in sanctions against members involved. Please note that statements to the media regarding about the Championships will be made only by approved authorised spokespeople.

Drones:

For the safety of competitors, officials, and spectators SLSNSW prohibits the use of drones or Unmanned Aerial Vehicles (UAV) at these Championships by members and/or public unless approved by SLSNSW, 7 days prior to the event. The operator must supply an operations manual (including risk management plan), provide a copy of public liability insurance and comply with all Civil Aviation Safety Authority (CASA) requirements. SLSNSW will be utilising Lifesaving UAVs to conduct aerial surveillance and monitor hazards. Drones or UAVs will be used for media during this event.

COMPETITION AREA ACCESS

Entry to the competition arena will be via the marshalling areas. No member, Coach, or Team Manager will be permitted to enter the competition arena unless escorted by a Competition Official.

SPECTATOR AREA

The spectator area where possible, will be directly behind the competition arenas together with a pedestrian walkway. The competition arena will be "out of bounds" for everyone except the competitors in the events being conducted.

HANDLERS

Only one handler per competitor (ironman, etc.) will be permitted in the competition arena during competition in progress.

High visibility vests/bibs and club caps are required for handlers.

PROTESTS

All protests shall be lodged with the appropriate Liaison Officer in each Area in accordance with the procedures set down in the current edition of the SLSA Surf Sports Manual and any subsequent

bulletins and shall identify the specific sections/clauses in the Competition Manual and or event rules upon which the protest is based.

Protest Forms will be readily available from the Liaison Officer or online. An Appeals Fee' of \$150.00 must accompany all when submitted to the Appeals Committee for adjudication.

CODE OF CONDUCT

SLSNSW expects that all members involved in competition will co-operate to ensure a positive public image and to participate in a spirit of goodwill and sportsmanship.

Any incidents or behavior likely to cause embarrassment or damage to the reputation and/or image of surf sports competition will be managed as described in the current edition of the SLSA Surf Sports Manual and any subsequent Bulletins.

MERCHANDISE / VENDORS

Surf Life Saving NSW will be selling official merchandise during the Championships. The Vendor Village will be located on the grassed area on the southern side of the surf club.

Fine Designs is the Official Merchandise partner for the State Championships. Make sure you pick up your official event merchandise from the Fine Designs stall or through the [online store](#).

EVENT MAP



PARKING

