

Engaging Young People: Where to Start

WORKSHOP WORKSHEET

Young people are more likely to stay involved in Surf Life Saving when they shape their own experiences.

Use this worksheet to capture your ideas during today's session.

The aim isn't to leave with a finished youth engagement plan – it's to leave with a clear approach to creating one with the young people in your club.



STEP 1 - IDENTIFY YOUR YOUNG PEOPLE

Who are the young people in your club that you want to engage?
(Think beyond your most active members. Who else should be part of the conversation?)

Who could help coordinate or champion youth engagement in your club?



STEP 2 - BRING THEM TOGETHER

If you were inviting young members to help shape next season, what would make them want to come?
(Think about the timing, location, format and how you'll invite them.)

What's one thing you could do to make this feel fun rather than a boring meeting?



STEP 3 - HEAR THEIR VOICE

What questions could you ask your young people to help you understand what matters most to them?

What might stop young people from sharing their ideas, and how could you overcome that?



STEP 4 - EXPLORE POSSIBILITIES

As you work through today's activity, capture ideas that could help create a balanced youth program. Looking for ideas? Check out our [Youth Engagement Ideas resource](#) for examples.

Flexibility & Fun	Opportunity & Progression	Community & Connection



REFLECTION

Looking at your ideas, where are your club's strengths?

Which area(s) could you strengthen?

What was one idea you heard today that you hadn't considered before?



YOUR FIRST STEPS

When I get back to my club, the first conversation I need to have is...

The first action we'll take towards creating a youth engagement plan is...